

## Curriculum Vitae

**HEIDI M. ZINZOW**

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**EDUCATION**

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|              | <b>Postdoctoral Fellowship</b>  | 2007-2008 |
|              | National Crime Victims Research & Treatment Center<br>Medical University of South Carolina, Charleston, SC  |           |
| <b>Ph.D.</b> | <b>Clinical Psychology, University of Georgia, Athens, GA</b>   | May 2007  |
|              | ➤ <i>APA-Accredited Pre-Doctoral Internship:</i><br><b>Medical University of South Carolina/<br/>Dept. of Veterans Affairs Medical Center, Charleston, SC</b> | 2005-2006 |
|              | Traumatic Stress Track  |           |
| <b>M.S.</b>  | <b>Clinical Psychology, University of Georgia, Athens, GA</b>   | 2005      |
| <b>B.S.</b>  | <b>Psychology, Duke University, Durham, NC</b>  | 1998      |
|              | ➤ <i>Cum laude</i> with Distinction in Psychology   |           |

**RESEARCH INTERESTS**

- Traumatic stress and trauma-related psychological disorders
- Epidemiology and clinical interventions for violence and traumatic stress
- Sexual violence victimization, perpetration, and prevention
- Suicide prevention

**PROFESSIONAL EXPERIENCE**

<b>Full Professor</b>	2020-present
<b>Associate Professor</b>	2014-2020
<b>Assistant Professor</b>	2008-2014
<b>Department of Psychology</b>	<i>Clemson, SC</i>
<b>Clemson School of Health Research</b>	
<b>Clemson University</b>	

- Licensed Clinical Psychologist, SC #1097** 2008-present  
**Private Practice**  
 Conduct cognitive-behavioral, empirically supported psychotherapy with adult outpatients.
- Postdoctoral Fellow** 2007-2008  
**National Crime Victims Research & Treatment Center** *Charleston, SC*  
**Medical University of South Carolina**  
 NIMH-sponsored fellowship in child and adult trauma research.
- Adjunct Faculty Member** Summer 2007  
**Psychology Department, University of Georgia** *Athens, GA*
- Psychology Intern, *Traumatic Stress Track*** 2005-2006  
**Medical University of South Carolina/** *Charleston, SC*  
**Dept. of Veterans Affairs Medical Center**
- Adjunct Faculty Member** Fall 2006  
**Social Sciences Division, Gainesville State College** *Watkinsville, GA*
- Doctoral Candidate** 2002-2007  
**University of Georgia, Clinical Psychology Program** *Athens, GA*
- Research Associate** 1999-2002  
**Caliber Associates: *Child, Family, and Community Studies Group*** *Fairfax, VA*  
 Program evaluation on community level intervention programs for juvenile delinquency, domestic violence, child maltreatment.

## GRANTS AND AWARDS

### Ongoing:

**Principal Investigator**, Trauma Screening/Referral and Sexual Violence Prevention for Women with Opioid Use Disorders. Submitted to South Carolina Opioid Recovery Funds 1/23.

**Principal Investigator**, Trauma Screening/Referral and Sexual Violence Prevention for Women with Substance Use Disorders. Submitted to Prisma Health Sciences Center 1/23. \$20,000.

**Co-Investigator**, South Carolina Center for Excellence in Addiction. Submitted to South Carolina Opioid Recovery Funds 1/23. \$350,092 (PI: Litwin).

**Co-Investigator**, Non-pharmacological treatment for chronic pain and opioid use. Submitted to South Carolina Opioid Recovery Funds 1/23. \$350,092 (PI: Shi). \$605,948 (Zinzow 33% summer)

**Advisory Board Member**, Repository and Benchmarking Dashboard for Campus Climate Data on Sexual Misconduct. Funded effort for three years on 8/2/22. National Science Foundation. (PI: Kevin Swartout)

**Co-Investigator** “Identifying Facilitators and Barriers to Ensuring Psychological Safety for Collegiate Athletes.” Robert Brooks Sports Science Institute, Funded 4/11/22-6/30/23. \$30,736 (PI: Em Adams)

**Co-Investigator**, “Realizing Improved Patient Care through Human-centered Design for Pediatric Mental and Behavioral Health in the Emergency Department.” Agency for Health Care Research and Quality. Funded, 5% effort over four years. \$499,964 (PI: Anjali Joseph)

**Co-Investigator**, 6% effort, “Mindfulness Training for Adults with History of Depression, Anxiety, Substance Abuse, or Inactivity.” Funded 5/9/18 for 5 years by Greenville Health Authority, \$558,972 (PI: Lu Shi)

### Past

**Co-Investigator**, “Tigers ADVANCE: Transforming the Institution through Gender Equity, Retention, and Support” (PI: Robert Jones). Funded by National Science Foundation (NSF) ADVANCE. \$3,405,472, 9/16-8/21.

**Site Project Coordinator**, “The Role of Stigma in Partner Violence: A Social Psychological and Ecological Perspective.” (Co-PIs, Heather Littleton, ECU and Katie Edwards, UNH). Funded by National Science Foundation, 2019-2020.

**Co-Principal Investigator**, 4% effort, “Examining Self-Harm and Suicide Contagion Risks of Viral Social Media Challenges on Youth and Young Adults.” Funded 6/2018 by National Science Foundation (NSF) EAGER, \$42,053. 1832904

**Co-Principal Investigator**, 12.5% effort. “Pilot Trial of an Online Sexual Violence Prevention Program for College Athletes.” Funded 1/2018-12/2018 by Robert H. Brooks Sports Science Institute Seed Grants Program at Clemson University. \$27,012

**Subject Matter Expert**, Mass Violence and Victimization Resource Center, Funded by U.S. Department of Justice Office for Victims of Crime (OVC), 10/2017-10/2020, \$17.8 million to National Crime Victims Research and Treatment Center, Medical University of South Carolina.

