



Writing a Wish Letter

For your activity this week, we are asking you to do something a little different. We are asking you to write a wish letter to your teen. The purpose of this letter is to let your teen know how much you care for them, what makes them special to you, and all the positive things you hope they achieve in the future. It is also a chance for you to let them know that you are available to support them in achieving their goals. I encourage you to consider giving your teen a handwritten copy of this letter. However, if you do not feel comfortable handwriting this letter, you can give them a typewritten copy. The outline for writing this letter is below:

Dear name,

This letter is for/about:

Something that I love about you is:

One thing that makes you special to me is:

One thing that I hope for your future is:

Another hope I have for you in the future is:

To help you achieve this, I will:

Another thing I will do to help you achieve this is:

I love you,

Your name