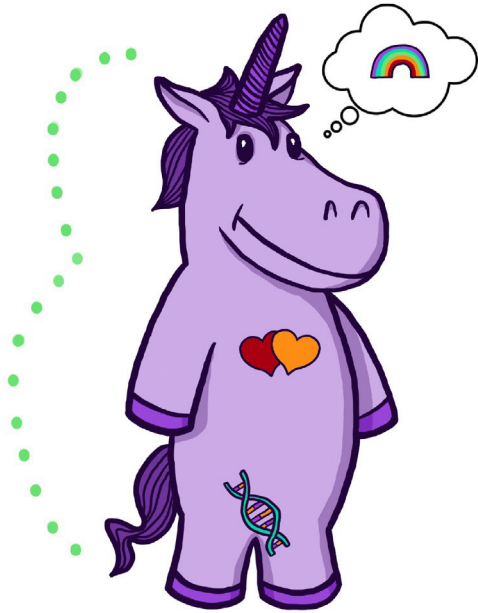


## The Gender Unicorn

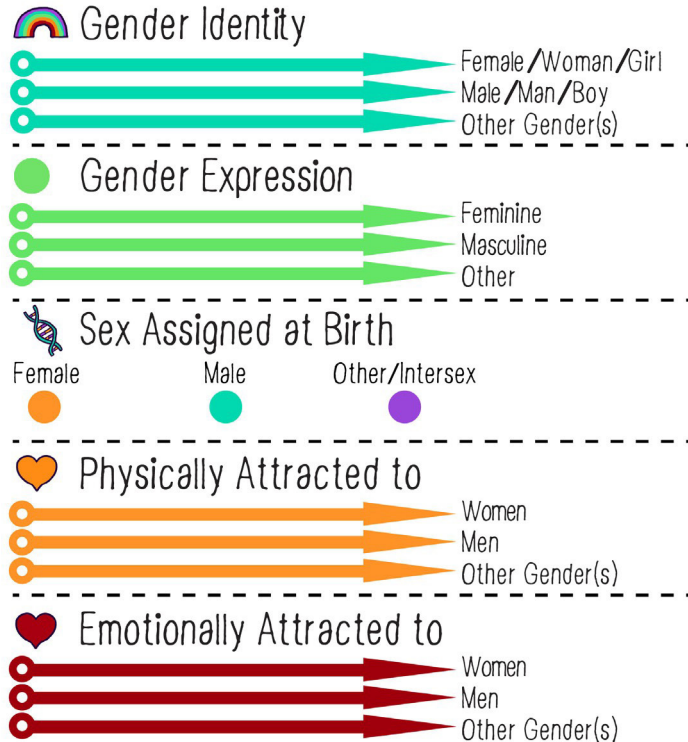
# The Gender Unicorn

Graphic by:  
**TSER**  
Trans Student Educational Resources



To learn more, go to:  
[www.transstudent.org/gender](http://www.transstudent.org/gender)

Design by Landyn Pan and Anna Moore



1. What does gender identity mean to you? How do you define your gender identity?
2. How do you express your gender?
3. How do you define sex assigned at birth? What does that mean to you?
4. How would you define your physical attraction to others? Are there people who have certain genders that you feel physically pulled toward?
5. How do you define your emotional attraction to others? Are there people who have certain genders that you feel emotionally pulled toward?

## Resources for Intersectionality



### Culture-Based Resources

A list of resources for LGBTQ+ family support based on family culture (e.g., Arabic-language helplines, Black queer pride groups)

<https://lgbtqfamilyacceptance.org/culture-based-resources/>



### Faith-Based Resources

A list of resources for LGBTQ+ family support for families of diverse faiths.

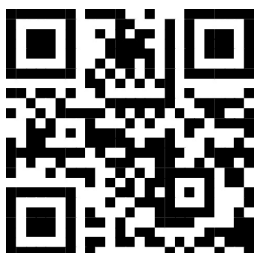
<https://lgbtqfamilyacceptance.org/faith-based-resources/>



### Trevor Project Resources for Diversity

This collection of resources shares information regarding how to support queer youth with disabilities, Black LGBTQ+ mental health, and BIPOC LGBTQ+ youth

<https://www.thetrevorproject.org/resources/category/diversity-of-lgbtq-youth/>



### The Center Intersectionality Resources

This page provides action items that assist in identifying and valuing individuals' intersecting identities

<https://gaycenter.org/community/intersectionality/>



## Positive Affirmations

- I am worthy of being loved.
- I am capable of loving others.
- I am brave.
- I have a bright future ahead of me.
- I am proud.
- My life has value and matters.
- I am strong even when faced with challenges or barriers.
- I am a light for myself and others.
- I am enough.
- There is a community out there for me.

## Questions of Self-Exploration!

- What other aspect of yourself are you proud of?
- Do you have affirmations you tell yourself that are not mentioned above?