

ANDREW J. SMITH, PhD
Curriculum vitae

andrew.j.smith@hitchcock.org

Google Scholar: <https://scholar.google.com/citations?user=IVyur2UAAAAJ&hl=en>

Research Gate: https://www.researchgate.net/profile/Andrew_Smith87

Pat Tillman Foundation Profile: <http://pattillmanfoundation.org/scholar/andrew-smith/>

EDUCATION

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| 2017 | PhD, Virginia Tech, Blacksburg, VA
Clinical Psychology (APA and PCSAS Accredited) |
| 2011 | MA, University of Colorado, Colorado Springs, CO
Clinical Psychology (APA Accredited) |
| 2008 | BS, Penn State University, University Park, PA
Rehabilitation Services, Minor in Psychology |

LICENSURE

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| 01/2022— | Licensed Psychologist, New Hampshire |
| 11/2017— | Licensed Psychologist, Utah |
| 01/2022— | National Registry of Health Services Psychologists |

PROFESSIONAL POSITIONS & AFFILIATIONS

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| 01/2022— | Assistant Professor
Department of Psychiatry
Geisel School of Medicine at Dartmouth
Dartmouth-Hitchcock Medical Center |
| 08/2020— | Associate Research Professor
Lyda Hill Institute for Human Resilience
University of Colorado Colorado Springs |
| 01/2022— | Adjunct Assistant Professor
University of Utah School of Medicine, Dept of Psychiatry
Huntsman Mental Health Institute |
| 07/2021—01/2022 | Assistant Professor, Tenure Track
Founder & Director, Occupational Trauma Program
University of Utah School of Medicine, Dept of Psychiatry
Huntsman Mental Health Institute |
| 09/2018— 07/2021 | Instructor, Tenure-Track
Founder & Director, Occupational Trauma Program
University of Utah School of Medicine, Dept of Psychiatry
University Neuropsychiatric Institute |

- 09/2018—12/2021 **Health Psychologist**
Primary Care Mental Health Integration and Whole Health Program VA Salt Lake City Healthcare System
- 07/2021—01/2022 **Adjunct Assistant Professor**
Department of Psychology
University of Utah
- 09/2017— 09/2018 **Postdoctoral Research Fellow**
University of Utah School of Medicine, Dept of Psychiatry
University Neuropsychiatric Institute
Focus: Cognitive Neuroscience, Neuroimaging, and Neuropsychology
- 08/2016— 08/2017 **Clinical Psychology Intern (APA Accredited)**
Veterans Affairs Salt Lake City Healthcare System
Rotations: Medical Psychology; Physical Medicine and Rehabilitation; Clinical Neuropsychological Assessment; Outpatient Psychotherapy; Inpatient Psychiatric Unit; Residential Substance Abuse Rehab Therapy Program
- 2011 – 2016 **Graduate Research Assistant, Virginia Tech,**
Stress and Coping Lab, Adviser: Russell T. Jones, PhD
- 2011 – 2016 **Graduate Teaching Assistant, Virginia Tech**
- May '13 – Dec '13 **Clinical Externship: Salem VA Medical Center, Salem, VA**
Center for Traumatic Stress & Center for Neurocognitive Services
Supervisors: Dana R. Holohan, PhD & Brian Shenal, PhD, ABPP-CN
- 2012 – 2015 **Clinical Externship Practicum: Lewis-Gale Medical Center, Salem, VA**
Physical Medicine and Rehabilitation Unit, Neuropsychology
Supervisor: David W. Harrison, PhD, ABPP-CN
- 2012 – 2015 **Outpatient Practice Manager and Chief Neuropsychology Technician**
Neuropsychological and Counseling Services, Salem, VA
Supervisor: David W. Harrison, PhD, ABPP-CN
- 2010 – 2015 **Practicum Student, Virginia Tech & University of Colorado**
Clinical Neuropsychology; Trauma Spectrum Disorders; Family Systems and Interpersonal Process; Interpersonal Process and CBT Approaches
Supervisors: Russell T. Jones, PhD; Lee D. Cooper, PhD; David W. Harrison, PhD, ABPP-CN; Z. Benek Altayli, PsyD
- 2009 – 2011 **Graduate Research Assistant, University of Colorado**
Adviser: Charles C. Benight, PhD
- 2008 – 2009 **Professional Public Speaker**
Monster Inc., Making it Count, Pittsburgh, PA
- 2007 – 2008 **Undergraduate Research Assistant, Penn State**
Adviser: Susan Woodhouse, PhD
- 2005 – 2008 **Military Veterans Counselor**
Office of Veterans Programs at Penn State University, University Park, PA
- 2001 – 2005 **Enlisted Soldier, U.S. Army, 601st ASB, 1st Infantry Division**
Primary Duty Station: Ansbach, Germany
Diesel mechanic, welder, vehicle & equipment recovery specialty

HONORS & AWARDS

2018 – 2020	National Institutes of Health Loan Repayment Program Award
2018	Awarded an NIH funded scholarship to attend the Training Course in fMRI, University of Michigan
2014 – 2016	Tillman Military Scholar, Pat Tillman Foundation
2016	Professional Development Award, Pat Tillman Foundation
2014	APA Division 19 Student Research Grant (Military Psychology Division)
2014	Finalist for Outstanding Doctoral Student, College of Science, Virginia Tech
2014	Virginia Tech Psychology Department nominee for American Psychological Foundation COG/DOP Graduate Student Research Grant
2013 & 2015	Virginia Tech Graduate School Travel Fund Award
2012 – 2015	Virginia Tech Department of Psychology Travel Fund Award
2012	Award of Excellence, Graduate Student Research Symposium, 1 st Place at 28 th annual meeting of the GSA, Virginia Tech
2011	Outstanding Graduate Student of the Year, Psychology Department, University of Colorado
2005 – 2008	5 times Dean's List honors, The Pennsylvania State University
2004	Army Commendation Medal, Army Achievement Medal, Army Good Conduct Medal

RESEARCH & CLINICAL INTERESTS

Culturally palatable clinical interventions in stress and coping contexts. I am interested in how humans adapt to stress and trauma, in a multitude of contexts: military combat, healthcare settings, emergency response settings, natural disasters, and mass community level violence. My clinical experience is in a variety of settings including embedded health psychology, integrated primary care, outpatient, inpatient, and residential settings in a variety of contexts including Veterans Affairs Medical Centers, Academic Medical Centers, and Tertiary Care Medical Centers. My current foci and interests include occupational stress and health, developing brief/culturally palatable interventions, population health management, and nudging health behaviors. Currently, I have a number of ongoing projects or recently completed projects focused on resilience among occupationally traumatized/stressed groups.