**Co-Principal Investigator**, 9% effort. “Interactive Digital Intervention to Prevent Violence among Young Adults.” Funded 9/17-9/18 by National Institutes of Health, SBIR. Clemson Sub-Award, \$59,835. 1 R43 HD 093482 - 01

**Co-Principal Investigator**, 16.5% effort: “Clemson Cares: A Campus-Wide, Comprehensive Suicide Prevention Strategy.” Funded 10/2014-10/2017 by Substance Abuse and Mental Health Services Administration. \$304,389 SM061785

**Principal Investigator**, 5% effort: “Virtual Reality Therapy for Driving Anxiety/Aggression in Military Populations.” Funded 6/2014-6/2015 by South Carolina Translational Research Institute. \$24,999. ULI TR000062

**Consultant** (Summer 2013) “Epidemiology of sexual violence: A trajectory-based approach. Funded by the National Institute of Child Health and Human Development, NIH” (PI: Martie Thompson, Ph.D.), \$19,256.

**Consultant** (Summer 2012) “Epidemiology of sexual violence: A trajectory-based approach. Funded by the National Institute of Child Health and Human Development, NIH” (PI: Martie Thompson, Ph.D.), \$875.

**Co-Investigator** 30% effort, “Facilitating Soldier Receipt of Needed Mental Health Treatment.” Funded 2010-2013 by U.S. Army Medical Research and Materiel Command. (PI: Tom Britt, Ph.D.) \$1,500,000.

**Postdoctoral Fellowship** (2007-2008). NIMH T32 award to the National Crime Victims Research & Treatment Center for “Child and Adult Trauma Victims: A Training Program.” \$36,996.

**Dissertation Completion Award** (2006-2007). University of Georgia award for dissertation research. “Attributions for Different Types of Traumatic Events and Posttraumatic Stress among Women.” \$15,000.

**University-Wide Fellowship** (2002-2004). University of Georgia award for master’s thesis research. “Religiosity, Attributions for Child Sexual Abuse, and Adult Mental Health.” \$30,000

## PEER-REVIEWED PUBLICATIONS

### *Published or In Press:*

Orchowski, L., **Zinzow, H.**, Thompson, M., & Wood, S. (2023). Open pilot trial of an interactive digital application for campus sexual violence prevention. *Journal of Community Psychology*, 1-24. <https://doi.org/10.1002/jcop.22985>

\*Khasawneh, A., Chalil Madathil, K., Taffe, K., **Zinzow, H.**, Ponathil, A., Chalil Madathil, S., Nambiar, S., Nanda, G., & Rosopa, P. (2022). Dynamic simulation of social media challenge participation to examine intervention strategies. *Transactions on Computational Social Systems* <https://doi.org/10.1007/s42001-022-00183-7>

Zhang, L., \*Lopes, S., Lavelle, T., Jones, K., Chen, L., Jindal, M., **Zinzow, H.**, Shi, Li (2022). Economic evaluations of mindfulness-based interventions: A systematic review. *Mindfulness*. <https://doi.org/10.1007/s12671-022-01960-1>

- Abraham, J., \*Roth, R., **Zinzow, H.**, Chalil Madathil, K., Wisniewski, P. (2022). Applying behavioral contagion theory to examining young adults' participation in viral social media challenges. *Transactions in Social Computing*. <https://doi.org/10.1145/3538383>
- Ennis, N., Rheingold, A., Hahn, C., Gilmore, A., **Zinzow, H.**, Thompson, M., & Kilpatrick, D. (in press). Women's Resistance Responses during Sexual Assault: Association with Posttraumatic Stress Symptoms and the Moderating Role of Alexithymia. *Violence Against Women*.
- \*Falgoust, G., \*Winterlind, E., \*Moon, P., \*Parker, A., **Zinzow, H.**, & Chalil Madathil, K. (2022). Applying the uses and gratifications theory to identify motivational factors behind young adults' participation in viral social media challenges on TikTok. *Human Factors in Healthcare*, 2. <https://doi.org/10.1016/j.hfh.2022.100014>.
- Xia, T., Lopes, S., Chen, L., Roth, R., **Zinzow, H.**, Jones, K., Zhang, L., Shi, L., & Jindal, M. (2022) A feasibility study on low-dose mindfulness-based stress reduction intervention among prediabetes and diabetes patients. *Complementary Therapies in Medicine*, 65. <https://doi.org/10.1016/j.ctim.2022.102810>
- \*Nance, M., \*Sease, M., Crowe, B., Van Puymbroeck, M., & **Zinzow, H.** (2022). A descriptive study of practitioner's use of yoga with youth who have experienced trauma. *International Journal of Children, Youth, and Family Studies*, 13 (1), 124-144.
- Zinzow, H.**, Littleton, H., Muscari, E., & Sall, K. (2021). Barriers to formal help-seeking following sexual violence: Review from within an ecological systems framework. *Victims and Offenders*, 17:6, 893-918. <https://doi.org/10.1080/15564886.2021.1978023>
- Roth, R., Ajithkumar, P., Natarajan, G., Acuthan, K., \*Moon, P., Chalil Madathil, K., & **Zinzow, H.** (2021) A study of adolescents' and young adults' TikTok challenge participation in South India. *Human Factors in Healthcare*, 1. <https://doi.org/10.1016/j.hfh.2022.100005>
- Dworkin, E., Krahe, B., & **Zinzow, H.** (2021). The global prevalence of sexual violence: A systematic review of international research since 2010. *Psychology of Violence*, 11 (5), 497-508.
- \*Khasawneh, A., Chalil Madathil, K., **Zinzow, H.**, Wisniewski, P., Ponathil, A., Rogers, H., Agnisarman, S., \*Roth, R., & Narasimhan, M. (2021). An investigation of the portrayal of social media challenges on YouTube and Twitter. *Transactions on Social Computing*, 4 (1), 1-23. Doi: <https://doi.org/10.1145/3444961>
- \*Khasawneh, A., Chalil Madathil, K., **Zinzow, H.**, Rosopa, P., Naratajan, G., Acuthan, K., & Narasimhan, M. (2021). Factors contributing to adolescents' and young adults' participation in social media challenges: A survey study. *JMIR Pediatrics and Parenting*, 4 (1). doi: 10.2196/24988

