# CURRICULUM VITAE

# Chelsea D. Kilimnik, Ph.D.

The University of Colorado at Boulder Muenzinger D320C, 345 UCB Boulder, Colorado 80309 chelsea.kilimnik@colorado.edu

# POSITIONS AND AFFILIATIONS

2023~present	Assistant Professor Renée Crown Wellness Institute Department of Psychology and Neuroscience University of Colorado Boulder
2023~ present	Licensed Clinical Psychologist (CO: #6060)
2022~2023	Instructor Department of Psychology and Neuroscience University of Colorado Boulder
2021~2023	Assistant Research Professor Renée Crown Wellness Institute University of Colorado Boulder
2021-2023	Licensed Clinical Psychologist Candidate (CO: #6060)
2021∼ present	Faculty Research Affiliate Lyda Hill Institute for Human Resilience University of Colorado Colorado Springs
2021~present	<b>Boulder Center for Cognitive and Behavioral Therapies</b> Affiliate Psychologist
EDUCATION	
2015~2021	Doctor of Philosophy, Clinical Psychology The University of Texas at Austin, Austin, Texas, U.S.A. Accredited, American Psychological Association Member, Academy of Psychological Clinical Science
2020~2021	Pre-Doctoral Internship / Residency, Clinical Psychology Medical University of South Carolina and the Ralph H. Johnson VA Medical Center, Charleston, SC, U.S.A. Accredited, American Psychological Association
2013~2015	Master of Science, Health Psychology

Trent University, Peterborough, Ontario, Canada

## 2007~2012 **Bachelor of Arts**, Psychology, with Thesis Honors

University of Winnipeg, Winnipeg, Manitoba, Canada

Second Major in English: Creative Writing

## **RESEARCH GRANTS & SUPPORT**

## 2025 NIH R01 - Research Project Grant Program (In Revision for Resubmission)

National Institute of Minority Health and Health Disparities

PI: Kilimnik

Project Title: Also Our Campus: The intersections of identities, belonging, and sexualized and identity-based violence in health and wellness disparities

Role: Principal Investigator

# 2025~2027 SSHRC Insight Development Grant

Social Sciences and Humanities Research Council of Canada

PI: Quinn-Nilas

Project Title: Mindfulness in relationships after sexual assault: a dyadic investigation

Role: Collaborator

#### 2024~2025 BVSD Research Collaboration and Consultation

Boulder Valley School District

PI: Kilimnik

Project Title: Title IX evaluation: student, staff, and community member experiences

Role: Principal Investigator

#### 2023~2027 Adolescent Brain Cognitive Development Study (CU Boulder Site)

National Institutes of Health, U01 DA51018

PIs: Banich, Friedman

Project Title: ABCD-USA Consortium: Research project site at CU Boulder

Role: Co-Investigator; Site Clinician

## 2023 College of Arts & Sciences Dean's Innovation Fund

University of Colorado Boulder

PI: Kilimnik

Project Title: Belonging as a protective factor for minoritized identity students

Role: Principal Investigator

#### 2022 Colorado Pilot Grant Program

Colorado Clinical and Translational Sciences Institute

PIs: Osnes, Hackett

Project Title: Building a culture of consent through youth voice

Role: Consultant

# 2017~2021 Doctoral Foreign Study Award and Research Grant

Canadian Institute of Health Research

PI: Kilimnik

Project Title: A cognitive bias modification intervention for the psychological and sexual

functioning of women with childhood sexual abuse

Role: Principal Investigator

## 2018~2019 ISSWSH Scholars in Women's Sexual Health Research Grant

International Society for the Study of Women's Sexual Health (ISSWSH)

PI: Kilimnik

Project Title: Online expressive writing intervention for the psychosexual wellbeing of

women with childhood sexual abuse

Role: Principal Investigator

# 2019 Summer Dissertation Writing Fellowship

The University of Texas at Austin

# 2017 Hixon Fellowship in Statistics

The University of Texas at Austin

## 2014 Ontario Graduate Student Bursary (OGS)

Government of Ontario

#### **AWARDS & ACADEMIC HONORS**

2024	Research & Innovation Office - Faculty Fellows Program
	The University of Boulder Colorado
2019	Summer Dissertation Writing Fellowship
	The University of Texas at Austin
2018	SSTAR Student Poster Award
	Society for Sex Therapy and Research
2018	Nominee for the Psychology Outstanding Teaching Award – Teaching Assistant
	The University of Texas at Austin
2017	Nominee for the Psychology Outstanding Teaching Award – Teaching Assistant
	The University of Texas at Austin
2017	Best Student Oral Presentation Award
	Canadian Sex Research Forum (CSRF)
2017	Rising Scholar Recognition Award
	Society for the Scientific Study of Sexuality

#### PRE-REGISTRATIONS

- 1. Liepmann, A.\* & **Kilimnik**, C. D. (2025). The role of adverse life events in the association between adolescent age-discordant dating and negative health outcomes. *Open Science Framework (OSF)*. https://osf.io/q26rv
- 2. Barnes-Horowitz, S.\* & **Kilimnik, C. D.** (2025). Caregiver-youth reporting discrepancies and mental health outcomes overtime: the protective role of caregiver warmth. *Open Science Framework (OSF)*.

