

CURRICULUM VITAE
Arlene A. Bjugstad, Ph.D., LMSW
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ACADEMIC HISTORY

2023 PhD Doctor of Philosophy in Social Work
University of Houston – Houston, TX

Dissertation: Institutional and Environmental Predictors of Social, Emotional, and Behavioral (SEB) Skills Among Minoritized Youth: A Global Perspective

2016 MSW Master of Social Work
Our Lady of the Lake University – San Antonio, TX

2008 BSW Bachelor of Social Work
Winona State University – Winona, MN

PROFESSIONAL EXPERIENCE: RESEARCH

2023 – present **Principal Investigator**

Alternative Responses to Crisis Intervention, Houston LEADS Coalition, Reimagining HTX, & Texas Appleseed

- Community Engaged Action Research
- Abolitionist Inquiry
- Mixed Methods Research
- Development of Reports & White Papers
- Political & Social Advocacy
- MSW Student Experiential Learning

2022 – present **Co-Investigator**

Casa de Refugiados Humanitarian Observatory, Escuela Nacional de Trabajo Social - Universidad Autónoma de México (UNAM) & Servicios y Asesoría para la Paz A.C. (SERAPAZ)

- Mixed Methods Research
- Multi-cultural, International Research and Collaboration
- Development of Policy Briefs & White Papers – English/Spanish (Pashto/Dari)
- International Humanitarian Research
- Collaboration with UNHCR & USAID
- Collaboration with Refugees & Unaccompanied Immigrant Children
- Resource Development in Humanitarian Contexts

2020 – present **Program Co-Facilitator**

Central American Minors (CAM) Working Group, Houston, Texas

- Asset-Based Community Development
- Community-Based Participatory Action Research
- Program Design & Development
- Logic Model Development
- Development of Measurement, Evaluation, and Learning (MEL) Practices
- Strategic Partnership Development

2019 – 2022 **Research Coordinator**

Graduate College of Social Work & Department of Psychology, University of Houston

- Mediation Intervention for Sensitizing Caregivers (MISC) Feasibility and Cultural Adaptation Preliminary Trial
- Community-Based Participatory Research
- Project Management
- Staff Training & Management
- Qualitative Analysis
- Multi-cultural & Bilingual Recruitment and Interviewing
- Interpretive Phenomenological Research
- Grounded Theory Methods

2019 – 2022 **Doctoral Research Assistant**

Graduate College of Social Work, University of Houston

- Quantitative Research Methods
- Quantitative Statistical Analysis
- Structural Equation Modeling (SEM)
- Qualitative Research
- Research with Vulnerable Populations
- Grant writing/Development (NIMHD, NIMH, William T. Grant, RWJ)
- Journey of Hope (JoH19) Pragmatic RO1 funded by NIMHD
- Multi-disciplinary Collaboration
- Professional manuscript collaboration
- Society for Social Work and Research (SSWR) student committee member
- Organizational development
- Literature reviews
- Project Management
- Community-University Partnerships

2021 **Research & Evaluation Project Consultant**

Communities in Schools Houston, Houston, Texas

- Quantitative Data Analysis (SPSS, Excel, Mplus)
- Confirmatory Factor Analysis of Social, Emotional, and Behavioral Measurement Tool
- Hierarchical Linear Modeling (HLM)
- Multilevel Educational Program Evaluation
- Longitudinal Educational Data Analysis
- Structural Equation Modeling (SEM)
- Data & Design Consultation
- Qualitative Research/Focus Groups

2020 – 2021 **Research & Community Consultant**

Robert Wood Johnson Foundation Clinical Scholars Program

Bridging Borders for Unaccompanied Minors (UMs). University of North Carolina-Chapel Hill

- Qualitative Data Analysis
- Systematic Review Facilitation
- Community Liaison
- Website design
- Informative Graphic Design
- Central American Minors Work Group Facilitator and Liaison

2019 – 2020 **Project Evaluator**

YMCA International Services for Survivors of Human Trafficking and the Houston Police Department: Human Trafficking Rescue Alliance (HTRA). U.S. Department of Justice, Houston, Texas