- Jones K., Lopes S., Kelly, C., Welsh R., Chen L., Wilson M., Jindal M., **Zinzow H.**, Zhang L., Shi L. (2021). A Qualitative Study on Participants' Experiences with a Community-based Mindful Walking Pilot Intervention Using Mobile Device Activity Measurement. *Complementary Therapies in Medicine*, 57. <https://doi.org/10.1016/j.ctim.2020.102640>
- Thompson, M., **Zinzow, H.**, Kingree, K., Pollard, L., Goree, J., Hudson-Flege, M., & Honnen, N. (2021). Pilot trial of an online sexual violence prevention program for college athletes. *Psychology of Violence*, 11 (1), 92-100. <http://dx.doi.org/10.1037/vio0000290>
- Zinzow, H.**, Shi, L., Rennert, L., Chen, L., Lopes, S., Zhang, L., Jones, K., Jindal, M., Stam, C., McLain, M. (2020). Study protocol for a randomized controlled trial of mindfulness-based relapse prevention for opioid use disorders. *Contemporary Clinical Trials*, 99. <https://doi.org/10.1016/j.cct.2020.106182>
- Gagnon, R., Garst, B., Bowers, E., **Zinzow, H.**, & Thompson, M. (2020). Camp as context for need satisfaction among Native American youth: Examining links to participation quality and quantity, 119. DOI: 10.1016/j.childyouth.2020.105473. *Children and Youth Services Review*.
- \*Khasawneh, A., Chalil Madathil, K., Dixon, E., Wisniewski, P., **Zinzow, H.**, \*Roth, R., Achuthan, K. & Narasimhan, M. (2020). Examining the self-harm and suicide contagion effects related to the portrayal of Blue Whale Challenge on YouTube and Twitter: A Qualitative Study. *JMIR Mental Health*, 7(6): e15973. DOI: 10.2196/15973.
- \*Roth, R., Abraham, J., **Zinzow, H.**, Wisniewski, P., Khasawneh, A., & Chalil Madathil, K., (2020). Evaluating news media reports on the "Blue Whale Challenge" for adherence to suicide prevention safe messaging guidelines. *Computer Supported Cooperative Work*, 4, 1-27.
- Zinzow, H.**, Thompson, M., Fulmer, C., Goree, J., & Evinger, L. (2020). Evaluation of a brief suicide prevention training program for college campuses. *Archives of Suicide Research*, 24(1), 82-95. DOI: 10.1080/13811118.2018.1509749.
- Zinzow, H.** & Thompson, M. (2019). Beliefs about consent and sexual assault perpetration in a longitudinal study of college men. *Violence and Victims*, 34(3), 548-565.
- Jones, K., **Zinzow, H.**, Zhang, L., Chen, L., Shi, L., Jindal, M., McLain, M., Lopes, S. (2019). Perceptions about mindfulness-based interventions among individuals recovering from opioid and alcohol use disorders: Findings from focus groups. *Complementary Therapies in Medicine*, 46, 131-135.
- \*Black, K., Britt, T., **Zinzow, H.**, & Pury, C. (2019). The role of social support in treatment seeking among soldiers. *Occupational Health Science*, 3, 337-361. <https://doi.org/10.1007/s41542-019-00044-2>
- Shi, L., Welsh, R., Lopes, S. Rennert, L., Chen, L., Jones, K., Zhang, L., Crenshaw, B., Wilson, M., & **Zinzow, H.\*\*** (2019). A pilot study of mindful walking training on physical

activity and health outcomes among adults with inadequate activity. *Complementary Therapies in Medicine*, 44, 116-122. DOI: 10.1016/j.ctim.2019.03.009