#### PEER-REVIEWED PUBLICATIONS

<sup>\*</sup> Indicates student

<sup>\*</sup> Indicates student

- 1. Bautista, M. A.,\* Cormier, M. P.,\* Maxwell, J. A., **Kilimnik, C. D.,** Merwin, K. E., Sakaluk, J. K., & Gauvin, S. E. M. (Accepted). Broadening the lens: The generalizability of implicit theories of sexuality across sociodemographic variables. *Canadian Journal of Human Sexuality*.
- 2. **Kilimnik**, C. D. & Meston, C. M. (2025). A randomized clinical trial of an online expressive writing intervention for the psychosexual well-being of women with childhood sexual abuse histories. *Journal of Sexual Medicine*.
- 3. Metcalfe, K. B.,\* Kilimnik, C. D., Meston, C. M. (2024). Predictors of duty sex frequency in women. *Journal of Sexual Medicine*, 21(4), 1120-1130. https://doi.org/10.1093/jsxmed/qdae137
- 4. **Kilimnik, C. D.,** McMahon, L.\*, Meston, C. M. (2024). Undergraduate students' definitions of sexual violence labels across the rise of the #MeToo movement. *Psychology of Women Quarterly*, online ahead of print, 1-13. doi:10.1177/03616843241239634
- 5. **Kilimnik, C. D.**, García Ramírez, G. M., Salamanca, N.\*, Mazzone, G. M.\*, Mullican, N., Davis, K. C., Orchowski, L., Leone, R., Kaysen, D., & Gilmore, A. (2023). The associations among sexual assault, posttraumatic stress, drinking to cope, and alcohol use based on gender identity and sexual orientation. *Alcohol: Clinical and Experimental Research*, 47(11), 2169-2183. https://doi.org/10.1111/acer.15194
- Hahn, C. K., Kilimnik, C. D., Brady, K., Marx, B. P., Rothbaum, B. O., Saladin, M. E., Gilmore, A. K., Metts, C., & Back, S. E. (2023). Early intervention using written exposure therapy for PTSD and AUD symptoms following sexual assault: Description of design and methodology. *Contemporary Clinical Trials*. Online ahead of print. doi:10.1016/j.cct.2022.107002
- 7. McKie, R. M.\*, Sternin, S.\*, **Kilimnik, C. D.,** Levere, D.\*, Reesor, A., Reissing, E. D., & Humphreys, T. P. (2021). Nonconsensual sexual experience histories of incarcerated men: A mixed methods approach. *International Journal of Offender Therapy and Comparative Criminology*, online ahead of print. doi:10.1177/0306624X211065584
- 8. Gauvin, S. E. M., Merwin, K. E., Maxwell, J. A., **Kilimnik, C. D.**, & Sakaluk, J. K. (2021). It's all Greek to me: Explaining, computing, and summarizing traditional and (re)emerging metrics of reliability for seven measures in sexual science. *Canadian Journal of Human Sexuality*, online ahead of print. doi:10.3138/cjhs.2021-0023
- 9. **Kilimnik, C. D.,** & Meston C. M. (2021). Sexual shame in the sexual excitation and inhibition of men with and without nonconsensual sexual experiences. *Journal of Sex Research*, 58(2), 261-272. doi:10.1080/00224499.2020.1718585
- 10. Luterman, A., Farisello, L., & **Kilimnik, C. D.** (2020). Facilitating erotic connection: The Relationship Shared Values Primer (RSVP) to any sex and relational therapy in the context of sexual trauma history. *Journal of Sex and Marital Therapy, 46*(4), 343-353. doi:10.1080/0092623X.2020.1716906
- 11. Meston, C. M., Freihart, B. K., Handy, A. B., **Kilimnik, C. D.,** Rosen, R. (2019). Scoring and interpretation of the FSFI: What can be learned from 20 years of use? *Journal of Sexual Medicine*, online ahead of print. doi:10.1016/j.jsxm.2019.10.007
- 12. Meston, C. M., **Kilimnik, C. D.,** Freihart, B. K., & Buss, D. M. (2019). Why humans have sex: The development and psychometric assessment of a short-form version of the YSEX? Instrument. *Journal of Sex and Marital Therapy*. Online ahead of print. doi:10.1080/0092623X.2019.1654581
- 13. Braham, J.\*, Sparling-Skakoon, S., **Kilimnik, C. D.**, & Milhausen, R. R. (2019). Intimate partner violence history and its association with condom use negotiation. *Personality and Individual Differences*, *147*, 256-260. doi:10.1016/j.paid.2019.04.004
- 14. Davies, J.\*, McKie, R. M., **Kilimnik, C. D.**, Levere, D. D., Pednault, C., Humphreys, T. P., & Reesor, A. (2019). Forgotten voices: Prevalence of nonconsensual sexual experiences among incarcerated men in Ontario. *The Community Psychologist*, *52*, online publication. [Invited for Special Issue].
- 15. **Kilimnik, C. D.,** & Meston, C. M. (2019). Sexual violence identification and women's sexual well-being. *Current Sexual Health Reports*, *11*(1), 1-8. doi:10.1007/s1930-019-00186-y [Invited Review]