(1) Principal investigator of a seven-wave longitudinal study (beginning April 1 of 2020, with most recent data cache in May of 2021) modeling risk and resilience among healthcare providers and emergency responders in response to the COVID-19 pandemic. We have developed a systematic approach to publishing research that benefits both the pandemic recovery process and theory/evidence on human resilience in general. At current time, we have published two peer reviewed papers in leading journals, with three more under review, and grant preparations underway based on these data.

(2) Principal investigator on a FEMA funded project to design and deliver a novel health-psychology focused risk monitoring and referral system for emergency responders via telehealth. We have completed delivery of this access and utilization focused system with the partnering fire department, and currently have a manuscript in progress to describe how this program can be scaled and funded in other emergency responder departments.

(3) Principal investigator on a Utah state funded project to study stress and decision-making flexibility among law enforcement officers. This study uses a cardiovascular behavioral health approach that integrates biological stress markers (salivary cortisol; heart rate variability; respiratory rate), sleep measures, and daily ecological momentary assessments (cognitions about stress, coping, social cohesion).

Recruitment goal is on track to be met, having run approximately 15 law enforcement officers through the study thus far (target N = 25), including representative female and racial minorities to develop our understand of these unique subgroups within law enforcement.

(4) Principal investigator on a study involving the design of a novel intervention for social isolation and loneliness among occupationally traumatized populations (healthcare workers, veterans, emergency responders). A novel sample of 16 pilot patients (veterans and emergency responders) have completed, and a manuscript is currently in preparation to publish findings. This intervention is also being administered among traumatic injury patients as part of Dr. Kristi Samuelson's ongoing grant/project.

Evidence-based clinical training:

- Primary Care Mental Health Integration (Certification via VA Training)
- Third Wave CBT: Motivational Interviewing, Acceptance and Commitment Therapy, Dialectical Behavioral Therapy
- Cognitive Behavioral Therapy (CBT) for trauma-related disorders, including Prolonged Exposure, Cognitive Processing Therapy, Trauma-Focused CBT
- Neuropsychology Assessment in a variety of settings, including the VA Salt Lake City Healthcare System (Medical Psychology; Consult Liaison; Inpatient Psychiatry), Tertiary Care Medical Center (Lewis-Gale Medical Center in Salem, VA), and Medical School (U of Utah School of Medicine)
- CBT for a variety of conditions, including chronic pain, personality disorders, & substance use disorders
- Group psychotherapy (from CBT, ACT, DBT, skill building, and interpersonal process approaches)

GRANT FUNDING ACTIVITY

Active Grant 2019/2022	Law Enforcement Mental Health and Wellness Act Grant (\$50,000) Title: <i>Decision Making Flexibility Under Duress among Line-of-Duty Police Officers</i> Role: Principal Investigator (United Police Department; co-I Langenecker)
Active Contract 2019—2022	Federal Emergency Management Agency (\$462,000) Title: Stepped Care for Mental Health Risk and Trauma Treatment among First Responders Role: Principal Investigator (United Fire Authority)
2018 – 2020	Grant Awarded: National Institutes of Health Loan Repayment Program Title: <i>Cognitive Flexibility and Social Cognition Among Treatment-Resistant Trauma Survivors</i> Role: Principal Investigator
2018 – 2019	Grant Awarded: Dean's Discovery Fund Award, Virginia Tech (\$20,000) Title: <i>Long-Term Neurobehavioral and Psychosocial Impacts of a Mass Shooting</i> Role: Co-Investigator (co-PIs: Russell T. Jones, Bruce Friedman)
2017 – 2018	Grant Awarded: Adaptive Brain and Behavior Grant, Virginia Tech (\$10,000) Title: <i>Long-Term Neurobehavioral and Psychosocial Adaptions Following the Virginia Tech Shootings: A Ten-year Follow-up</i> Role: Co-Investigator (PI: Russell T. Jones)
2014 – 2016	Grant Awarded (Completed): Tillman Military Scholar, awarded by the Pat Tillman Foundation, selected to the 6 th class of scholars, funding mechanism with a <5% selection rate (\$20,000)
2014 – 2015	Grant Awarded (Completed): APA Division 19 Student Research Grant (Military Psychology Division) (\$1500) Title: <i>Understanding Adaptation Among Veterans Seeking PTSD Treatment: Application of Post-Deployment Coping Self-Efficacy</i> Role: Principal Investigator