- Zinzow, H.**, Thompson, M., Goree, J., Burnette, C., Greene, C., & Allison, H. (2018). Evaluation of a college sexual violence prevention program focused on education, bystander intervention, and alcohol risk reduction. *College Student Affairs Journal*, 36 (2), 110-125.
- Britt, T., Black, K., Cheung, J., Pury, C., & **Zinzow, H.** (2018). Unit training to increase support for military personnel with mental health problems. *Work & Stress*. DOI: 10.1080/02678373.2018.1445671
- Zinzow, H.** & \*Jeffirs, S. (2018). Driving aggression and anxiety: Intersections, assessment, and interventions. *Journal of Clinical Psychology*, 74 (1), 43-82. DOI: 10.1002/jclp.22494
- Zinzow, H.**, Brooks, J., Rosopa, P., \*Jeffirs, S., Jenkins, C., Seeanner, J., \*McKeeman, A., Hodges, L. (2018). Virtual reality and cognitive behavioral therapy for driving anxiety and aggression in veterans. *Cognitive and Behavioral Practice*, 25 (2), 296-309. DOI: 10.1016/j.cbpra.2017.09.002
- Britt, T.W., Jennings, K.S., Cheung, J.H., Pury, C., **Zinzow, H.**, Raymond, M., & McFadden, A.C. (2016). Determinants of mental health treatment seeking among soldiers who recognize their problem: Implications for high risk occupations. *Work & Stress*, 30 (4), 318-336.
- McCubbin, J., **Zinzow, H.**, \*Hibdon, M., \*Nathan, A., \*Morrison, A., \*Hayden, G., \*Lindberg, C., & Switzer, F. (2016). Subclinical post-traumatic stress disorder symptoms: Relationships with blood pressure, hostility and sleep. *Cardiovascular Psychiatry and Neurology*. DOI:10.1155/2016/4720941
- Walsh, K., **Zinzow, H.**, Badour, C., Ruggiero, K.J., Kilpatrick, D., & Resnick, H.S. (2016). Understanding disparities in service seeking following forcible versus drug or alcohol facilitated/incapacitated rape. *Journal of Interpersonal Violence*, 31, 2475-2491.
- \*Jennings, K., **Zinzow H.**, Britt, T., Cheung, J., Pury, C. (2016) Correlates and reasons for mental health treatment dropout among active duty soldiers. *Psychological Services*, 13, 356-363.
- Cheung, J., Britt, T., Raymond, M.A., **Zinzow, H.**, & Pury, C. (2016) Soldier recommendations for improving mental health treatment seeking in the military. *Military Behavioral Health*, 4, 100-107. DOI: 10.1080/21635781.2016.1153540
- Thompson, M., Kingree, J.B., **Zinzow, H.**, & Swartout, K. (2015). Time-varying risk factors and sexual aggression perpetration among male college students. *Journal of Adolescent Health*, 57, 637-642.

- Zinzow, H.,** Britt, T., Pury, C., Jennings, K., Cheung, J., & Raymond, M.A. (2015) Barriers and facilitators of mental health treatment-seeking in U.S. active duty soldiers with sexual assault histories. *Journal of Traumatic Stress, 28*, 289-297.
- Britt, T., Jennings, K., Cheung, J., **Zinzow, H.,** & Pury, C. (2015). The role of different stigma perceptions in treatment seeking and dropout among active duty military personnel. *Psychiatric Rehabilitation Journal, 38*, 142-149.
- Zinzow, H.** & Thompson, M. (2015) Factors associated with use of verbally coercive, incapacitated, and forcible sexual assault tactics in a longitudinal study of college men. *Aggressive Behavior, 41*, 34-43.
- Zinzow, H.** & Thompson, M. (2015) A longitudinal study of risk factors for repeated sexual coercion and assault in U.S. college men. *Archives of Sexual Behavior, 44*, 213-222.
- Pury, C., Britt, T., **Zinzow, H.,** & Raymond, M.A. (2014). Blended courage: Moral and psychological courage elements in mental health treatment seeking by active duty military personnel. *Journal of Positive Psychology, 9*, 30-41.
- Paul, L., **Zinzow, H.,** McCauley, J., Kilpatrick, D.G., & Resnick, H. (2014). Does encouragement by others increase rape reporting? Findings from a national sample of women. *Psychology of Women Quarterly, 38*, 222-232.
- Zinzow, H.,** Britt, T., Pury, C., Raymond, M.A., McFadden, A., & Burnette, C. (2013). Barriers and facilitators of mental health treatment-seeking among active duty Army personnel. *Military Psychology, 25*, 514-535.
- Zinzow, H.,** Brooks, J., and Stern, E. (2013). Driving-related anxiety in recently deployed service members: Cues, mental health correlates, and help-seeking behavior. *Military Medicine, 178*, 357-361.
- Cohn, A., **Zinzow, H.,** Resnick, H., & Kilpatrick, D. (2013) Correlates of reasons for not reporting rape to police: Results from a national telephone household probability sample of women with forcible or drug-or-alcohol facilitated/incapacitated rape. *Journal of Interpersonal Violence, 28*, 455-473.
- Zinzow, H.,** Britt, T. \*McFadden, A., \*Burnette, C., & \*Gillespie, S. (2012). Connecting active duty and returning veterans to mental health treatment: Interventions and treatment adaptations that may reduce barriers to care. *Clinical Psychology Review, 32*, 741-753. <http://dx.doi.org/10.1016/j.cpr.2012.09.002>
- Zinzow, H.,** Resnick, H., Barr, S., Danielson, C., & Kilpatrick, D. (2012). Receipt of post-rape medical care in a national sample of female victims. *American Journal of Preventive Medicine, 43*(2), 183-187.