- 16. **Kilimnik, C. D.,** & Humphreys, T. P. (2018). Understanding sexual consent and nonconsensual sexual experiences in undergraduate women: The role of identification and rape myth acceptance. *Canadian Journal of Human Sexuality*, 27(3), 195-206. doi:10.3138/cjhs.2017-0028
- 17. **Kilimnik, C. D.,** Boyd, R. L., Stanton, A. M., & Meston, C. M. (2018). Identification of nonconsensual sexual experiences and the sexual self-schemas of women: Implications for sexual functioning. *Archives of Sexual Behavior*, 47(6), 1633-1647. doi:10.1007/s10508-018-1229-0
- 18. Pulverman, C. S., **Kilimnik, C. D.,** & Meston, C. M. (2018). The impact of childhood sexual abuse on women's sexual health: A comprehensive review. *Sexual Medicine Reviews*, 6(2), 188-200. doi:10.1016/j.sxmr.2017.12.002 [Invited Review]
- 19. **Kilimnik, C. D.,** Pulverman, C. P., & Meston, C. M. (2018). Methodological considerations for the study of childhood sexual abuse in sexual health outcome research: A comprehensive review. *Sexual Medicine Reviews*, 6(2), 176-187. doi:10.1016/j.sxmr.2017.11.006 [Invited Review].
- 20. **Kilimnik, C. D.,** & Meston, C. M. (2017). A developmentally relevant approach to classifying nonconsensual sexual experiences in the study of women's sexual well-being. *Journal of Sex Research*, 55(7), 824-836. doi:10.1080/00224499.2017.1366969
- 21. Althof, S. E., Meston, C. M., Perelmen, M., Handy, A. B., **Kilimnik, C. D.,** & Stanton, A. M. (2017). On the diagnosis/classification of sexual arousal concerns in women. *Journal of Sexual Medicine*, *14*(11), 1365-1371. doi:10.1016/j.jsxm.2017.08.013
- 22. Lachowsky, N. J., Wentland, J. J., **Kilimnik, C. D.**, & Levere, D. D. (2017). Reflecting back, looking forward: A content analysis of scientific programs from the 2013-2016 Canadian Sex Research Forum Annual Conferences. *Canadian Journal of Human Sexuality*, 26(2), 122-129. doi:10.3138/cjhs.262-a5
- 23. **Kilimnik, C. D.,** & Meston, C. M. (2016). The role of body-esteem in the sexual excitation and inhibition responses of women with and without childhood sexual abuse. *Journal of Sexual Medicine*, *13*, 1718-1728. doi:10.1016/j.jsxm.2016.09.004
- 24. **Kilimnik, C. D.**, Trapnell, P. D., & Humphrey, T. P. (2016). Negative affectivity in female's identification of their nonconsensual sexual experiences and sexual dissatisfaction. *Canadian Journal of Human Sexuality*, 25, 177-185, doi:10.3138/cjhs.253-A1

# **BOOK CHAPTERS**

- 1. Snell, W. E., & **Kilimnik**, **C. D.** (2019). Multidimensional Sexual Self-Concept Questionnaire. In R. Milhausen, J. Sakaluk, T. Fisher, C. Davis, and B. Yarber (Eds.), *The Handbook of Sexuality-Related Measures (4th Ed.)*, Taylor and Francis.
- 2. Snell, W. E., & **Kilimnik, C. D.** (2019). Multidimensional Sexual Approach Questionnaire. In R. Milhausen, J. Sakaluk, T. Fisher, C. Davis, and B. Yarber (Eds.), *The Handbook of Sexuality-Related Measures (4th Ed.)*, Taylor and Francis.