- Program Evaluation
- Process Evaluation
- GIS Mapping (ArcGIS)
- Information Graphic Design & Report Publication
- Quantitative Data Collection & Assessment
- Qualitative Research Design
- Qualitative Data Collection & Assessment
- Formative & Summative Evaluations

PROFESSIONAL EXPERIENCE: TEACHING

- 2023 – present **Assistant Professor (Tenure Track)**
 Social Work Research (SWRK 3003)
 * *Asynchronous Online*
 Contemporary Issues in Social and Public Policy (CJ/SWRK 3268)
 * *Hybrid – in-person/online*
University of Colorado Colorado Springs
- 2022 – 2023 **Assistant Professor**
 MSW Orientation (MSW 500)
 Professional Development sequence (MSW 537, 538, 636, 637, & 638)
 Social Work Policy and Laws (MSW 520)
 Generalist Social Work Practice (MSW 540)
 Advanced Generalist Social Work Practice (MSW 541)
Winona State University-Rochester
 * *Asynchronous Online*
- Spring 2021 – Summer 2022 **Adjunct Professor**
 Advanced Generalist Social Work Practice (MSW 541)
 Practice Evaluation and Supervision (MSW 635)
 MSW Orientation (MSW 500)
 Professional Development I & II (MSW 537, MSW 538, & MSW 636)
Winona State University-Rochester
 * *Asynchronous Online*
- Spring 2021 – Spring 2022 **Teaching Assistant**
 Clinical Applications of DSM in Social Work (SOCW 7324)
 * *Synchronous Online & In Person*
 Research & Knowledge Building in Social Work Practice (SOCW 6305)
 Confronting Oppression and Injustice (SOCW 7301)
 * *Synchronous Online*
University of Houston
- Fall 2022 – present **MSW Clinical Field Instructor**
 University of Houston
- Fall 2021 – present **MSW Generalist Field Instructor**
 Winona State University-Rochester
- Fall 2020 – Spring 2022 **MSW Generalist Field Instructor**
 University of Houston, Houston, Texas
- Fall 2020 – present **Guest Instructor**
 School Social Work Practice and Interventions in Schools (SOCW 7347)
University of Houston
 * *Synchronous Online & In Person*
- Spring 2011 **BSW Generalist Field Instructor**

Carthage College, Kenosha, Wisconsin

2009 – 2010

Bilingual World History and Geography Teacher
Colegio Marymount, Cuernavaca, Morelos, México

2008 – 2009

Bilingual Mexican History & Social Sciences Teacher
Discovery School, Cuernavaca, Morelos, México

Spring – Summer 2008

Co-facilitator: México & Migration Travel Study
Winona State University, Winona, Minnesota

Summer 2007

Co-facilitator: México Travel Study
Winona State University, Winona, Minnesota

PROFESSIONAL EXPERIENCE: SOCIAL WORK PRACTICE

2022 – present **Consultant: Therapeutic Case Management Program**

RAICES & Survivors of Trafficking, Asylées, and Refugees Support (STARS), Houston, Texas

- Program Design & Development
- Program Evaluation
- Clinical Case Consultation
- Collaboration with Legal Service Providers
- Counseling Immigrant & Refugee Children & Families
- Resource Development & Coordination

2019 – present **Program Co-Facilitator**

Central American Minors (CAM) Working Group, Houston, Texas

- Asset-Based Community Development
- Community-Based Participatory Action Research
- Program Design & Development
- Humanitarian Response
- Community Capacity Building
- Logic Model Facilitation & Development
- Development of Measurement, Evaluation, and Learning (MEL) Practices
- Strategic Partnership Development
- Local, National, & International Advocacy

2014 – 2019 **School Social Worker & Student Services Chair**

St. Anthony School Milwaukee, Milwaukee, Wisconsin

- Child/Family Counseling
- Attachment, Sensory-based, & Child-Centered Interventions
- Crisis Intervention & Stabilization (CPI)
- Multi-tiered Systems of Support (MTSS) Design & Development
- SEL Program Development & Delivery
- Director of Student Support Team
- Student Services Department Chair (2017-2019)
- Special Education/504 Coordinator
- Homeless Student (McKinney-Vento) Liaison