PUBLICATIONS

* = graduate student or resident mentee/ advisee

+ = co-first authorship

- Smith, A. J.** & Ricca, B. (in preparation). A pilot intervention for targeting problems with social connectedness in clinical settings. Target Journal: *Behavior Therapy*
- Griffin, B., Coyle, P., *Weber, M., Maguen, S., Pyne, J., *Wright, H., Love, T., Benight C. C., Langenecker, S., & **Smith, A. J.** (in preparation). Anxiety and Occupational Functioning among Healthcare Workers across 12-months of the pandemic. Target Journal: *Journal of Occupational Health Psychology*
- *Weber, M., **Smith, A. J.**, *Wright, H., Jones, R. T., Johnson, A., Holmes, G., Maguen, S., Pyne, J., & Griffin, B. (under review). Measuring moral distress and the pandemic among teachers, emergency responders, and healthcare providers. Target Journal: *Psychological Trauma: Theory, Research, Practice and Policy*
- *Wright, H., *Fuessel-Hermann, D., *Pazdera, M., *Lee, S., *Pazdera, M., *Dillahunt, A., *Schubert, B., *Farstead, B., Ridge, B., Konopacki, K., Kim, J., Hilton, L., Greensides, M., Pilgrim, R., Langenecker, S., & **Smith, A. J.** (Under Review). Preventative stepped care in first responder mental health: Focusing on access, acceptability, and utilization via telehealth. Target Journal: *Frontiers in Health Services*.
- *Ehman, A., **Smith, A. J.**, *Wright, H., Benight, C. C., Maguen, S., Pyne, J. M., Cooney, N., & Griffin, B. J. (under review). Exposure to potentially morally injurious events and mental health outcomes among frontline workers affected by COVID-19. *Journal of Clinical Psychology*.
- Griffin, B. J., Pyne, J. M., **Smith, A. J.**, Usset, T., Harris, I. J., Cooney, N., Messias, E., Cucciare, M. A., & Maguen, S. (revise and resubmit). Moral injury among first responders during the coronavirus pandemic. Manuscript under editorial review. *Journal of Clinical Psychology*.
- Smith, A. J.**, Shoji, K., Griffin, B., Sippel, L., Dworkin, E. R., Love, T., *Wright, H., Morrow, E., Locke, A., Langenecker, S. A., & Benight, C. C. (revise and resubmit). Social cognitive resilience mechanisms among healthcare workers across the first wave of the pandemic. Target Journal: *Social Psychiatry and Psychiatric Epidemiology*
- Smith, A. J.**, *Wright, H., Griffin, B., *Ehman, A., Shoji, K., Love, T. M., Morrow, E., Locke, A., Call, M., Kerig, P. K., Olf, M., Benight, C. C., & Langenecker, S. A. (2021). Mental health risks differentially associated with immunocompromised status among healthcare workers and family members at the pandemic outset. *Brain, Behavior, and Immunity-Health*
- Olf, M., Primasari, I., Qing, Y., Coimbra, B., Hovnanyan, A., Grace, E., Hoeboer, C., & **Global Collaboration on Traumatic Stress-Consortium** (2021). Mental Health Responses to COVID-19 around the World. *European Journal of Psychotraumatology*. doi: 10.1080/20008198.2021.1929754
- *Wright, H., Griffin, B., Shoji, K., Love, T., Langenecker, S., Benight, C., & **Smith, A. J.** (2021). Pandemic-Related Mental Health Risk among Frontline Personnel. *Journal of Psychiatric Research*. doi: 10.1016/j.jpsychires.2020.10.045
- +Shoji, K., +**Smith, A. J.**, Sano, R., Samuelson, K., & Benight, C. C. (2020; + = co-first authors). Social engagement, self-efficacy, and posttraumatic stress symptoms across 6 months of psychotherapy. *Journal of Clinical Psychology*. doi: 10.1002/jclp.23034
- *Marzalek, D., Martinson, A., **Smith, A. J.**, Marchand, W., Sweeney, C., Carney, J., Lowery, T., & Clint-Lont, J. (2020). Examining the effect of a whole health primary care pain education and opioid monitoring program on implementation of VA/DoD-recommended guidelines for long-term opioid therapy in a primary care chronic pain population. *Pain Medicine*
- Canada, K., **Smith, A. J.**, & Peters, C. (2020). Mental health, social support, and coping among military veterans: The moderating role of arrests. *Military Behavioral Health*. doi: 10.1080/21635781.2020.1742820