## **EDITORIAL BOARD MEMBER**

2022~pr€	esent	Jou	rnal c	of Sex	k Res	earch		
2022			4.		- 1	CTT	~	

2023~present Canadian Journal of Human Sexuality

#### AD-HOC REVIEWER ACTIVITIES

Canadian Journal of Human Sexuality
Archives of Sexual Behavior
Violence Against Women
Journal of Sex Research

#### **Oral Presentations:**

- 1. Bautista, M.,\* Cormier, M. P.,\* Maxwell, J., Sakaluk, J., **Kilimnik, C.**, Merwin, K., & Gauvin, S. (May, 2025). Broadening the lens: Implicit theories of sexuality across demographic groups. Science Atlantic Psychology Conference, Fredericton, New Brunswick.
- 2. Sakaluk, J. K., Gauvin, S. E., Merwin, K.E., Maxwell, J. A., **Kilimnik**, C. D. (November, 2022). Emerging psychometric techniques for test development and construct interrogation. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Vancouver, British Columbia.
- 3. Gauvin, S. E. M., Merwin, K. E., **Kilimnik, C. D.,** Maxwell, J. A., & Sakaluk, J. K. (October, 2021). What's in a construct?: A theoretical and mixed-methods exposé of models of intrapsychic sexuality-related entities. Canadian Sex Research Forum (CSRF) annual meeting. Virtual conference.
- 4. McKie, R. M., Sternin, S.\*, **Kilimnik, C. D.,** Levere, D., Humphreys, T. P., Reesor, A., Reissing, E. D. (October, 2021). Nonconsensual sexual experience histories of incarcerated men: A mixed methods approach. Canadian Sex Research Forum (CSRF) annual meeting. Virtual conference.
- 5. **Kilimnik, C. D.,** McMahon, L.\*, & Meston, C. M. (October, 2020). Online expressive writing intervention and sexual schema change in women with childhood sexual abuse histories. Canadian Sex Research Forum (CSRF) annual meeting. Virtual conference.
- 6. Gauvin, S. E. M., Merwin, K. E., **Kilimnik, C. D.,** Maxwell, J. A., & Sakaluk, J. K. (2020, October). It's all Greek to me: Decoding the state of measurement reliability in sexuality science. *Current Methodologies and Trends in Measurement for Survey-Based Sexual Science* [Symposium]. Canadian Sex Research Forum (CSRF) annual meeting. Virtual conference.
- 7. **Kilimnik, C. D.,** McMahon, L.\*, & Meston, C. M. (March, 2020). A randomized, active placebocontrolled trial of an online expressive writing intervention for the sexual well-being of women with childhood sexual abuse histories. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Orlando, Florida.
- 8. Sears, M. A.\*, **Kilimnik, C. D.,** & Meston, C. M. (March, 2020). Evaluating the role of relationship status in the sexual well-being of women with and without histories of nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Orlando, Florida.
- 9. **Kilimnik**, C. D., Sears, M. A.\*, & Meston, C. M. (October, 2019). Undergraduates' understanding of sexual violence labels: The role of nonconsensual sexual experience histories. Canadian Sex Research Forum (CSRF) annual meeting. Victoria, British Columbia.
- 10. **Kilimnik, C. D.,** Cole, H.\*, & Meston, C. M. (March, 2019). The sexual well-being of men with and without nonconsensual sexual experience histories. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
- 11. Freihart, B. K., **Kilimnik, C. D.**, Buss, D. M., & Meston, C. M. (March, 2019). Validation of a short-form version of the YSEX? Instrument. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
- 12. Sears, M. A.\*, **Kilimnik, C. D.**, & Meston, C. M. (March, 2019). The language of sexual violence: Undergraduates' understanding of sexual violence labels and the role of previous sexual experiences. International Society for Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
- 13. Braham, J.\*, Sparling-Skakoon, S., **Kilimnik, C. D.**, & Milhausen, R. R. (November, 2018). Does past experience of intimate partner violence impact condom negotiation? Examining a sample of heterosexual men and women and men who have sex with men. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Montreal, Quebec.