- Rheingold, A., **Zinzow, H.**, Hawkins, A., Saunders, B., & Kilpatrick, D. (2012). Prevalence and mental health outcomes of homicide survivors in a representative U.S. sample of adolescents: Data from the 2005 National Survey of Adolescents. *Journal of Child Psychology and Psychiatry*, *53*(6), 687-694.
- Zinzow, H.**, Resnick, H., Amstadter, A., & McCauley, M., Ruggiero, K., & Kilpatrick, D. (2012). Prevalence and risk of psychiatric disorders as a function of variant rape histories: Results from a national survey of women. *Social Psychiatry and Psychiatric Epidemiology*, *47*, 893-902. DOI: 10.1007/s00127-011-0397-1
- Zinzow, H.**, Rheingold, A., Byczkiewicz, M., Saunders, B., & Kilpatrick, D. (2011) Examining posttraumatic stress symptoms in a national sample of homicide survivors: Prevalence and comparison to other violence victims. *Journal of Traumatic Stress*, *24* (6), 743-746. DOI 10.1002/jts.
- Grubaugh, A., **Zinzow, H.**, Paul, L., Egede, L., & Frueh, B.C. (2011). Trauma exposure and posttraumatic stress disorder in adults with severe mental illness: A critical review. *Clinical Psychology Review*, *31*, 883-899.
- Zinzow, H.** & Thompson, M. (2011). Barriers to reporting sexual victimization among undergraduate women. *Journal of Aggression, Maltreatment, and Trauma*, *20* (7), 711-725.
- Zinzow, H.**, Amstadter, A., McCauley, J., Ruggiero, K., Resnick, H., & Kilpatrick, D. (2011). Self-rated health in relation to rape and mental health disorders in a national sample of college women. *Journal of American College Health*, *59* (7), 588-594.
- Zinzow, H.**, Resnick, H., Amstadter, A., McCauley, J., Ruggiero, K., & Kilpatrick, D. (2010). Drug- or alcohol-facilitated, incapacitated, and forcible rape in relationship to mental health among a national sample of women. *Journal of Interpersonal Violence*, *25*, 2217-2236.
- Amstadter, A., **Zinzow, H.**, Strachan, M., McCauley, M., Ruggiero, K., Resnick, H., & Kilpatrick, D. (2010). Prevalence and correlates of service utilization and help seeking in a national college sample of female rape victims. *Journal of Anxiety Disorders*, *24*, 900-902.
- Zinzow, H.**, Resnick, H., McCauley, M., Amstadter, A., Ruggiero, K., & Kilpatrick, D. (2010). The role of rape tactics in risk for posttraumatic stress disorder and depression: Results from a national sample of college women. *Depression and Anxiety*, *27*, 708-715.
- Harding, H., **Zinzow, H.**, Hartzell, E., & Jackson, J. (2010). Attributions of responsibility in a Child Sexual Abuse (CSA) vignette among respondents with CSA histories: The role of abuse similarity to a hypothetical victim. *Journal of Child Sexual Abuse*, *19*(2), 171-189.

- Zinzow, H.,** Seth, P., Jackson, J., Furr, A., & Fitzgerald, M. (2010). Abuse characteristics, family characteristics, attributions, and psychosocial adjustment in adult survivors of child sexual abuse. *Journal of Child Sexual Abuse, 19*(1), 79-98.
- Zinzow, H.,** Ruggiero, K., Hanson, R., Smith, D., Saunders, B., & Kilpatrick, D. (2009). Witnessed parental and community violence in relation to substance use and delinquency in a national sample of adolescents. *Journal of Traumatic Stress, 22*(6), 525-533.
- Grubaugh, A.L., Magruder, K., **Zinzow, H.,** & Frueh, B.C. (2009) The use of dual healthcare services among veterans seen in Veterans Affairs primary care clinics. *General Hospital Psychiatry, 31*(6), 589-591.
- Zinzow, H.** & Jackson, J. L. (2009). Attributions for different types of traumatic events and posttraumatic stress among women. *Journal of Aggression, Maltreatment, & Trauma, 18*(5), 499-515.
- Amstadter, A., Browman-Folks, J., **Zinzow, H.,** Ruggiero, K., & Cercone, J. (2009). Internet based interventions for traumatic stress-related mental health problems: A review and suggestion for future research. *Clinical Psychology Review, 29*, 410-420.
- Zinzow, H.,** Ruggiero, K., Resnick, H., Hanson, R., Smith, D., Saunders, B., & Kilpatrick, D. (2009). Prevalence and mental health correlates of witnessed parental and community violence in a national sample of adolescents. *Journal of Child Psychology & Psychiatry, 50*(4), 441-450.
- Zinzow, H.,** Rheingold, A., Hawkins, A., Saunders, B., & Kilpatrick, D. (2009). Losing a loved one to homicide: Prevalence and mental health correlates in a national sample of young adults. *The Journal of Traumatic Stress, 22*(1), 20-27.
- Zinzow, H.,** Grubaugh, A.L., Frueh, B.C., & Magruder, K. (2008). Sexual assault, mental health, and service use among male and female veterans seen in Veterans Affairs primary care clinics: A multi-site study. *Psychiatry Research, 159*, 226-236.
- Grubaugh, A., Cusack, K., & **Zinzow, H.** (2008). "Trumping rules" affect diagnoses of persons with severe mental illness. *Psychiatric Services, 59*(10), 1219-20.
- Hedtke, K., Ruggiero, K., Fitzgerald, M., **Zinzow, H.,** Saunders, B., Resnick, H., & Kilpatrick, D. (2008). A longitudinal investigation of interpersonal violence in relation to mental health and substance use. *Journal of Consulting and Clinical Psychology, 76*(4), 633-647.
- Fitzgerald, M., Schneider, R., Salstrom, S., **Zinzow, H.,** Fossil, R., & Jackson, J. (2008). Child sexual abuse, early family risk, and childhood parentification: Pathways to current psychosocial adjustment. *Journal of Family Psychology, 22*, 320-324.
- Zinzow, H.,** Grubaugh, A., Monnier, J., Suffoletta-Maierle, S., & Frueh, B.C. (2007). Trauma among female veterans: A critical review. *Trauma, Violence, & Abuse, 8*(4), 384-400.

