

# Dr Carol Keane

BPsyc (Hons), PhD (Clinical Psychology), MAPS, FCCLP  
Registered Clinical Psychologist (PSY0001894539) | PsyBA Board-approved Supervisor

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## PROFESSIONAL AFFILIATIONS/ROLES

- Three Year Honorary Fellowship with the University of Wollongong (2019 – 2021)
- Australian Psychological Society (APS): Current member no. 169277
  - Fellow: APS College of Clinical Psychology
  - Member: APS Disaster Response Network (DRN)
  - Member: APS Trauma and Psychology Interest group
  - Past Member: APS Central Queensland Branch – Committee role (2020): Treasurer
- International Society for Traumatic Stress Studies (ISTSS): Current EC member

## QUALIFICATIONS

- 2019 Doctor of Philosophy (Clinical Psychology), University of Wollongong, NSW (Awarded Feb 2019)  
Thesis: *“A Person-centred Examination of Complex Trauma and Homelessness in Australia”*
- 2013 Bachelor of Psychology (Hons), University of Wollongong, NSW (Dec 2013)  
Thesis: *“Reducing Sedentary Behaviour in Residential Substance Abuse Populations: The “Sit Switch” Intervention*

## AWARDS

- 2019 OCTAL Nomination: Vice-Chancellors award for Outstanding Contribution to Teaching and Learning
- 2019 UOW Faculty of Social Sciences Award: Award for Excellence in Clinical Psychology Research Skills and nomination for the APS College of Clinical Psychologists student prize
- 2018 APS CCPS Award: APS College of Clinical Psychologists Student Award
- 2018 OCTAL Nomination: Vice-Chancellors award for Outstanding Contribution to Teaching and Learning
- 2014 UOW/AGRTPS Doctoral Scholarship: annual PhD stipend for duration of candidature
- 2013 HDR Bridging Scholarship – School of Psychology – extension of honours project and preparation of paper for publication
- 2013 HBS/IMHRI Honours Scholarship – Psychology Honours scholarship  
Project: *“Strategies to reduce sedentary behaviour in residential substance abuse treatment facilities”*
- 2012 CHI Summer Scholarship – 10-week scholarship program – magazine content analysis  
Project: *“Conflicting alcohol messages in leading health magazines”*

## RECENT RELEVANT PROFESSIONAL EXPERIENCE – research, clinical practice, teaching and supervision

- Current Senior Lecturer – Clinical Psychology, Charles Darwin University, Brinkin, NT
- 2021 Feb-Jul Postdoctoral Research Fellow, Lives Lived Well group, School of Psychology, University of Queensland, St Lucia, QLD
- 2019 - 2021 Lecturer Clinical Psychology (FT-B/6), Health Medical and Applied Sciences, Central Queensland University, Nth Rockhampton – commenced Feb 2019 – Jan 2021
- 2016 – 2019 NSW Health ISHLD Violence Abuse Neglect (VAN) Service – Wollongong, NSW: Clinical Psychology Registrar (*Team Lead for Northern VAN team and Clinical Psychologist (0.8 FTE) (2018 –2019).*

## AWARDED GRANTS

- 2022 Co-Investigator (Byrne, M.K., Paton, D., Bressington, D., & Keane, C.). Developing Psychological Resilience to the Impact of Drought. Northern Western Australia and Northern Territory Innovation Hub Scoping Grant: \$50,000
- 2022 Co-Investigator (Stuart, G., Byrne, M.K., & Keane, C.). Individual characteristics and tailored intervention for at risk student retention. Higher Education Participation and Partnership Program, Charles Darwin University: \$277,000
- 2021 Co-Investigator (Byrne, M.K., Dunk-West, P., Saxton, K., Stuart, G., Wall, C., Lassa, J., Keane, C., & Caudwell, K.). Transformative learning as a community-based strategy to build psychological resilience to bushfire events. Rainmaker Start-Up Grant, Charles Darwin University: \$20,000
- 2020 CQU Elevate PhD Scholarship Award Scheme (AUD \$132, 000): *The Tern program: development and multi-site evaluation of a person-centred trauma-informed care protocol for at risk young people.*
- Role: Led and secured co-funded industry partnership with CQU, NAPHL and headspace Townsville – providing co-supervision to PhD scholarship recipient
- 2020 CQU Learning Teaching Research and Development (LTRD) Grant (~AUD\$10,000): *At your own pace: A dynamic e-learning approach to enhance statistics and research methodology teaching.*
- Role: Chief Investigator at commencement – handed over upon exit and now in co-investigator role