- 14. **Kilimnik**, C. D., Garcia, S. M.\*, & Meston, C. M. (October, 2018). The role of nonconsensual sexual experiences and identification of these experiences in men's sexual excitation and inhibition propensities. Canadian Sex Research Forum (CSRF) annual meeting. Toronto, Ontario.
- 15. **Kilimnik**, C. D., Boyd, R. L., Stanton, A. M., & Meston, C. M. (May, 2018). Sexual self-schemas and sexual functioning: The role of nonconsensual sexual experience identification. European Federation of Sexology (EFS) annual congress. Albufeira, Portugal.
- 16. **Kilimnik, C. D.,** & Meston, C. M. (May, 2018). Examination of the role of sexual violence characteristics in sexual self-schemas of women. European Federation of Sexology (EFS) annual congress. Albufeira, Portugal.
- 17. **Kilimnik, C. D.,** Boyd, R. L., Stanton, A. M., & Meston, C. M. (February, 2018). Sexual self-schemas and identification of nonconsensual sexual experiences: Implications for sexual functioning. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California.
- 18. **Kilimnik, C. D.,** & Meston, C. M. (November, 2017). A sexual developmental approach to the classification of nonconsensual sexual experiences. Society for the Scientific Study of Sexuality (SSSS) annual meeting, Atlanta, Georgia.
- 19. **Kilimnik, C. D.,** & Meston, C. M. (October, 2017). Characteristics of nonconsensual sexual experiences explain heterogeneity in the sexual schemas of women. Canadian Sex Research Forum (CSRF) annual meeting, Fredericton, New Brunswick.
- 20. Levere, D. D., McKie, R. M., **Kilimnik, C. D.,** Humphreys, T. P., & Reesor, A. (October, 2017). A qualitative analysis assessing incarcerated men's interest in healthy sexual relationship programs. Do they want them? Canadian Sex Research Forum (CSRF) annual meeting. Fredericton, New Brunswick.
- 21. **Kilimnik, C. D.,** & Meston, C. M. (February, 2017). The importance of the developmental stage of nonconsensual sexual experiences in women's sexual adjustment. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
- 22. **Kilimnik, C. D.,** & Meston, C. M. (September, 2016). Sexual excitation and inhibition in women with a history of nonconsensual sexual experiences: The role of the developmental stage of onset. Canadian Sex Research Forum (CSRF) annual meeting, Quebec City, Quebec.
- 23. Levere, D. D., McKie, R. M., **Kilimnik, C. D.**, Humphrey, T. P., & Reesor, A. (September, 2016). Assessing sexual consent negotiation and unwanted sexual experiences in a sample of incarcerated men in Ontario. Canadian Sex Research Forum (CSRF) annual meeting, Quebec City, Quebec.
- 24. **Kilimnik, C. D.,** & McKie, R. M. (November, 2015). Hard to reach populations: Ethically recruiting through barriers. In S. Skakoon-Sparling (Chair), *Research Methods for Sex Scientists* [Symposium]. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Albuquerque, New Mexico.
- 25. **Kilimnik, C. D.**, & Humphreys, T. P. (November, 2015). Nonconsensual sexual experiences and sexual well-being: The role of identification and sexual self-esteem. Society for the Scientific Study of Sexuality (SSSS) annual meeting, Albuquerque, New Mexico.
- 26. **Kilimnik, C. D.,** & Humphreys, T. P. (June, 2015). Sexual consent and nonconsensual sexual experiences: The importance of language. In T. P. Humphreys (Chair), *Sexual consent symposium: Current challenges and successes*. Annual Guelph Sexuality Conference. Guelph, Ontario.
- 27. **Kilimnik**, C. D., & Humphreys, T. P. (November, 2014). The predictive utility of erotophobia-erotophilia in sexual consent perspectives. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Omaha, Nebraska.
- 28. **Kilimnik**, **C. D**., & Humphreys, T. P. (November, 2014). The role of nonconsensual sexual experiences on the expression of erotophobia-erotophilia. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Omaha, Nebraska.

29. **Kilimnik, C. D.,** Trapnell, P., & Smith, S. (September, 2012). Assault identification in women reporting severe unwanted sexual experiences: Effects on sexual and emotional adjustment. Canadian Sex Research Forum (CSRF) annual meeting. Ottawa, Ontario.