2012 – 2014 **Bilingual Social Worker & Service Coordinator**

Milwaukee Center for Independence: Birth to Three Program, Milwaukee, Wisconsin

- Development of special education plans
- Administration of Developmental Assessments
- Individual & Family Counseling
- Community Resource Referrals & Collaboration
- Translation/Interpretation: English/Spanish
- Response to Intervention (RtI)
- Transition Services to Special Education
- Attachment-Focused Family Intervention
- Child-Centered Intervention
- Parenting Facilitator
- Crisis Intervention/Stabilization
- Early Intervention Service Provision & Coordination with Children with Special Needs
- Progress Charting & Documentation
- Targeted Case management
- Home Visitation

2010 – 2012 **Bilingual Family Support Worker**

Racine/Kenosha Community Action Agency: Head Start Program, Racine, Wisconsin

- Child & Family Counseling
- Group Facilitation & Organization
- Home Visitation
- Administration of Social/Emotional & Adaptive Behavior Assessment
- Community Collaborations
- Progress Charting & Documentation
- Translation/Interpretation: English/Spanish
- Research & Data Collection
- Parenting Facilitator: Love & Logic; Abriendo Puertas
- Special Event Organization

2008 **Masters of Social Work Program Development Consultant**

Winona State University, Rochester, Minnesota

- Master of Social Work Program Research Data Collection
- Community Needs Assessments
- Community Focus Group Facilitator
- Field Site Networking
- Collaboration with the Council for Social Work Education (CSWE)
- Co-author of Travel Study Research presented at Annual Conference

2008 **Bilingual Victim Service Advocate**

Intercultural Mutual Assistance Association, Rochester, Minnesota

- Crisis Intervention
- Individual & Family Counseling
- Supportive Services
- Legal Assistance & Referrals
- Service Provision to Adults & Families from Varying Cultures and Countries
- Progress Monitoring & Documentation
- Consultation with Law Enforcement
- Educational Services to Victims
- Research & Data Collection with Immigrant & Refugee Population
- Provision of Educational Services to Newly Arrived Refugees

SCHOLARLY ACTIVITIES

Publications

13. **Bjugstad, A.**, Berger Cardoso, J., Borja, S., & Fan, W. (in development, 2023). Opportunity structures and social, emotional, and behavioral (SEB) skills in an international context. *International Journal of*

Educational Research.