- Grubaugh, A., Frueh, B.C., **Zinzow, H.**, Cusack, K., & Wells, C. (2007). Patients' perceptions of care and safety within psychiatric settings. *Psychological Services, 4*(3), 193-201.
- Whealin, J., **Zinzow, H.**, Salstrom, S., & Jackson, J. (2007). Sex differences in the experience of unwanted sexual attention and behaviors during childhood. *Journal of Child Sexual Abuse, 16*, 41-57.
- Psychological Assessment Research Team (2007). Three practice parameters for interpreting intelligence test part scores. *Journal of Neuropsychology, Neuropsychiatry, and Neurosciences, 7*, 55-74.
- Sridharan, S., Go, S., **Zinzow, H.**, Gray, A., & Barrett, M. (2007). Analysis of strategic plans to assess planning for sustainability of comprehensive community initiatives. *Evaluation and Program Planning, 30*, 105-113.
- Sridharan, S., Campbell, B., & **Zinzow, H.** (2006) Developing a stakeholder-driven anticipated timeline of impact for evaluation of social programs. *American Journal of Evaluation, 27*, 148-162.
- Back, S. E, Brady, K. T., Jackson, J. L., Salstrom, S., & **Zinzow, H.** (2005). Gender differences in stress reactivity among cocaine dependent individuals. *Psychopharmacology.180*(1), 169-176.
- Stevenson, W., **Zinzow, H.**, & Sridharan, S. (2003). Using event structure analysis to understand planned social change. *International Journal of Qualitative Methods, 2*(2), 1-18.

\*student authors under direct supervision

\*\*indicates senior authorship

*Under Review:*

\*Khasawneh, A., Chalil Madathil, K., Dixon, E., Wisniewski, P., **Zinzow, H.**, \*Roth, R. (under review, *Cyberpsychology Behavior and Social Networking*). An investigation of the reasons teenagers and young adults participated in online social media based challenges.

Hahn, C., Hahn, A., **Zinzow, H.**, Thompson, M., & Kilpatrick, D. (under review, *Addictive Behaviors*). The role of positive and negative reinforcement on alcohol outcomes following sexual assault among college women.

Kilimnik, C., Roth, R., **Zinzow, H.**, Thompson, M., Gilmore, A., Kilpatrick, D., & Hahn, C. (under review, *Journal of the Study of Alcohol and Drugs*). Identifying college students who drink alcohol before sex: Classification and regression tree analyses of potential risk and protective factors.

## TECHNICAL REPORTS AND BOOK CHAPTERS

- National Mass Violence Victimization Resource Center (2021). Mass violence after action report review: Focus on victim services and behavioral health services. <http://nmvvr.org/media/gqmd2ljz/mvcafteractionreportreviewfinal-07-14.pdf>
- National Mass Violence Victimization Resource Center (2021). Victim centric mass violence incident after action report: Recommendations and template. <http://nmvvr.org/media/obkbbld/victimcentricviaarrecommendationsandtemplate-final-07-14.pdf>
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- Zinzow, H.** Thompson, M., & Rheingold, A. (2013). Homicide Survivors: A Summary of the Research. In R. Davis, A. Lurigio, & S. Herman (Eds.), *Victims of Crime*, 4<sup>th</sup> Ed. Newbury Park, CA: Sage Publications.
- Hawkins, A., **Zinzow, H.**, Amstadter, A., Danielson, K., & Ruggiero, K. (2009). Marginalized populations. In Y. Neria, S. Galea, & F. Norris (Eds.), *Mental Health Consequences of Disasters*. (pp. 277-290). Cambridge University Press.
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- Sridharan, S., Gray, A., **Zinzow, H.**, & Go, E. (2001). National Process Evaluation of the Comprehensive Strategy for Serious, Violent and Chronic Juvenile Offenders. Office of Juvenile Justice and Delinquency Prevention: Washington, DC.
- Sridharan, S., **Zinzow, H.**, Gray, A., & Go, E. (2001). Moving Towards an Impact Evaluation: Knowledge Development in a Process Evaluation of the Comprehensive Strategy for Serious, Violent and Chronic Juvenile Offenders. Office of Juvenile Justice and Delinquency Prevention: Washington, DC.
- Sridharan, S., Greenfield, L., Blakely, B. & **Zinzow, H.** (2001). Process Evaluation of Recent Juvenile Statutes in Virginia. National Institute of Justice: Washington, DC. <http://www.ncjrs.org/pdffiles1/nij/grants/194126.pdf>
- Sridharan, S. & **Zinzow, H.** (2001). Exploratory and Confirmatory Spatial Data Analysis Approaches to Studying the Correlates of Juvenile Violent Crimes. National Institute of Justice: Washington, DC. <http://www.ncjrs.gov/pdffiles1/nij/grants/194127.pdf>

### INVITED PRESENTATIONS

- Zinzow, H.** (Sept. 2022). Using evidence-based practices in campus sexual violence prevention and response. Invited Presentation at Amrita University, Kerala, India.