#### **Poster Presentations:**

- 1. Bautista, M.,\* Maxwell, J. A., Sakaluk, J. K., **Kilimnik, C. D.**, Merwin, K. E., Gauvin, S. E. M. (June, 2025). Broadening the lens: Implicit theories of sexuality across demographic group. Canadian Psychological Association annual meeting. St John's, Newfoundland.
- 2. Metcalfe, K. B.\*, **Kilimnik**, C. D., & Meston, C. M. (May, 2025). The sexual schemas of menopausal women. European Menopause and Andropause Society (EMAS) annual meeting, Valencia, Spain.
- 3. Metcalfe, K. B.\*, **Kilimnik, C. D.**, & Meston, C. M. (February, 2025). Duty sex among women with nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting, Atlanta, Georgia.
- 4. Sampson, E.\*, Maxwell, J. A., Taylor, A.\*, Bautista, M.\*, Sakaluk, J. K., **Kilimnik, C. D.,** Merwin, K. E., Gauvin, S. E. M (October, 2024) Bedroom beliefs: Exploring implicit theories of sexuality across LGBTQIA+ and cisgender-heterosexual samples. Canadian Sex Research Forum (CSRF) annual meeting, Halifax, Nova Scotia.
- 5. Bautista, M.\*, Maxwell, J. A., Dyall, K.\*, Sakaluk, J. K, **Kilimnik, C. D.**, Merwin, K. E., Gauvin, S. E. M (October, 2024). How implicit theories of sexuality are generalizable across various demographic categories and factors. Canadian Sex Research Forum (CSRF) annual meeting, Halifax, Nova Scotia.
- 6. Metcalfe, K. B.\*, **Kilimnik, C. D.**, Abdalla, S.\*, Chapa, F. I. \*, Ensign, A. C. \*, & Meston, C. M. (February, 2024). Having sex out of a sense of duty: The influence of nonconsensual sexual experiences and sexual functioning. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting, Long Beach, California.
- 7. **Kilimnik, C. D.,** McMahon, L.\*, Meston, C. M. (October, 2023). Undergraduate students' definitions of sexual violence labels across the rise of the #MeToo movement. Canadian Sex Research Forum (CSRF) annual meeting. Montreal, Quebec.
- 8. **Kilimnik, C. D.,** Garcia Ramírez, G. M., Salamanca, N.\*, Kaysen, D., & Gilmore, A. (November, 2022). Sexual orientation and gender identity moderated the role of posttraumatic stress symptoms in the relationship between sexual assault and coping motives for drinking. International Society for Traumatic Stress Studies (ISTSS) annual meeting. Atlanta, Georgia.
- 9. McMahon, L. N.\*, Freihart, B. K., **Kilimnik, C. D.,** & Meston, C. M. (November, 2021). Exploratory analyses of personality and motivational predictors of women's sociosexual desire. Society for the Scientific Study of Sexuality (SSSS) annual meeting. San Juan, Puerto Rico.
- 10. McMahon, L. N.\*, Hone, L. S. E., Freihart, B. K., **Kilimnik, C. D.,** & Meston, C. M. (August, 2021). Identifying motivational and personality predictors of women's sociosexual desire. Society for Personality and Social Psychology (SPSP) annual meeting. Virtual conference.
- 11. Ahmed, S.\*, **Kilimnik**, C. **D.**, Sears, M. A.\*, & Meston, C. M. (March, 2020). Undergraduates' definitions of sexual consent: The role of rape myth acceptance. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Orlando, Florida.
- 12. Laurent, S. E.\*, **Kilimnik, C. D.**, & Meston, C. M. (November, 2019). The role of education in sexual violence: Sex education and harmful sexual attitudes. To be presented at the Society for the Scientific Study of Sexuality (SSSS) annual meeting. Denver, Colorado.
- 13. Cairns, B., Levere, D., McKie, R. M., **Kilimnik, C. D.,** Dixon, A., Pedneault, C., Humphreys, T. P., Reesor, A. (October, 2019). A thematic analysis assessing the sexual boundaries of incarcerated men. To be presented at the Canadian Sex Research Forum (CSRF) annual meeting. Victoria, British Columbia.
- 14. Lemay, K. R.\*, McKie, R. M., Levere, D., **Kilimnik, C. D.,** Pednault, C., Reesor, A., & Humphreys, T. P. (May, 2019). Don't ask, don't tell: Lifetime sexual victimization of incarcerated

- men in Ontario. Society for Sex Therapy and Research (SSTAR) annual meeting. Toronto, Ontario.
- 15. Garcia, S. M.\*, **Kilimnik, C. D.**, & Meston, C. M. (March, 2019). Women's perceptions of the impact of early consensual and nonconsensual sexual experiences on their sexual well-being. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
- 16. Johnston, S.\*, Levere, D. D., McKie, R. M., **Kilimnik, C. D.,** Davies, J.\*, Pedneault, C., Humphreys, T. P., & Reesor, A. (November, 2018). Nonconsensual sexual experiences and child abuse rates in incarcerated men in Ontario. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Montreal, Quebec.
- 17. **Kilimnik, C. D.,** Boyd, R. L., Stanton, A. M., & Meston, C. M. (April, 2018). Nonconsensual sexual experiences and sexual self-schemas in women's sexual functioning: The role of self-identification. Society for Sex Therapy and Research (SSTAR) annual meeting. Philadelphia, Pennsylvania.
- 18. Crosby, C. L., **Kilimnik, C. D.,** & Meston, C. M. (February, 2018). Sexual partners and compulsivity: An examination of body esteem in the sexual behaviors of women with and without nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California
- 19. Freihart, B. K., **Kilimnik, C. D.,** Buss, D. M., & Meston, C. M. (February, 2018). Preliminary examinations of a short-form version of the YSEX scale. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California.
- 20. Levere, D. D.\*, McKie, R. M., Kilimnik, C. D., Humphreys, T. P., & Reesor, A. (October, 2017). A qualitative analysis assessing incarcerated men's interest in healthy sexual relationship programs. Do they want them? Canadian Sex Research Forum (CSRF) annual meeting. Fredericton, New Brunswick.
- 21. **Kilimnik, C. D.**, & Meston, C. M. (February, 2017). The role of sexual schemas in the body appraisals and sexual functioning of women with nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
- 22. **Kilimnik, C. D.,** Garcia, S. M.\*, & Meston, C. M. (January, 2017). The role of approach-avoidant temperaments in the relationship between nonconsensual sexual experiences and the sexual self. Society for Personality and Social Psychology (SPSP) annual meeting, San Antonio, Texas.
- 23. McKie, R. M., **Kilimnik**, C. D., Humphreys, T. P., & Travers, R. (November, 2016). An international comparison of the effects of childhood abuse on sexual consent understanding and behaviour. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Phoenix, Arizona
- 24. Bouchard, L. E., Humphreys, T. P., **Kilimnik, C. D.,** & McKie, R. M. (September, 2016). The Sexual Boundaries Scale (SBS): A new measure of perceptions and behaviours surrounding personal sexual limits. Canadian Sex Research Forum, Quebec City, Quebec.
- 25. **Kilimnik**, C. D., Pulverman, C. S., Handy, A. B., & Meston, C. M. (February, 2016). An examination of a continuous measure of subjective sexual arousal in arousal specificity for abused and non-abused women. International Society for the Study of Women's Sexual Health, Charleston, South Carolina.
- 26. Handy, A. B., Stanton, A., **Kilimnik, C. D.**, & Meston, C. M. (February, 2016). Differences in why women with and without sexual dysfunction have sex. International Society for the Scientific Study of Women's Sexual Health, Charleston, South Carolina.
- 27. **Kilimnik**, C. D., & Humphreys, T. P. (October, 2015). The importance of language: Subjective identification of nonconsensual sexual experiences with externally provided labels. Canadian Sex Research Forum (CSRF) annual meeting. Kelowna, British Columbia.