12. **Bjugstad, A.**, Carey, A.D., Collins, J., and Jwacu, T. (in development, 2023). *Participation in Social Work Research*. Thousand Oaks, CA: Sage Publications.
11. **Bjugstad, A.**, Hernandez Ortiz, J., Berger Cardoso, J., Brabeck, K., Sanchez, I & Pendergast, A. (in development, 2023). Salir Adelante: Transgenerational transmission of trauma and resilience in migrant families from Central America. *International Journal of Traumatic Stress*.
10. Giraldo-Santiago, N., **Bjugstad, A.**, Berger Cardoso, J., Chen, T., Brabeck, K. & Capps, R. (revise & resubmit, 2023). Mental Health Needs and Service Utilization Among Latinx High School Students. *Journal of the Poor and Underserved*.
9. **Bjugstad, A.**, Berger Cardoso, J, Chen, T.A., Brabeck, K., & Borja, S. (revise & resubmit, 2023). Unpacking school engagement: The influences of discrimination, trauma, and place on Latinx students' engagement in school. *Psychology in the Schools*.
8. Berger Cardoso, J., Brabeck, K., Chen, T., **Bjugstad, A.**, Mytelka, C., & Capps, R. (in press, 2023). Threat and deprivation as distinct predictors of post-traumatic stress and depressive symptoms in first and second-generation Latinx youth. *Applied Developmental Science*.
7. Brewer, K. B., Gearing, R. E., Cheung, M., Leung, P., Chen, W., Carr, L. C., **Bjugstad, A.** & He, X. (2022). Stigma's influence on mental health treatment in China. *Journal of Mental Health and Social Behaviour*. 4(2): 172. <https://doi.org/10.33790/jmhsb1100172>
6. Gearing, R., Washburn, M., Brewer, K., Yu, M., **Bjugstad, A.**, & Torres-Hostos, L. (2022). Predictors of help-seeking for mental health treatment among Latinos. *Journal of Racial Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-022-01370-y>
5. Gearing, R.E., Brewer, K., Leung, P., Cheung, M., Chen, W., Carr, C., **Bjugstad, A.**, He, X. (2022). Mental health help-seeking in China. *Journal of Mental Health*. <https://doi.org/10.1080/09638237.2022.2069703>
4. Brabeck, K. M., Cardoso, J. B., Chen, T., **Bjugstad, A.**, Capps, R., Capoverde, E., & Trull, A. (2021). Discrimination and PTSD among Latinx immigrant youth: The moderating effects of gender. *Psychological Trauma: Theory, Research, Practice, and Policy*. <https://doi.org/10.1037/tra0001126>
3. Misra, S. M, Holdstock, N., Creswell Baez, J., Garcia, N., Gutierrez, A., Swamy, P., Lee, K., & **Bjugstad A.** (2021). Systematic review of utilization of and access to healthcare services by asylum-seeking former unaccompanied minors. *Journal of Public Health: From Theory to Practice*. <https://doi.org/10.1007/s10389-021-01652-5>
2. Berger Cardoso, J., Brabeck, K., **Bjugstad, A.**, Hernandez, J., Prosperi, N., Venta, A., & Sharp, C. (2021). Una Moneda de Dos Caras: Central American and Mexican Immigrant Mothers' and Youths' Experiences of Separation and Reunification. In S. McHale, V. King & J. Glick (Ed.), *National Symposium on Family Issues*. New York, NY US: Springer.
1. Venta, A. Brabeck, K., Berger Cardoso, J., **Bjugstad, A.**, Ortiz, J., Prosperi, N., & Sharp, C.

(2021). MISC Applied to Families Reunited after Migration-Related Separation. In C. Sharp & L. Marais (Ed.), *Growing up resilient: The Mediation Intervention for Sensitizing Caregivers (MISC)*. New York, NY US: Routledge.

Selected Presentations

24. **Bjugstad, A.**, Berger Cardoso, J., Borja, S., Fan, W., & Báez, J.C. (submitted, 2023). *Opportunity structures and social, emotional, and behavioral (SEB) skills in an international context*. Oral conference presentation. Joint World Conference on Social Work, Education, and Social Development – 2024. Panama City, Panama.
23. **Bjugstad, A.** (May 2023). *Working with displaced populations: Immigrants and Refugees*. Webinar. Continuing Education Cooperative, Paying it Forward. Virtual.
22. Berger Cardoso, J. & **Bjugstad, A.** (May 2023). *Care or Control? Reexamining the immigration system in place for youth and children*. Webinar. Center on Migration at the University of South Carolina. Virtual.
21. Gearing, R., Brewer, K., Cheung, M., Leung, P., Chen, W., Carr, L.C., **Bjugstad, A.** & He, X. (January, 2023). *Public Stigma and Self-Stigma Toward Mental Health Treatment in China*. Oral conference presentation. Society for Social Work and Research (SSWR) 27th Annual Conference. Phoenix, AZ.
20. **Bjugstad, A.**, Hernandez Ortiz, J., Berger Cardoso, J., Brabeck, K., Sanchez, I & Pendergast, A. (January, 2023). *Salir Adelante: Transgenerational transmission of trauma and resilience in migrant families*. Oral conference presentation. Society for Social Work and Research (SSWR) 27th Annual Conference. Phoenix, AZ.
19. **Bjugstad, A.** (December 2022). *Regional Responses to Global Migration: Focus on Community and Social Service Organizations*. Selected panelist. Universidad Autónoma de México (UNAM) 7^a. Conferencia Regional de Trabajo Social y Migración de México, los Estados Unidos, Canadá y Centroamérica. Éxodos y trayectorias migrantes: entre la ruptura y la (re) construcción. Mexico City, MX.
18. Gearing, R., Washburn, M., Brewer, K., Yu, M., **Bjugstad, A.**, & Torres-Hostos, L. (November, 2022). *Latinos' Mental Health Help-Seeking Preferences*. Oral conference presentation. CSWE Annual Program Meeting 2022. Anaheim, CA.
17. **Bjugstad, A.** (August, 2022). Working with Displaced Populations. Oral Training for Early Childhood Service Providers. Baker Ripley Head Start/Early Head Start Staff Training. Houston, TX.
16. Giraldo Santiago, N., **Bjugstad, A.**, Berger Cardoso, J., Chen, T., & Brabeck, K. (January 2022). *Predictors of Mental Health Service Utilization Among Latino High School Students and the Moderating Role of School Location*. Oral conference presentation. Society for Social Work and Research 26th Annual Conference. Washington, DC.
15. Gearing, R. E., Brewer, K. B., Leung, P., Cheung, M., Chen, W., Carr, L. C., **Bjugstad, A.**, & He, X. (January 2022). *Chinese Mental Health Help-Seeking*. E-poster presentation. Society for Social Work and Research 26th Annual Conference. Washington, DC.
14. Berger Cardoso, J., **Bjugstad, A.**, Brabeck, K, Chen, T., Mytelka, C. & Crea, T. (January 2022). *Threat and Deprivation as Distinct Predictors of Posttraumatic Stress and Depression Symptoms in First and Second Generation Latinx Youth*. Oral conference presentation. Society for Social Work and Research 26th Annual Conference. Washington, DC.