- Smith, A. J.,** Holohan, D., & Jones, R. T. (2019). Emotion regulation difficulties and social cognitions predict PTSD severity and quality of life among treatment seeking combat veterans. *Military Behavioral Health*. doi:10.1080/21635781.2018.1540314
- Smith, A. J.,** Weisenbach, S. L., & Jones, R. T. (2018). Cynicism among veterans who struggle to adapt in post-combat contexts: Towards an understanding of adaptive functions and maladaptive consequences. *Traumatology*, 24, 17-26. doi:10.1037/trm0000127
- LaRocca, M. A., Scogin, F. R., Hilgeman, M. M., **Smith, A. J.,** & Chaplin, W. F. (2018). The impact of posttraumatic growth, transformational leadership, and self-efficacy on psychological symptoms among combat veterans. *Military Psychology*. doi: 10.1080/08995605.2018.1425073
- Turner, K. A., **Smith, A. J.,** Jones, R. T., & Harrison, D. W. (2018). Adapting cognitive processing therapy to treat co-occurring posttraumatic stress disorder and mild traumatic brain injury: A case study. *Cognitive and Behavioral Practice*. doi: 10.1016/j.cbpra.2017.06.003a
- Smith, A. J.,** Layne, C.M., Coyle, P., Kaplow, J., Brymer, M., Pynoos, R., & Jones, R. T. (2017). Predicting grief reactions one year following a mass university shooting: Evaluating dose-response and contextual predictors. *Violence and Victims*. doi: 10.1891/0886-6708.VV-D-16-00043
- Smith, A. J.,** Felix, E., Benight, C. C., & Jones, R. T. (2017). Protective factors, coping appraisals, and social barriers predict mental health following community violence: A prospective test of social cognitive theory. *Journal of Traumatic Stress*, 30, 1-10. doi:10.1002/jts.22197
- Smith, A. J.,** Campbell, R. W., Harrison, P. K., & Harrison, D. W. (2016). Functional cerebral space theory: Towards an integration of theory and mechanisms of left hemineglect, anosognosia, and anosodiaphoria. *NeuroRehabilitation*, 38, 147-154, doi: 10.3233/NRE-161304
- Sullivan, C., **Smith, A. J.,** Lewis, M., Hughes, M., & Jones, R. T. (2016). A network analysis of PTSD symptoms after a mass shooting. *Psychological Trauma: Theory, Research, Practice, and Policy*. doi:10.1037/tra0000237
- Sullivan, C., Muskett, A., **Smith, A. J.,** & Jones, R. T. (2016). Aggression in children and adolescents following a residential fire: The longitudinal impact of PTSD re-experiencing symptoms. *Journal of Child and Adolescent Trauma*. doi:10.1007/s40653-016-0129-5
- Harrison, K. P., Campbell, R. W., **Smith, A. J.,** Mitchell, G. A., Walters, R. P., & Harrison, D. W. (2016). Frontal lobe regulatory control mechanisms: Evidence for diminished frontal capacity in hostile violence-prone men. *Acta Neuropsychologica*, 14(1), 47-57.
- Smith, A. J.,** Abeyta, A., Hughes, M., & Jones, R. T. (2015). Persistent grief in the aftermath of mass violence: The predictive roles of posttraumatic stress symptoms, self-efficacy, and disrupted worldview. *Psychological Trauma: Theory, Research, Practice, and Policy*, 7, 179-186. doi: 10.1037/tra0000002
- Smith, A. J.,** Donlon, K., Anderson, S. R., Hughes, M., & Jones, R. T. (2015). When seeking influences believing and promotes posttraumatic adaptation. *Anxiety, Stress, & Coping*, 28, 340-356. doi:10.1080/10615806.2014.969719
- Bukvic, A., **Smith, A. J.,** & Zhang, A. (2015). Evaluating drivers of relocation in Hurricane Sandy affected coastal communities. *International Journal of Disaster Risk Reduction*, 13, 215-228. doi:10.1016/j.ijdr.2015.06.008
- Donlon, K., **Smith, A. J.,** Hildebrand, A., & Marsac, M. (2015). Posttraumatic stress in school-age children and adolescents: Medical providers' role from diagnosis to optimal management. *Journal of Pediatric Health, Medicine and Therapeutics*, 6, 167-180. doi:10.2147/PHMT.S68984
- Wusik, M., **Smith, A. J.,** Jones, R. T., & Hughes, M. (2015). Dynamics among posttraumatic stress symptoms, forgiveness for the perpetrator, and posttraumatic growth following collective trauma. *Journal of Community Psychology*, 43, 389-394. doi:10.1002/jcop.21686
- Immel, C. S., Jones, R. T., & **Smith, A. J.** (2014). Predicting protective factors of physical and mental health for survivors of residential fire. *Fire Technology*, 50, 1077-1087. doi:10.1007/s10694-013-0328-7

Smith, A. J., Benight, C. C., & Cieslak, R. (2013). Social support and post-deployment coping self-efficacy as predictors of posttraumatic distress among combat veterans. *Military Psychology, 25*, 452-461.
doi:10.1037/mil0000013

Book Chapters

Smith, A. J., & Hughes, M. (2016). Challenges to the empirical investigation of mass shootings. In L. C. Wilson (Ed.), *Handbook of the Psychology of Mass Shootings* (pp. 3-19). Hoboken, NJ: John Wiley & Sons, Inc.

Smith, A. J., Donlon, K., Wusik, M. F., & Jones, R. T. (2016). Mental health service utilization following mass shootings. In L. C. Wilson (Ed.), *Handbook of the Psychology of Mass Shootings* (pp. 312-330). Hoboken, NJ: John Wiley & Sons, Inc.

Other Commentary/Editorial Publications

Smith, A. J. (2017). Approaching cynicism as functional, maladaptive, and changeable is crucial to the longitudinal health trajectories of OEF/OIF/OND Veterans. *Stress Points: International Society for Traumatic Stress Studies, 31*(6).

Smith, A. J., & Blevins, C. E. (2012). Student perspectives I: Self-efficacy – the foundation for a work-life balance. *Clinical Science: Society for the Science of Clinical Psychology, 15*(3), 11-14.

Professional Presentations

Chaired symposia and panels

Smith, A. J. (Chair), Griffin, B., Weiss, N., & Benight, C. C. (Nov 2021). *Resilience happens in community contexts: Harnessing social networks and community resources for pandemic recovery*. Accepted for presentation at the 37th annual conference of the International Society for Traumatic Stress Studies, virtual.

Smith, A. J. (Chair), Ghafoori, B., Benight, C., Dyb, G., & Olf, M., (Nov 2019). *Targeting core capacity, resilience, and patient-centered factors that drive trauma adaptation*. Panel presented at the 34th annual conference of the International Society of Traumatic Stress Studies, Boston, MA.

Smith, A. J. (Chair), Samuelson, K., Bartel, A., & Aupperle, R. (Nov 2017). *Perception and processing of the self among PTSD affected individuals: Contributions of neurocognitive functioning and social-cognition to functional outcomes*. Symposium presented at the 33rd annual conference of the International Society of Traumatic Stress Studies, Chicago, IL.

Smith, A. J., (Chair), Woodward, M., Elliot, T., Roberge, E., & Morissette, S. (Nov 2016). *Diverse approaches to understanding post-combat adaptation among OEF/OIF/OND Veterans: Integrating social, cognitive, affective, and trait-based factors*. Symposium presented at the 32nd annual conference of the International Society for Traumatic Stress Studies, Dallas, TX.

Smith, A. J. (Chair), Benight, C. C., van der Velden, P., Shoji, K., & Kaniasty, K. (Nov 2015). *Leveraging basic science evidence for application in trauma intervention: The role of self-regulatory coping appraisals*. Symposium presented at the 31st annual Conference of the International Society for Traumatic Stress Studies, New Orleans, LA.