- Zinzow, H.** (panelist, Sept. 2021). Sexual Assault and Sexual Harassment Prevention Activities and Prevention Systems. National Discussion on Sexual Assault and Sexual Harassment at America's Colleges, Universities, and Service Academies. Virtual conference.
- Dworkin, E., **Zinzow, H.**, & Krahe, B. (Sept. 2021). The global prevalence of sexual violence: A systematic review of international research since 2010. Virtual symposium at the Lyda Hill Institute for Human Resilience at the University of Colorado, Colorado Springs.
- Thompson, M. & **Zinzow, H.** (co-panelists, April 2019). Using theory and data to inform sexual violence prevention. National Discussion on Sexual Assault and Sexual Harassment at America's Colleges, Universities, and Service Academies. U.S. Naval Academy, Annapolis, MD.
- Zinzow, H.** Panelist; Chair: Littleton, H. (November 2018). Sexual assault: Understanding its mental health impact and providing care for survivors. Panel presentation by the ISTSS Briefing Paper working group at the Annual Convention for the International Society for Traumatic Stress Studies, Washington, DC.
- Zinzow, H.** (September 2018) Suicide in adolescents and young adults: Risk factors, prevention, and intervention. Invited presentation to Amrita University School of Medicine, Kerala, India.
- Zinzow, H.** & Thompson, M. (May 2017). Using research-informed practices in violence prevention and response. Invited presentation for the Campus Sexual and Relationship Violence Symposium Series sponsored by NASPA (Student Affairs Administrators in Higher Education). Clemson, SC.
- Zinzow, H.** (April 2017). The role of substance use in sexual assault and its consequences: Research and clinical implications. Invited Grand Rounds presentation at Peter Boris Centre for Addictions Research, Mental Health and Addictions Program, McMaster University, Ontario, Canada.
- Zinzow, H.**, Thompson, M.P., & \*Bogardus, L.S. (May 2016). Tigers Together: Partnering across campus for a comprehensive suicide prevention strategy. Invited panel presentation at the Garrett Lee Smith and National Strategy for Suicide Prevention Grantee Meeting. Substance Abuse and Mental Health Services Administration, Washington DC.
- Zinzow H.**, Thompson, M., & \*Bogardus, L. (August 2015). Tigers Together: A comprehensive, campus-wide suicide prevention strategy. Invited workshop presentation for the Annual Convention of the American Psychological Association, Toronto, Canada.
- Zinzow, H.** (Nov. 2011). Trauma: Mental health, clinical interventions, and future directions. Keynote Address, South Carolina Psychological Association Academic Day, Charleston, SC.

## CONFERENCE PROCEEDINGS

- \*Roth, R., Abraham, J., **Zinzow, H.**, Wisniewski, P., Khasawneh, A., & Chalil Madathil, K. (2020). Evaluating news media reports on the Blue Whale Challenge for adherence to suicide prevention safe messaging guidelines. Proceedings of the ACM on Human-Computer Interaction. Vol. 4, 1-27.

Khasawneh, A., Madathil, K.C., Dixon, E., Wisniewski, P., **Zinzow, H.**, \*Roth, R. (2019), An Investigation on the Portrayal of Blue Whale Challenge on YouTube and Twitter. Proceedings of the 2019 Human Factors and Ergonomics Society Annual Meeting. Seattle, WA.

### SELECTED CONFERENCE PRESENTATIONS (OUT OF OVER 75)

- Zinzow, H.** (June 2022). Mental health among U.S. College Students: Risk, prevalence, and recommendations for intervention. Symposium presentation within Battisto, D., Hambright-Belue, S., Zinzow, H., & Price, M. A plea for help: The crumbling of mental health among architecture and landscape architecture students. Environmental Design Research Association. Greenville, SC.
- Lopes, S., Shi, L., **Zinzow, H.**, Zhang, L., Chen, L., Jones, K., Roth, R., & Jindal, M. (October 2021). Switching a mindful walking intervention to online delivery during the pandemic: Challenges and participant feedback. American Public Health Association. Denver, CO.
- Lopes, S., Shi, L., **Zinzow, H.** Birth outcomes within using California department of public health birth certificate (2012-2016). American Public Health Association 2021
- Lediaeva, I., Lopez, M., Godfrey, A., Wisniewski, P., Chalil Madathil, K., **Zinzow, H.** (under review, *ACM Conference on Computer-Supported Cooperative Work and Social Computing*). Natural selection at work: How affordances and social norms shape the discussion of harmful social media challenges on Reddit.
- Abraham, J., Roth, R., Wisniewski, P., Chalil Madathil, K., & **Zinzow, H.** (under review, *ACM Conference on Computer-Supported Cooperative Work and Social Computing*). Applying behavioral contagion theory to examining young adults' participation in viral social media challenges.
- \*Khasawneh, A., Narasimha, S., **Zinzow, H.**, Chalil Madathil, K., Rosopa, P. (October 2020). An investigation of the factors predicting participation in social media challenges. Human Factors Ergonomics Society Convention
- \*Nance, M., \*Sease, M., Crowe, B.M., Van Puymbroeck, M., & **Zinzow, H.** (October 2020). *The use of yoga with youth who have experienced trauma*. American Therapeutic Recreation Association Annual Conference. Birmingham, AL.
- Ennis, N., Rheingold, A., **Zinzow, H.**, Thompson, M., Gilmore, A. K., Kilpatrick, D. G., & Hahn, C. K. (November 2020). Resistance Responses to Sexual Assault and their Association with Posttraumatic Stress Symptoms. International Society for Traumatic Stress Studies Convention.
- Jones, K., \*Lopes, S., Welsh, R., Chen, L., Kelly, C., Wilson, M., Jindal, M., **Zinzow, H.**, Zhang, L., & Shi, L. (October 2020). A qualitative study on experiences with a community-based mindful walking intervention and mobile device activity measurement. Annual Meeting for the American Public Health Association
- \*Lopes, S., Shi, L., Jindal, M., **Zinzow, H.**, Roth, R., Jones, K., Rennert, L., Chen, L., Zhang, L. (October 2020). An innovative approach with group counseling and mindfulness training among prediabetes and diabetes patients. Annual Meeting for the American Public Health Association
- Zinzow, H.** (2019). Symposium Chair: Innovations in technology-based sexual violence prevention programs. ISTSS Convention.