13. **Bjugstad, A.**, Berger Cardoso, J., Brabeck, K., Hernandez Ortiz, J., & Sharp, C. (October 2021). *“And they left us behind”*: Exploring the multiple separations experienced by unaccompanied immigrant youth. Oral conference presentation. Council for Social Work Education (CSWE) Annual Program Meeting 2021. Orlando, Florida.
12. **Bjugstad, A.** (July 2021). *Social Work & Immigration: Contemporary Contexts*. Invited oral presentation. Professional Development Lab. Master of Social Work Program. Winona State University – Rochester.
11. **Bjugstad, A.**, Berger Cardoso, J., Brabeck, K., & Capps, R. (January 2021). *Unpacking Three Domains of School Engagement among First and Second Generation Latinx Youth: The Roles of Discrimination and Trauma*. E-poster presentation. Society for Social Work and Research. Online Virtual.
10. **Bjugstad, A.**, Berger Cardoso, J., Brabeck, K., & Capps, R. (November 2020). *The Impact of Discrimination and Immigration Enforcement on School Engagement Among Latinx Youth*. Joint International Conference on Social Work and Social Welfare (SWESD2020), Rimini, Italy.
9. Mohr, G., Aquino Adriatico, G, and **Bjugstad, A.** (November 2020). *Using Day of the Dead as a Bereavement Tool in Schools in Mexico and the Philippines*. Joint International Conference on Social Work and Social Welfare (SWESD2020), Rimini, Italy.
8. **Bjugstad, A.** and Giraldo Santiago, N. (November 2019). *Neoliberal Welfare State: A Social Work Perspective on the Public Charge Rule*. Oral conference presentation. Annual Binational Conference: U.S./Mexico, Houston, TX.
7. **Bjugstad, A.** (2015, 2016, 2017, & 2018). *Multi-Tiered Systems of Support in Parental Choice Private Schools (PK-12)*. Staff training. St. Anthony School Milwaukee, Milwaukee, WI.
6. **Bjugstad, A.** (2017, 2018). *Utilizing Parent-Teacher Interaction Training in Your Classroom (PK-K)*. Staff training. St. Anthony School Milwaukee, Milwaukee, WI.
5. **Bjugstad, A.** (2016). *Spanish for Educators*. Education series. St. Anthony School Milwaukee, Milwaukee, WI
4. **Bjugstad, A.** (2016). *Embracing the Energy in your Classroom*. Workshop. St. Anthony School Milwaukee, Milwaukee, WI.
3. **Bjugstad, A.** (2016). *Building Relationships with Students and Their Families*. Invited oral conference presentation. Center for Urban Education Annual Conference, Milwaukee, WI.
2. **Bjugstad, A.** (2015). *Best Practices for Students with ADHD in the Classroom*. Workshop. Workshop St. Anthony School Milwaukee, Milwaukee, WI.
1. Carey, A.D. and **Bjugstad, A.** (2008). *Service Learning in Social Work Education Programs Focused Outside of the United States*. Oral Conference Presentation. Minnesota Council on Social Work Education, Farmington, MN.