Smith, A. J. (Chair), Benight, C. C., Lanius, R., D'Andrea, W., Frewen, P., & Yehuda, R. (Nov 2014). *Social cognitive and affective neuroscience: Bridging theory and research for clinical application*. Panel presented at the 30th annual Conference of the International Society for Traumatic Stress Studies, Miami, FL.

Smith, A. J. (Chair), Amatya, K., Donlon, K., Anderson, S., & Jones R. T. (Nov 2013). *Longitudinal adaptation to the Virginia Tech shootings: Understanding complicated grief, coping self-efficacy, posttraumatic growth, and multicultural barriers to treatment*. Symposium presented at the 28th annual conference of the International Society for Traumatic Stress Studies, Los Angeles, CA.

Smith, A.J. (Chair), Jones, R. T., Benight, C.C., Altayli, Z. B., & Friedman, M. J. (Nov 2012). *Developing a balanced work-life ethos: Mechanisms, strategies, and anecdotes from the experts on how to maintain mental and physical health for graduate school and beyond*. Panel presented at the 28th Annual conference of the International Society for Traumatic Stress Studies, Los Angeles, CA.

Oral presentations in symposia, panels, and events.

Smith, A. J., Griffin, B., Wright, H., Shoji, K., Love, T., Kerig, P., Olf, M., Benight, C., & Langenecker, S. (Nov 2021). *Stress-related mental health risks differentially associated with pandemic stressors at the outset of the pandemic*. In A. Holman (Chair) symposium titled 'Voices from the Field: Essential Workers Risk and Resilience in the Global Pandemic, accepted for presentation at the 37th annual conference of the International Society for Traumatic Stress Studies, virtual.

Smith, A. J. (Sept 2021). *Targeting social functioning in veteran health care is necessary and possible*. Invited grand rounds presented to the Mental Health Service Line at the Maine VA Healthcare System.

Smith, A. J. (June 2021). *Harnessing recovery capital to meet resilience challenges in the post-pandemic recovery era*. Invited keynote address presented at the 3i (Immunology, Inflammation, and Infectious Disease) Covid-19 Symposium at the University of Utah.

Smith, A. J., & Ricca, B. (May 2021). *Non-linear dynamics to guide how we change social functioning in clinical practice: Grounding research in practice and vice-versa*. Seminar presented at the Lyda Hill Institute for Human Resilience.

Smith, A. J. (May 2021). *Social connectivity as a changeable treatment target: Orienting veterans towards pro-social goals despite barriers to connection*. Invited grand rounds presented to the Mental Health Service Line at the VA Salt Lake City HCS.

Myer, K., Densley, J., Friedrichs, M., Hunsiker, J., Connely, J., & **Smith, A. J.** (May, 2021). *Lighting round: Riding the Covid-19 train and it's impact on specific communities and our search for the new normal*. Invited panelist, annual meeting of the Generations conference, a partnership of the Huntsman Mental Health Institute and the Utah Division of Substance Abuse and Mental Health.

Smith, A. J. (2019, November). *Harvesting social connectivity as a functional, valuable, renewable resource*. Invited grand rounds presented to the Mental Health Service at the VA Medical Center, White River Junction, VT.

Smith, A. J. (2019, November). *Building lives of meaning and purpose: Transcending the legacy of pathology towards wholistic wellness*. Invited symposium presented at the 2nd International Symposium 'Nature's Grace: America's Veterans and the Health Power of Nature,' University of Utah, Salt Lake City, UT.

Smith, A. J. (2019, April). *Evidence-based detection and care for victims of sexual abuse*. Invited lecture presented at the American Chiropractic Board of Sports Physicians 'Chiropractic Sports Sciences Symposium,' on behalf of the United States Olympic Committee, Salt Lake City, UT.

Smith, A. J. (2018, November). *Identifying and managing psychological trauma and its consequences in healthcare systems*. Invited lecture presented at the "Summit on Sexual Abuse in Sport: Building Action Plans for Healthcare Providers." On behalf of the United States Olympic Committee and U.S. Coalition for the Prevention of Illness and Injury in Sport, Pittsburgh, PA.

Smith, A. J., & Holohan, D. R. (2017, November). Effects of PTSD symptoms on depression and quality of life: Altered social-cognition and self-perception as delivery mechanisms. In A. J. Smith (Chair), *Perception and processing of the self among PTSD affected individuals: Contributions of neurocognitive functioning and social-cognition to functional outcomes*. Symposium presented at the 33rd annual conference of the International Society of Traumatic Stress Studies, Chicago, IL

Smith, A. J., Felix, E., Benight, C. C., & Jones, R. T. (2016, November). Social-cognitive dynamics that influence adaptation following mass community violence. In E. Felix (Chair), *The influence of social resources on adjustment following mass tragedy*. Symposium presented at the 32nd annual conference of the International Society for Traumatic Stress Studies, Dallas, TX.