## PEER REVIEWED JOURNAL ARTICLES

- Davidson, L., Ellem, R., **Keane, C.**, Chan, G., Broccatelli, C., Buckley, J., Walter, Z., Hallo, L., & Hides, L. (2022). A two-stage social network intervention for reducing alcohol and other drug use in residential colleges: Protocol for a feasibility trial. *Contemporary Clinical Trials*, 118, 1-8. [106779]. <https://doi.org/10.1016/j.cct.2022.106779>
- Dunn B.J., **Keane C.A.**, & Paterson J.L. (2021) The Tern Programme: Study protocol for an implementation trial of a flexible, long-term psychosocial intervention for complex posttraumatic stress in young people. *European Journal of Psychotraumatology*, 12(1) doi: 10.1080/20008198.2021.1988479.
- Kelly, P. J., Baker, A. L., Deane, F. P., Callister, R., Collins, C. E., Oldmeadow, C., Palazzi, K. L., Townsend, C. J., Ingram, I., **Keane, C. A.**, Penning, A., Hazelton, J. L., & Beck, A. K. (2021). Healthy recovery: A stepped wedge cluster randomised controlled trial of a healthy lifestyle intervention for people attending residential alcohol and other drug treatment. *Drug and Alcohol Dependence*, 221 doi:10.1016/j.drugalcdep.2021.108557
- Kelly, P.J., Deane, F.P., Davis, E.L., Hudson, S., Robinson, L.D., **Keane, C.**, Hatton, E., & Larance, B. (2021). Routine outcome measurement in specialist non-government alcohol and other drug treatment services: Establishing effectiveness indicators for the NADA base. *Drug and Alcohol Review*. doi: 10.1111/dar.13191
- Keane, C. A.**, Magee, C. A. & Kelly, P. J. (2020). Complex trauma and ecological vulnerability: Development of a resources perspective framework to inform longitudinal examinations. *Journal of Child & Adolescent Trauma*, 13, 229 – 237. doi: 10.1007/s40653-019-00276-y
- Kelly, P.J., Baker, A., Townsend, C., Deane, F.P., Callister, R., Collins, C., Ingram, I., **Keane, C.**, and Beck, A. (2019). Healthy Recovery: A pilot study of a smoking and other health behaviour change intervention for people attending residential alcohol and other substance dependence treatment. *Journal of Dual Diagnosis*, 207 – 216.

doi:10.1080/15504263.2019.1612537

- Keane, C. A.**, Magee, C. A., & Kelly, P. J. (2018). Trajectories of psychological distress in Australians living in urban poverty: The impact of interpersonal trauma. *Journal of Traumatic Stress, 31*, 362-372. doi: 10.1002/jts.22297
- Rozek, D.C., **Keane, C.**, Sippel, L.M., Stein, J.Y., Rollo-Carlson, C., Bryan, C.J. (2018). Short term effects of crisis response planning on optimism in a U.S. Army sample. *Early Intervention in Psychiatry, 1* – 4. doi: 10.1111/eip.12699
- Kelly, P. J., Townsend, C. J., Osborne, B. A., Baker, A. L., Deane, F. P., **Keane, C.**, Ingram, I., & Lunn, J. (2018). Predicting intention to use nicotine replacement therapy in people attending residential treatment for substance dependency. *Journal of Dual Diagnosis*, doi: 10.1080/15504263.2018.1442951
- Magee, C., Robinson, L. & **Keane, C.** (2017). Sleep quality subtypes predict health-related quality of life in children. *Sleep Medicine, 35*, 67-73. doi:10.1016/j.sleep.2017.04.007
- Kelly, P., Robinson, L., Baker, A., Deane, F., McKetin, R., Hudson, S. & **Keane, C.** (2017). Polysubstance use in treatment seekers who inject amphetamine: Drug use profiles, injecting practices and quality of life. *Addictive Behaviors, 71*, 25-30. doi:10.1016/j.addbeh.2017.02.006
- Keane, C. A.**, Magee, C. A. & Kelly, P. J. (2016). Is there Complex Trauma Experience typology for Australian's experiencing extreme social disadvantage and low housing stability? *Child Abuse and Neglect, 61*, 43-54. doi:10.1016/j.chiabu.2016.10.001
- Keane, C. A.**, Kelly, P. J., Magee, C. A., Callister, R., Baker, A. & Deane, F. P. (2016). Exploration of sedentary behavior in residential substance abuse populations: Results from an intervention study. *Substance Use and Misuse, 51* (10), 1363-1378. doi:10.3109/10826084.2016.1170144
- Keane, C.**, Magee, C. A. & Lee, J. (2015). Childhood trauma and risky alcohol consumption: A study of Australian adults with low housing stability. *Drug and Alcohol Review, 34* (1), 18-26. doi: 10.1111/dar.12177
- Kelly, P. J., Baker, A. L., Deane, F. P., Callister, R., Collins, C. E., Oldmeadow, C., Attia, J. R., Townsend, C. J., Ingram, I., Byrne, G. & **Keane, C. A.** (2015). Study protocol: A stepped wedge cluster randomised controlled trial of a healthy lifestyle intervention for people attending residential substance abuse treatment. *BMC Public Health, 15* (9), 1-9. doi:10.1186/s12889-015-1729-y