Manuscript Reviewer

- Psychology in the Schools

- International Journal of Intercultural Relations

FUNDING

2023	\$5,000 Fellowship. Rising Star Diversity Funding. University of Colorado at Colorado Springs (awarded, 2023)
2023	\$6,000 Grant. Special Projects Award for MSW Practicum in Community Organizing. Winona State University (submitted, 2023)
2022 – 2023	\$2,000 Grant. Professional Improvement Funds (PIF). Winona State University (awarded, 2022)
2022 – 2026	\$4,026,000 Request for Funding (ARPA). Immigrant Legal & Social Services Funds. Houston LEADS Coalition. Harris County, TX. (submitted, 2022).
2022	\$3,000 Fellowship. The Grand Challenges of Social Work (GCSW) Dissertation Fellowship (honorable mention, 2023).
2022 – 2023	\$27,500 Fellowship. Spencer Foundation/National Association of Education Dissertation Fellowship (submitted, 2022).
2022	\$25,000 Grant. Protecting Immigrant Families Coalition. Central American Minors (CAM) working group Board recruitment and retention (submitted, 2022).
2022 – 2028	\$1,000,000 R01 Clinical Trial. National Institute on Minority Health and Health Disparities (NIMHD). Randomized Controlled Trial of MISC with Latinx immigrant families (submitted, 2021; re-submitted, 2022).
2022	\$1,000,000 Nomination. Aurora Humanitarian Prize nomination of LaUnidad11 founders (submitted, 2021).
2021 – 2024	\$350,000 Grant. William T. Grant Foundation Research for Reducing Inequality (submitted, 2021).
2020 – 2021	\$5,000 Scholarship Award. Presidential Endowed Scholarship, University of Houston
2020	\$38,000 Annual Fellowship. Robert Wood Johnson Foundation Policy Research Scholars (submitted, 2020)
2019 – 2020	\$6,000 Scholarship Award. Florence Clemenger Presidential Endowed Fellowship. The Graduate School, University of Houston (awarded, 2019)
2019 – 2023	\$35,000 Annual Fellowship. The Graduate School, University of Houston (awarded, 2019)
2007	\$1,500 Scholarship Award, Winona Senior Friendship Center, Winona, MN
2004 – 2008	\$4,000 Scholarship Award, Charles and Ellora Alliss Educational Foundation Scholarship, Minnesota State Colleges and Universities, Winona, MN

LICENSURE & AFFILIATIONS

2022 – present	Society for Social Work and Research (SSWR) Member
2020 – present	Licensed Graduate Social Worker (LGSW) in Minnesota
2019 – present	Licensed Master Social Worker (LMSW) in Texas
2016 – 2020	Certified Advanced Practice Social Worker (CAPSW) in Wisconsin
2016 – 2018	National Association of Social Workers Member
2011 – 2016	Certified Social Worker (CSW) in Wisconsin

HONORS & AWARDS

2023	Outstanding MSW Faculty Award, MSW Class of 2023, Winona State University
2023	Grand Challenges for Social Work Dissertation Award, Honorable Mention, Society for Social Work and Research (SSWR)
2022	Student Employee of the Year Recognition, University of Houston
2020 – 2021	Presidential Endowed Scholarship, University of Houston
2019 – 2021	Florence Clemenger Presidential Endowed Fellowship. The Graduate School, University of Houston
2019 – 2020	Graduate Fellowship, The Graduate School, University of Houston
2008	Outstanding Graduate Distinction, School of Social Work, Winona State University
2008	Magna Cum Laude Graduate, Winona State University
2007	Winona Senior Friendship Center, Winona, MN
2004 – 2008	Charles and Ellora Alliss Educational Foundation Scholarship, Minnesota State Colleges and Universities, Winona, MN