- Smith, A. J.,** Holohan, D. R., & Jones, R. T. (2016, November). Emotion dysregulation, coping appraisals, and negative worldview in the post-combat adaptation process among treatment seeking OEF/OIF Veterans. In A. J. Smith (Chair), *Diverse approaches to promoting post-combat adaptation: Applying social, cognitive, affective, and trait-based factors*. Symposium presented at the 32nd annual conference of the International Society for Traumatic Stress Studies, Dallas, TX.
- Smith, A. J.** (2016, October). *Moving beyond the medical model to empower veterans: Towards approaches that emphasize adaptation and meaningful living*. Internship presentation to at the VA Salt Lake City Healthcare System in Salt Lake City, UT.
- Smith, A. J.** (2016, April). *Enabling the next great generation of warriors: Towards approaches that harness strengths and address vulnerabilities within the OEF/OIF veteran community*. Invited keynote address presented at 'An Evening with the Veterans Health and Trauma Clinic,' University of Colorado Colorado Springs.
- Turner, K., **Smith, A. J.,** Jones, R. T., & Harrison, D. W. (2016, March). *Treatment for co-occurring mild traumatic brain injury and PTSD: Adapting Cognitive Processing Therapy to manage idiosyncratic client difficulties*. Presented at the annual Brain Injury Association of Virginia, Richmond, VA.
- Smith, A. J.,** & Jones, R. T. (2015, November). How does seeking social support improve mental health functioning? Self-regulatory mechanisms and hope for collectively traumatized communities. In A. J. Smith (Chair), *Leveraging basic science evidence for application in trauma intervention: The role of self-regulatory coping appraisals*. Symposium presented at the 31st annual conference of the International Society for Traumatic Stress Studies, New Orleans, LA.
- Smith, A. J.,** Layne, C.M., Kaplow, J., Brymer, M., Hughes, M., Pynoos, R., & Jones, R. T. (2015, November). Relationship dynamics and grief following mass-violence: Uncovering the roles of closeness to the deceased, peri-traumatic threats, and social support. In J. B. Kaplow (Chair), *Relational aspects of grief and mourning: Clinical implications for bereaved children, adolescents, and adults*. Symposium presented at the 31st annual conference of the International Society for Traumatic Stress Studies, New Orleans, LA.
- Smith, A. J.,** Campbell, R., Turner, A., Jones, R. T., & Harrison, D. W. (2015, March). *Assessing and treating co-occurring PTSD and TBI: Hypothesis testing and localization in the diagnostic and treatment process*. Presentation at the annual conference of the Brain Injury Association of Virginia, Richmond, VA.
- Smith, A. J.,** Abeyta, A., Hughes, M., & Jones, R. T. (2014, November). Self-regulatory cognitive mechanisms linking posttraumatic stress and persistent grief following a school shooting. In M. Claycomb (Chair), *Bereavement, grief, and trauma assessment*. Symposium presented at the 30th annual conference of the International Society for Traumatic Stress Studies, Miami, FL.
- Smith, A. J.,** Donlon, K., Anderson, S. R., Hughes, M., & Jones, R. T. (2014, August). *When seeking influences believing and promotes posttraumatic adaptation*. Presented at the 6th annual Clinical Research Fair, Virginia Tech, Blacksburg, VA.
- Hughes, M., **Smith, A. J.,** Wusik, M. F., & Jones, R. T. (2014, June). *Posttraumatic growth and trauma-related impairment in the aftermath of the shootings at Virginia Tech in April 2007*. Presented at the 14th annual International Conference on Social Stress Research, Vancouver, BC.
- Smith, A. J.,** Anderson S., Hughes, M., & Jones, R. T. (2012, November). Those who seek do not necessarily find: PTSD symptom severity as a moderator of the relationship between social support seeking and coping self-efficacy. In A. J. Smith (Chair), *Longitudinal adaptation to the Virginia Tech shootings: Understanding complicated grief, coping self-efficacy, posttraumatic growth, and multicultural barriers to treatment*. Presented at the 28th annual conference of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Smith, A. J.** (2012, March). *Coping self-efficacy, social support processes, and traumatic stress related outcomes across trauma typologies*. Series of original research studies presented at the Virginia Tech Psychology Department Clinical Colloquium Series, Blacksburg, VA.
- Smith, A. J.** (2012, August). *A clinical case for thorough neuropsychological assessment, clinical interview, & behavioral observations in the diagnostic & therapeutic process*. Invited visiting scholar case presentation at the University of Colorado, Colorado Springs, CO.

Poster presentations

- Smith, A. J.**, Shoji, K., Griffin, B. J., Love, T. M., Benight C. C., & Langenecker, S. A. (2021, April). *Resilience Mechanisms Among Healthcare Workers Across the First Three Months of the Pandemic*. Poster abstract published in *Biological Psychiatry*, 89, S109.
- Thomas, L., Schreiner, M. W., Bessette, K., Easter, R., Dillahunt, A., Frandsen, S., Schubert B., Farstead, B., Crowell, S., **Smith, A.J.**, Phan, K. L., Klumpp, H., Welsh, R., & Langenecker, S. (2021, May). *Resting-state connectivity features of resilience to childhood maltreatment in those with and without a history of mood disorder*. Poster abstract published in *Biological Psychiatry*, 89, S177.
- Kim, J., Lee, S., Pfau, N., Mitamura, M., Jacobson, T., Jeong, G., Germain, J., Bradford, A., **Smith, A. J.**, & Koppelmans, V. (2021, April). *The Double Burden of Depression and Social Isolation in Older Adults during the COVID-19 Pandemic*. Poster abstract published in *The American Journal of Geriatric Psychiatry*, 29(4), S108-S109.
- *Schubert, B., Shoji, K., & **Smith, A. J.** (2020, November). *Culturally Flexible Stepped-Trauma Treatment: Separating Functioning Noise from the PTSD Signal is Possible and Valuable*. Poster presented to at the 36th Annual Meeting of the International Society of Traumatic Stress Studies, Remote/Online.
- Layne, C., **Smith, A. J.**, & Shoji, K. (2020, November). How do pre-war and war-time exposure cascade forward? Symposium submitted in In C. Layne (chair) ‘*Cascading effects of war exposure and displacement*’ to the 36th annual conference of the International Society of Traumatic Stress Studies, Atlanta, GA.
- Smith, A. J.**, Shoji, K. (2020, November). Culturally Flexible Stepped-Trauma Treatment: Separating Functioning Noise from the PTSD Signal is Possible and Valuable. Symposium submitted in B. Ghafoori’s (chair) ‘*Novel approaches to trauma intervention: Meeting diverse cultural needs and patient preferences in an evidence-supported framework*’ to the 36th annual conference of the International Society of Traumatic Stress Studies, Atlanta, GA.
- Canada, K. E., & **Smith, A. J.**, & Peters, C. (2019, January). Social support and coping self-efficacy: Differential effects on mental health among veterans with and without arrest histories. Poster to be presented at the 23rd annual conference of the Society for Social Work Research, San Francisco, CA
- Smith, A. J.**, & Canada, K. E. (2018, November). *Understanding Combat Veterans with Incarceration History: Coping Self-Efficacy, Social Support, and Multidimensional Outcomes*. Poster to be presented at the 34th annual conference of the International Society of Traumatic Stress Studies, Washington, DC
- *Anderson, G., *Lim, M., & **Smith, A. J.** (2016, March). *Understanding post-assault distress via attachment theory: Dynamics among anxious attachment, worldview, and coping self-efficacy*. Poster presented at the 15th annual Graduate Research Symposium, College of William and Mary, Williamsburg, VA
- Sullivan, C., **Smith, A. J.**, Hughes, M., & Jones, R. T. (2015, April). *A network analysis of PTSD symptoms after a mass shooting*. Poster presented at the 35th annual conference of the Anxiety Disorders Association of America, Miami, FL.
- Smith, A. J.** (2014, March). *Psychometric evaluation of a cynicism measure for use in stress and coping contexts via confirmatory factor analysis*. Poster presented at the 34th annual conference of the Anxiety Disorders Association of America, Chicago, IL.
- Smith, A. J.**, & *Vayer, N. (2014, March). *Indirect effects of attachment security on meaning of stressful event integration via perceived social support*. Poster presented at the 34th annual conference of the Anxiety Disorders Association of America, Chicago, IL.
- Sullivan, C. P., **Smith, A. J.**, Donlon, K., Ollendick, T. H., & Jones, R. T. (2014, March). *Anger and PTSD severity among child residential fire survivors*. Poster presented at the 34th annual conference of the Anxiety Disorders Association of America, Chicago, IL.