- 28. **Kilimnik, C. D.**, McKie, R. M., & Humphreys, T. P. (August, 2015). Understanding one's sexual self after nonconsensual sexual experiences. American Psychological Association (APA) annual meeting. Toronto, Ontario.
- 29. **Kilimnik**, **C. D.** and Humphreys, T. P. (October, 2014). Understanding sexual consent after a nonconsensual sexual experience: Does subjective identification of the experience matter? Canadian Sex Research Forum annual meeting (CSRF). Kingston, Ontario.
- 30. **Kilimnik, C. D.** and Humphreys, T. P. (October, 2014). Sexual assault prevalence: A comparison of identification and severity differences between a community and university sample. Canadian Sex Research Forum (CSRF) annual meeting, Kingston, Ontario.
- 31. **Kilimnik, C. D.,** McKie, R. M., and Humphreys, T. P. (June, 2014). The impact of a college or university human sexuality course on reactions and exposure to sexually explicit materials: Differences between previous sexual experiences and gender. Annual Guelph Sexuality Conference. Guelph, Ontario.
- 32. McKie, R. M., **Kilimnik, C. D.,** and Humphreys, T. P. (June, 2014). Gender and sexual orientation differences and similarities towards condom use, HIV knowledge, and healthy sexual communication post-completion of a college or university human sexuality course. Annual Guelph Sexuality Conference. Guelph, Ontario.

#### **CLINICAL EXPERIENCE**

2023~present	Private Practice, Chelsea D. Kilimnik, PhD, PLLC
F	https://drchelseakilimnik.com
2021~2023	Postdoctoral Psychologist, Boulder Center for Cognitive & Behavioral Therapies
	Supervisor: Dr. Monika Hauser
2020~2021	Predoctoral Clinical Psychology Intern, National Crime Victim's Research &
	Treatment Center [12-month Rotation], Medical University of South Carolina
2021	Predoctoral Clinical Psychology Intern, High Risk Obstetrics Clinic [6-month
	Rotation], Medical University of South Carolina
2020	Predoctoral Clinical Psychology Intern, Couples Therapy Clinic [6-month Rotation],
	Ralph H. Johnson VA Medical Center, Charleston, South Carolina
2019-20	Graduate Student Clinician, Couples & Sex Therapy [12-month Rotation]
2019-20	Graduate Student Clinician, Anxiety & Stress Clinic [12-month Rotation]
2019-20	Graduate Student Clinician, Juvenile Forensic Assessment [12-month Rotation]
2018-19	Graduate Student Clinician, Travis County Correctional Center [12-month Rotation]
2017-18	Graduate Student Clinician, The Relationship Center [12-month Rotation]
2016-17	Graduate Student Clinician, UT Austin Training Clinic [12-month Rotation]

## **CLINICAL SUPERVISION EXPERIENCE**

2025~present	Supervisor for Clinical Practicum Graduate Students, Raimy Clinic
	University of Colorado Boulder
2023~present	Clinical Supervisor of Graduate Clinical Practitioners – Externship Rotation,
	ABCD Study Research Protocol – Risk Assessment Rotation for Adolescents & Families
	University of Colorado Boulder
2022~23	Supervisor for Clinical Practicum Graduate Students, Raimy Clinic
	University of Colorado Boulder

# TEACHING, LECTURES, AND SEMINARS

## **Instructor:**

2025-26	Clinical Psychology Practicum (graduate level)
2025	Women's Mental Health (undergraduate level)
2024	Women's Mental Health (undergraduate level)
2022	A 1 1/D 1 /1 / 1 / 1

2023 Adult Psychotherapy (graduate level)

2022-23 Clinical Psychology Practicum (graduate level)

2022 Trauma Psychology Seminar (undergraduate and graduate level)

# **Teaching Assistantships:**

#### The University of Texas at Austin

2020	Empirically Supported Treatments (Graduate Level)
2019	Statistics and Research Design
2019	Statistics and Research Design

