

AMANDA JEPSON, MA, LPC, CST

COMPETENCY HIGHLIGHT

- Trauma Treatment
 - Treatment Planning
 - Intake Assessment
 - Sexuality & Gender Spectrum
 - Arousal & Desire Issues
 - Public Speaking
 - Suicide Assessment
 - Sexual Assault & Abuse
 - Kink & Fetish Aware
 - Guilt & Shame
 - Crisis Situations
 - Pleasure Recovery
 - Military Populations
 - Supervision & Training
 - Combat & Deployment Trauma
 - Body Image & Self-Esteem Issues
 - Consensual Non-Monogamy
 - Multimedia Content Creation
 - Program Evaluation & Development
 - Networking & Community Focused
 - Sexual History Gathering
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WORK EXPERIENCE

Co-Founder and Director, December 2019-Current

Respark Foundation, Denver, CO

- Coordinates with other non-profits and university programs to offer mutual support.
- Offers training, consultation, and presentations to local therapists and organizations.
- Trains incoming interns, volunteers, and staff on trauma and evidence-based interventions.
- Screens potential clients and matches them with interns based on areas of knowledge.
- Facilitates the monthly consultation group to process caseload, modality, and clinical questions for all interns and volunteer therapists with the Foundation.
- Leads trauma therapy supervision and provides oversight for interns located in Colorado.

Contract Trauma Therapist, July 2018-Current

Veterans Health and Trauma Clinic, Lyda Hill Institute for Human Resilience, Colorado Springs, CO

- Provides short- and long-term individual and relationship therapy to active duty and veteran military service members and first responders in an outpatient setting.
- Assesses and treats issues related to arousal, orgasm, desire, and sexual interest in clients.
- Utilizes Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Processing Therapy (CPT), and other evidence-based trauma interventions.
- Offers consultation regarding consensual non-monogamy, sex, kink and alt-sex, and sexuality.
- Assists clients recovering from a wide range of traumatic and negative life experiences.
- Works with clients from various racial, sexual, gender, and socioeconomic backgrounds.
- Coordinates with insurance, military, nonprofit, and other agencies to coordinate client care.
- Author a program to support families with children and adolescents of parents that experienced combat trauma.
- Maintains client records including case notes, treatment plans, and treatment summaries.

Clinical Program Manager, September 2016 to February 2019

Cedar Springs Hospital, Colorado Springs, CO

- Provided short-term therapy to a wide range of patients including active duty and veteran military service members, as well as to military dependents and civilians.
- Offered sex-positive consultation to psychiatric hospital staff and therapists.
- Utilized EMDR, CPT, and other evidence-based trauma interventions.
- Developed a 6-week, multi-track group curriculum based on evidence-based therapies.
- Trained intern and licensure-candidate therapists on treatment planning, various interventions, diagnostic and conceptualization protocols, and records management.

Community Services Coordinator, January 2011 to April 2013

Neighborhood Involvement Program, Minneapolis, MN

- Coordinated the Rape and Sexual Abuse Center's Crisis Line and the Safe Touch Program.
- Organized NIP's biannual Sexual Assault Advocate Training certification program.
- Provided both short- and long-term therapy to a diverse set of individuals.

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PRESENTATIONS

Consensual Non-Monogamy: Clinical Considerations

Veterans Health and Trauma Clinic, October 2020

Provided information on various forms of non-monogamy, made distinctions between consensual forms as opposed to non-consensual, discussed ethical considerations and best-practice framework with clinic staff.

Communication in Kink

Sexual Health Alliance Final Presentation, March 2020

Gave real-world examples of how to communicate clearly, succinctly, and safely in a kink setting with an emphasis on meeting emotional needs.

What Is Sex-Positive Therapy?

Newman University, March 2020

Defined what sex-positive means, how to integrate it into a clinical setting with best practices.

Trauma-Informed Sex Therapy

Respark Foundation, February 2020

Defined trauma, provided info on treating trauma survivors and sex-positive trauma therapy.

Sex Without Shame

Cedar Springs Hospital Lunch and Learn, February 2020

Spoke to community providers on how to treat sexual behaviors that cause clients shame, highlighting clinician bias, sexual history gathering, and identifying underlying issues such as societal pressures.

Suicide Safety

Schriever Air Force Base, April 2019

Provided information on how to identify suicidal ideation in military members and shared positive stories.

Gender and Sexuality 101

Cedar Springs, April 2018

Taught staff and intern clinicians basic information on gender and sexual diversity.

Supporting the Military Family

Cedar Springs Lunch and Learn, July 2017

Provided statistics on mental health concerns and how they affect military families and support systems.

Safe Touch and Reporting

Sidewalk's End Montessori, November 2014

Presented how to identify sexual abuse in children, as well as reviewed the CO mandated reporting laws.

Safe Touch

Neighborhood Involvement Program, July 2012

Taught presenters information on safe touch protocols and Minnesota mandated reporting laws.

VOLUNTEER EXPERIENCE

Crisis Counselor, August 2016 to August 2017

Crisis Text Line

- Providing peer-to-peer support via a text-based platform to individuals facing crisis situations.
- Demonstrated ability to build rapport with other counselors and individuals seeking support.

Guardian ad Litem, May 2008 to May 2013

Ramsey County, 2nd Judicial District, St. Paul, MN

- Advocated for the best interests of children in a court setting.
- Coordinated with social workers, prosecutors, foster placements, and parents.

EDUCATION

AMANDA JEPSON, MA, LPC, CST

Master of Arts, Clinical Psychology, 2011

Argosy University, Eagan, Minnesota

Bachelor of Arts, Psychology, 2007

University of Minnesota, Minneapolis, Minnesota

LICENSURE & CERTIFICATIONS

CO Licensed Professional Counselor, License #14345, 2018-current

Colorado Office of Regulatory Affairs

AASECT Certified Sex Therapist, Member #1279910, 2021-current

American Association of Sexuality Educators, Counselors, and Therapists

TRAINING

Approved Clinical Supervisor I, II, & III Training, April, May, & June 2021

Noeticus Counseling Center

EMDR & Telehealth, March 2020

Rebecca Kase

Sex Therapy Certification Program, completed 2020

Sexual Health Alliance

Polyamory, Swinging, the Ethics of Unicorn Hunting, and Other Adventures in Open Relationships Training, November 2019

Sexual Health Alliance with Dr. Elisabeth Sheff

Monogamish and Consensual Non-Monogamy Training, November 2019

Sexual Health Alliance with Dr. David Ley and Dr. Elisabeth Sheff

DID and Non-DID Dissociation Training, January 2019

EMDR Center of the Pikes Peak Region

Assessing and Managing Suicide Risk Training, April 2018

Universal Health Services

Cognitive Processing Therapy Training, March 2018

Strong Star

Treating Positive Emotions Linked to Addictions (EMDR for Addictions) Training, January 2018

John Hartung for EMDRIA

Eye Movement Desensitization and Reprocessing (EMDR) Training, 2017

John Hartung for EMDRIA

Sexual Assault Advocate, 2011

Neighborhood Involvement Program

Psychological First Aid, 2011

Argosy University