- Smith, A. J.,** *Ashford, K., *Vayer, N., & Jones, R. T. (2014, March). *Testing the enabling hypothesis of coping with physical and sexual assault survivors*. Poster presented at the 13th annual Graduate Research Symposium, College of William and Mary, Williamsburg, VA.
- *Vayer, N., **Smith, A. J.,** & Jones, R. T. (2014, March). *Perceived social support as a mediator between depression and post-traumatic cognitions*. Poster presented at the 13th annual Graduate Research Symposium, College of William and Mary, Williamsburg, VA.
- Donlon, K., **Smith, A. J.,** Jones, R. T., & Ollendick, T. (2013, November). *Parental emotional distress affects children's stress reactions after residential fire*. Poster presented at the 29th annual conference of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- Donlon, K., **Smith, A. J.,** Jones, R. T., & Ollendick, T. (2013, November). *Specific fears in children with high levels of PTSD following residential fires*. Poster presented at the 29th annual conference of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- Wusik, M., **Smith, A. J.,** Jones, R. T., & Hughes, M. D. (2013, November). *Longitudinally predicting impairment following mass school violence: The delayed effect of forgiveness for the perpetrator*. Poster presented at the 29th annual conference of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- Smith, A. J.,** Jones, R. T., & Hughes, M. D. (2013, May). *Predicting longitudinal functioning following school shootings via social constraints and interpersonal alienation*. Poster presented at the 25th annual conference of the Association for Psychological Science, Washington, DC.
- Klineburger, P. K., Comer, C. S., **Smith, A. J.,** Rowan, B., & Harrison, D. W. (2013, May). *Right posterior cerebral artery strokes are associated with depression in geriatric men*. Poster presented at the 25th annual conference of the Association for Psychological Science, Washington, DC.
- Amatya, K., **Smith, A. J.,** Hughes, M., & Jones, R. T. (2012, November). *Parental behaviors and mental health: Intrusiveness and overprotection as moderators in the relationship between perceived threat during mass violence and use of mental health services*. Poster presented at the 28th annual conference of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Donlon, D., **Smith, A. J.,** & Jones, R. T. (2012, April). *The impact of coping efficacy and perceived social support on symptoms of depression in children following residential fires*. Poster presented at the Midwest Regional Conference in Pediatric Psychology, Milwaukee, WI.
- Smith, A. J.,** Benight, C. C., & Kaniasty, K. (2012, April). *Coping self-efficacy, social support, and psychological outcomes among combat veterans of Operations Iraqi and Enduring Freedom*. Poster presented at the 32nd annual conference of the Anxiety Disorders Association of America, Arlington, VA.
- Immel, C. S., **Smith, A. J.,** & Jones, R. T. (2012, April). *Identifying protective factors of posttraumatic stress disorder, depression, and self-reported health outcomes of residential fire survivors*. Poster presented at the 32nd annual conference of the Anxiety Disorders Association of America, Arlington, VA.
- Donlon, K., **Smith, A. J.,** Anderson, S., Amatya, K., & Jones, R. T. (2012, April). *Posttraumatic growth and posttraumatic stress following the April 16th shootings at Virginia Tech: The role of social support seeking*. Poster presented at the 32nd annual conference of the Anxiety Disorders Association of America, Arlington, VA.
- Smith, A. J.,** Donlon, K., Jones, R.T., & Ollendick, T. (2012, March). *Predicting PTSD symptom trajectories among child residential fire survivors*. Poster presented at the Virginia Tech Graduate Student Assembly Research Symposium, Blacksburg, VA.
- Smith, A. J.,** & Benight, C. C. (2010, November). *Psychometric properties of the post-deployment coping self-efficacy scale*. Poster presented at the 26th annual meeting for the International Society for Traumatic Stress Studies, Montreal, QC.
- Tambone, G., Slattery, M., Abarca, P., Sagen, D., Williams, L., Benight, C. C., & **Smith, A. J.** (2010, April). *An evaluation of a jail diversion and trauma recovery program for veterans*. Poster presented at the annual Mountain Lion Research Day, University of Colorado, Colorado Springs, CO.