COMMUNITY POSITIONS, MEMBERSHIP, & SERVICE

2022 – 2023	Coalition Member Houston LEADS Coalition, Houston, TX
2022 – 2023	Coalition Member Reimagining HTX Coalition
2022 – present	Collaborative Member

School Behavioral Health Collaborative, Mental Health America, Houston, TX

- 2022 – 2023 **Founding Member**
Texas Immigration Coalition, Children at Risk: Office of New American Children
- 2021 – present **Organizer**
Unaccompanied Youth Response & Education Subcommittee, Central American Minors Working Group (CAM), Houston, TX
- 2020 – 2023 **Coalition Member**
Access 2 Services Coalition, Houston Immigration Legal Services Collaborative (HILSC), Houston, TX
- 2019 – 2023 **Community Advisory Board Member**
Youth Substance Use Prevention, Association for the Advancement of Mexican Americans (AAMA), Houston, TX
- 2019 – 2023 **Research Coordinator**
Mediation Intervention for Sensitizing Caregivers Community Advisory Board, University of Houston, Houston, TX
- 2019 – present **Co-Facilitator: Development & Strategy**
Central American Minors (CAM) Working Group, Houston, TX
- 2018 – 2019 **Board Member**
Fortalezas Familiares Advisory Board, Department of Psychology, University of Wisconsin, Madison, WI
- 2017 – 2019 **Board Member**
Proyecto Mamá Advisory Board, Department of Counseling Psychology, Marquette University, Milwaukee, WI
- 2015 – 2019 **Professional Member**
Urban School Professionals Network, Milwaukee, WI
- 2012 – 2016 **Coalition Member**
Milwaukee Latino Health Coalition, Milwaukee, WI
- 2011 – 2012 **Coalition Member**
Racine Literacy Coalition, Racine, WI
- 2007 – 2008 **Co-facilitator and Advisor**
Mexican Migration & Mexican Social Services Travel Study Program, Winona State University, Winona, MN
- 2007 – 2009 **Coordinator**
Micro-lending program, Centro de Asesoría y Desarrollo Entre Mujeres (CADEM, AC) and Casa de la Mujer Indígena (CAMI), Cuetzalan, Puebla, México
- 2005 – 2007 **Volunteer Advocate**

PROFESSIONAL TRAININGS

- 2022 Emotional Survival for Trauma, PTSD, and Critical Incidents, PESI
- 2022 Latinx Gang Prevention Training of the Trainer, National Hispanic/Latino Mental Health Technology Transfer Center (NHMHTTC)
- 2019 Mediation Intervention for Sensitizing Caregivers (MISC), University of Houston
- 2017 Non-Violent Crisis Intervention Train-the-Trainer, Crisis Prevention Institute, Milwaukee, WI
- 2017 University of Wisconsin Milwaukee School Social Work Endorsement University of Wisconsin – Milwaukee
- 2017 Trauma Counseling Certification, University of Wisconsin – Milwaukee
- 2017 Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), University of Wisconsin – Milwaukee
- 2016 HeartMath Interventions Certification (Biofeedback), HeartMath Institute
- 2016 Wired Differently, AccuTrain, Milwaukee, WI
- 2016 Love & Logic Training of the Trainer, Bruce Guadalupe Community School, Milwaukee WI
- 2016 Family and School Partnership Summer Institute, Loyola University Chicago
- 2015 Changing the ADHD Brain: Moving Beyond Medication, Pesi, Milwaukee, WI
- 2015 Multi-Tiered Systems of Support Advanced Training, Cooperative Educational Service Agency Milwaukee, WI
- 2015 Certified Trauma Practitioner Training, STAAR Commonwealth, Oshkosh, WI
- 2014 Neurosequential Model of Therapeutics Partner Training, NMT Network-Milwaukee Center for Independence, Milwaukee, WI
- 2014 Family Foundations Comprehensive Home Visiting Training, Wisconsin Department of Children and Families, Wauwatosa, WI
- 2013 Trauma-informed Sensory Integration Training, Milwaukee Center for Independence, Milwaukee, WI
- 2012 Abriendo Puertas (Opening Doors) Parenting Program Training of the Trainer, Office of Head Start, Wisconsin Dells, WI