### **Technical Report (published)**

- Kelly, P.J., Deane, F.P., Baker, A.L., and **C.A. Keane.** (2013). Client Outcome Management System (COMS): Data report 2013. Illawarra Institute for Mental Health, Technical report number iiMH 2013:1. ISBN: 978-1-74128-237-5

### **Conference Paper Publications**

- Kelly, P.J., Baker, A.L., Deane, F.P., Callister, R., Collins, C., Oldmeadow, C., Attia, J., Townsend, C., Ingram, I., **Keane, C.** and Penning, A. (2016). Addressing smoking, diet and physical activity within residential substance abuse treatment: results from a stepped wedge randomised controlled trial. *International Journal of Behavioral Medicine* (23), S219-S219.
- Jones, S. C. & **Keane C.** (2013). It must be good for me, it's in a health magazine. *Drug and Alcohol Review, 32*, 44.

### **RECENT CONFERENCES**

- 2019: ISTSS 35<sup>th</sup> Annual meeting held November 5 - 7, 2019: Panel: *Complex Adaptive Systems and Trauma Recovery Dynamics in Underserved Communities and Vulnerable Populations: Applications and Implications of Nonlinear Dynamic Systems (NLDS) Methodology*. **Roles:** nominated chairperson and presenter. [Abstract](#)
- 2018: ISTSS 34th Annual Meeting held November 8 - 10, 2018: Symposium: *Non-linear Dynamic Approaches to Trauma Adaptation: Time for a Shift* – **Roles:** nominated chairperson and presenter. [Abstract](#)
- 2018: International Childhood Trauma Conference 29<sup>th</sup> July-3<sup>rd</sup> Aug. 2018: 20min oral presentation: *Longitudinal*

*examination of psychological distress in homelessness vulnerable Australians: the impact of childhood maltreatment and interpersonal trauma. Role:* Presenter

2017: 'Paper in a Day' workshop ISTSS conference 8 Nov. 2017: Selected as part of a competitive process to participate in an international collaboration of early career researchers in the traumatic stress field. Published.

2017: ISTSS Conference 9-11 Nov. 2017: Keane, C. A., Magee, C. A., & Kelly, P. J. (2017). Trajectories of psychological distress in Australians living in urban poverty: The impact of interpersonal trauma. **Role:** Poster presentation

2016: Workshop on Homelessness and Housing Insecurity: 45min presentation of PhD research findings to date with paper (Keane, Magee & Kelly, 2016) chosen as focus for discussant section. **Role:** Presenter

2015: APS Conference – Oral Presentation (15min): Childhood Trauma History profiles in individuals experiencing extreme social disadvantage in Australia. Keane, C., Magee, C., Kelly, P. J., & Iverson, D. **Role:** Presenter

**EDITORIAL EXPERIENCE** – *Invited reviewer since 2014*

- Addiction Research and Theory
- Drug and Alcohol Review
- Journal of Dual Diagnosis