* = undergraduate student advisee

Milestone Graduate School Projects

- Mar 2016 **Dissertation**, Virginia Tech
 Title: *Understanding Combat Veteran Adaptation via Social-Cognitive Factors: Testing Relationships among Emotion Dysregulation, Coping Self-Efficacy Appraisals, and Negative Worldview*
 Chairperson: Russell T. Jones, PhD; Committee members: David Harrison, Danny Axsom, J. Tina Savla, George Clum
- Dec 2013 **Preliminary Examination**, Virginia Tech
 Title: *Cynicism as a Means of Survival: Understanding the Beliefs of Modern War Era Veterans Who Struggle to Adapt to Life After Combat*
 Chairperson: Russell T. Jones, PhD
- May 2011 **Master's Thesis**, University of Colorado
 Title: *Coping Self-Efficacy, Social Support, and Psychological Outcomes among Operations Enduring and Iraqi Freedom Veterans*
 Chairperson: Charles C. Benight, PhD

CONSULTATION & POLICY

Utah Department of Human Services, Trauma-Informed Committee (2019-2020)

Part of a multidisciplinary committee as part of funded initiative to expand the state-wide implementation of a 'Trauma-Informed Approach' curriculum and certification.

Emotional Resilience for Self-Reliance Program (2019-2020)

Consulted on manualized content, implementation, and study of outcomes associated the mental health resilience program being implemented in the Church of Jesus Christ of Latter-day Saints.

TEACHING/EDUCATING EXPERIENCE

Instructor

Community Education, Local public service industries, Salt Lake City, UT (Park City Fire Department, United Fire Authority). Invited podcast appearances and seminars providing education about mental health to local first responders (firefighters, EMTs/paramedics, law enforcement/corrections, dispatchers in United Fire Authority and Park City Fire Department), 2017 – Present

Principal instructor

Abnormal Psychology (Psyc 3014), Virginia Tech, Spring of 2012; Fall of 2012; Fall & Spring of 2014-2015; Fall & Spring of 2015-2016 (6 semesters, 7 sections)

Developmental Psychology (Psyc 2034), Virginia Tech, Summers of 2014 & 2015 (2 sections)

****Overall Effectiveness Rating, Mean = 5.66** (Range = 1 to 6), averaged from end-of-semester surveys completed online by students, 85% response rate (i.e., average of all 9 sections taught as an individual instructor)

Graduate teaching assistant

Psychological Assessment (Graduate Level Course), Virginia Tech, Fall of 2013

Introduction to Psychology Recitation, Virginia Tech, 2011—2012

Biological Psychology, University of Colorado Colorado Springs, Summer of 2010

Guest lectures/seminars

- *Conceptualizing and targeting social functioning as a values-based, patient centered outcome.* Invited didactic presented to psychology residents at the VA Salt Lake City Healthcare System, Salt Lake City, UT, Feb 2020.
- *Individual and Community Adaptation to Mass Violence,* lecture presented in the Epidemiology of the Zombie Apocalypse, Westminster College, Summers of 2017 & 2018.
- *Maintaining Mental Health in Response to Occupational Trauma: Protective and Prescriptive Strategies for Firefighters and First Responders,* workshop presented to the Park City Fire Department, Spring of 2018
- *Military Recruitment from Peacetime to Wartime,* lecture presented in the Military Sociology course, Virginia Tech, Spring of 2016
- *A Primer on Neuropsychological Assessment,* lecture presented to the graduate level Psychological Assessment course, Virginia Tech, Spring of 2014
- *On Being an Enlisted Soldier,* lecture presented to Military Sociology course, Virginia Tech, Spring of 2014
- *The Biomechanics of Traumatic Brain Injury,* presentation as a member of the Neuropsychological Practicum Team, Virginia Tech, Spring of 2012
- *Tumors of the Central Nervous System,* presentation as a member of the Neuropsychological Practicum Team, Virginia Tech, Fall of 2011
- *The History of Abnormal Psychology,* lecture presented in Abnormal Psychology Course, University of Colorado Colorado Springs, Fall of 2010

PROFESSIONAL SERVICE & DEVELOPMENT

Leadership and service

Program Committee Member, 2017-2018

APA Division 40- Society for Clinical Neuropsychology

Co-Chair, Special Interest Group on Traumatic Stress Theory, 2014—2018

International Society for Traumatic Stress Studies (ISTSS)

Vice-Chair Elect, Student Section Representative to the Board, 2011—2013

International Society for Traumatic Stress Studies (ISTSS)

Student Representative to the Psychology Department, 2012—2013

Psychology Department, Virginia Tech

Diversity Committee Member

Recruitment Committee Member

Peer-Reviews in Journals since 2014

Biological Psychiatry

PLOS One

Stress and Health

Cognitive Therapy and Research

Psychological Trauma: Theory, Research, Practice, and Policy

Journal of Anxiety Disorders

Anxiety, Stress and Coping

Interpersonal and Biological Processes

Journal of Psychiatric Research

Journal of Clinical Psychology

Journal of Substance Abuse Treatment

Death Studies
Clinical Case Studies
Progress in Neuropsychopharmacology and Biological Psychiatry
Journal of Orthopsychiatry
Healthcare
Victims and Offenders

Professional affiliations

International Society for Traumatic Stress Studies, Student Member, 2009—Present
Society of Biological Psychiatry, Member, 2021—Present
APA Division 40: Society for Clinical Neuropsychology, 2017
APA Division 19 Member: Military Psychology Division, 2014—2018
American Psychological Association, Student Member, 2009—2015
APA Division 12 Member: Society for the Science of Clinical Psychology, 2012—2014

****References available upon request*