2018 Advanced Inferential Statistics (graduate Level)

2018 Introduction to Human Sexuality

2017 Advanced Inferential Statistics (graduate Level)

2017 Introduction to Psychology2017 Introduction to Human Sexuality

2016 Psychoquantology

2016 Introduction to Human Sexuality
 2015 Introduction to Child Development

## Trent University

2015	Introduction to	Social Ps	vchology

2014 Human Sexuality
2014 Intimate Relationships
2013 Emotion and Motivation

## **Guest Lectures:**

# Department of Psychology

The University of Texas at Austin

2019	Diversity in Clinical Practice, "Research, ethical, and practice issues with low SES clients
	and those in poverty" (Graduate Level)
2019	Introduction to Human Sexuality, "Sexual Orientation and Gender Identity"
2018	Diversity in Clinical Practice, "Research, ethical, and practice issues: Low SES clients
	and those in poverty" (Graduate Level)
2019	Introduction to Human Savuality, "Savual Orientation and Gondar Identity"

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2018	Introduction to Human Sexuality, "Sexual Orientation and Gender Identity"
2017	Introduction to Human Sexuality, "Sexual Orientation and Gender Identity"
2016	Introduction to Human Sexuality, "Sexual Orientation and Gender Identity"

## Department of Counseling

St. Edwards University

2018 Sex and Couples Therapy, "Considerations in Sex Therapy: Nonconsensual Sexual

Experiences and Sexual Trauma" (Graduate Level)

Department of Psychology

University of Guelph

Sex Therapy, "Working with Intimacy in the Context of Sexual Trauma"

2017 Advanced Research & Methods, "Automatic Text Analysis"

2016 Couple and Family Relationships, "Consent, Coercion, Assault, and Abuse"

Department of Psychology

Trent University

2014 Human Sexuality, "Medicalized Sexual Functioning"

2014 Intimate Relationships, "Intimate Partner Violence and Conflict"

## **Knowledge Translation Talks:**

Seminar for Clinical Psychologists

Boulder Center for Cognitive and Behavioral Therapies

Working with Sexualized Violence: Practice Implications and Research Findings

Public Workshop & Lecture The Center for Relationships

2018 Reclaiming Your Sexual Self After Negative Sexual Experiences

Women in Psychology

The University of Texas at Austin

2017 Graduate Psychology Trajectories, Clinical Graduate Student Representative

Texas Women of Excellence The University of Texas at Austin

Mental Health and Self-Image Panel, Sexual Health Expert

#### **Media Dissemination**

2024	CU Boulder Today, <i>How new Title IX rules could boost mental health for LGBTQ+</i>
	students. Article issued July 8, 2024. https://www.colorado.edu/today/2024/07/08/how-
	new-title-ix-rules-could-boost-mental-health-lgbtq-students.
2021	Very Bad Therapy Podcast, Episode 94. Trauma-Uninformed Therapy (with Dr. Chelsea
	Kilimnik). Aired October 25, 2021.
2020	Small Talk Radio KVRX 97.1 FM, Sexualized violence experiences and identification.
	Aired November 20, 2020.
2019	Community Psychologist, Preventing future crime by addressing childhood sexual abuse
	and later nonconsensual sexual experiences in a community context. Article issued
	March 1, 2019
2019	Sunday Night Health Show with Maureen McGrath, Sexual Abuse Related Distress,
	Neurotransmitters, & Orgasms. Aired February 4, 2019.
2018	UT Research Showcase, How women define their sexual histories affects how they are
	influenced by them, Study. Article issued July 9, 2018.

## **OTHER POSITIONS & ROLES**

2025~present	CU Boulder, Psychology Honors Committee, Representative
2025~present	CU Boulder, Equity, Diversity, and Inclusion (EDI) Committee
2023~present	Canadian Sex Research Forum, Chair of the Justice, Equity, Diversity, & Inclusion
	(JEDI) Committee & Executive Committee JEDI Representative
2022~present	CU Boulder, Research & Innovation Office Internal Advisory Board, Member
2023~2025	CU Boulder, Committee for Undergraduate Education (CUE)
2022~2023	CU Boulder, Psychology Honors Committee, Representative

# PROFESSIONAL AFFILIATIONS

2022~present	Research Society on Alcohol (RSA)
2019~present	American Psychological Association (APA), Div. 43, Society for Couple and Family
Therapy	
2016~present	International Society for Traumatic Stress Studies (ISTSS)
2014~present	Sexual Information and Education Council of Canada (SIECAN)
2014~present	American Psychological Association (APA), Div. 56, Trauma Psychology
2014~present	Society for Sex Therapy and Research (SSTAR)
2013~present	Society for the Scientific Study of Sexuality (SSSS)
2012 ~present	Canadian Sex Research Forum (CSRF)
2012~present	American Psychological Association (APA), Div. 35, Psychology of Women