- Zinzow, H.**, Orchowski, L., Thompson, M., Wood, S., Crispel, A., & Hieftje, K. (2019). Make a Change: Pilot trial of an interactive digital app for campus sexual violence prevention. Symposium presentation at the ISTSS Convention.
- Thompson, M., **Zinzow, H.**, Goree, J., Kingree, K., Flege, M., Pollard, L. & Honnen, N. (2019). Randomized controlled trial of an online sexual violence prevention program for college athletes. Symposium presentation at the ISTSS Convention.
- Hahn, C., Hahn, A., **Zinzow, H.**, Thompson, M., Kilpatrick, D., & Gilmore, D. (2019). Drinking to feel good and stop feeling bad after college sexual assault: The association between positive and negative urgency with alcohol motives and consequences. Poster presentation at the ISTSS Convention.
- \*Roth, R., **Zinzow, H.**, & Byrne, K. (Nov 2019). Emotion dysregulation, risky sexual behavior, risky alcohol-related behavior, & posttraumatic stress in female sexual assault victims. Poster presentation at the Convention for the Association for Behavioral and Cognitive Therapies.
- Winner of the Student Special Interest Group Best Poster***
- Jones, K., \*Lopes, S., Chen, L., Zhang, L., **Zinzow, H.**, Jindal, M., McLain, M., & Shi, L. (2019). Attitudes about mindfulness training among individuals recovering from substance use disorders: Findings from focus groups. Symposium presentation at the American Public Health Association Convention.
- \*Roth, R., \*Erikson, D., \*Johnson, A., \*Solomon, D., \*Wayt, R., \*Ward, K., \*Nicks, A., Thompson, M., Bussell, K., **Zinzow, H.** (2019, April). Tigers Together Advocacy Training: A Controlled Trial of Impact on Knowledge and Behavioral Change. Poster presentation at Clemson University 14th Annual Focus on Creative Inquiry Forum, Clemson, SC.
- \*Krug, B., \*Free, K., \*Fields, M., \*Webster, C., \*Erikson, D., \*Roth, R., \*Solomon, D., Bussell, K., Thompson, M., **Zinzow, H.** (2018, April). The impact of trauma, emotion regulation, and media contagion effects on non-suicidal self-injury and suicidal behavior. Poster presentation at Clemson University 13th Annual Focus on Creative Inquiry Forum, Clemson, SC
- \*Stanton, C., \*Farrenkopf, K., \*Free, K., \*Krug, B., \*Fields, M., \*Fritsche, A., \*Bogardus, L., Thompson, M., & **Zinzow, H.** (April 2017). Examining the efficacy of a suicide prevention advocacy training. Poster presentation at the Focus on Creative Inquiry conference, Clemson University, Clemson, SC.
- Britt, T., Jennings, K., Pury, C., **Zinzow, H.**, & Cheung, J. (April 2017). Creating an organizational climate that supports employees with mental health problems. Symposium presentation at Society for Industrial and Organizational Psychology.
- Zinzow, H.** (October 2016). Symposium Chair: New developments in virtual reality exposure therapy. The convention for the Association for Behavioral and Cognitive Therapies, New York, NY.
- Zinzow, H.** & Thompson, M. (October 2016). Cognitions about consent as mediating mechanisms in the relation between sexual violence risk factors and perpetration: A longitudinal study of college men. Symposium presentation at the convention for the Association for Behavioral and Cognitive Therapies, New York, NY.
- Zinzow, H.**, Brooks, J., Rosopa, P., Jenkins, C., Seaner, J., & Jeffirs, S. (October, 2016). Virtual reality exposure therapy for driving anxiety and aggression in veterans.

- Symposium presentation at the convention for the Association for Behavioral and Cognitive Therapies, New York, NY.
- Zinzow, H.** & Thompson, M. (August 2016). Using theory and data to inform sexual violence prevention on college campuses. Symposium presentation at the convention for the American Psychological Association, Denver, CO.
- \*Jeffirs, S., \*Dickson, A., \*Calvert, B., \*Balsler, C., \*Kramer, A., Zinzow, H., Thompson, M., & \*Bogardus, L. (April 2016). The efficacy of a suicide prevention advocacy training. Presentation for the Focus on Creative Inquiry conference, Clemson University, Clemson, SC.
- Thompson, M., Kingree, K., **Zinzow, H.**, Swartout, K. (February 2016) Sexual violence among college students: Advancing knowledge through longitudinal designs. Symposium presentation at American Academy of Health Behavior, Ponte Vedra Beach, FL.
- Zinzow, H.**, Britt, T., & Pury, C. (August, 2015). Facilitators of mental health treatment-seeking: An empirically informed unit training. Symposium presentation for the Annual Convention of the American Psychological Association, Toronto, Canada.
- Zinzow, H.**, Britt, T., Pury, C., & Raymond, M.A. (Nov. 2014). Barriers and Facilitators of Mental Health Treatment-Seeking among Sexual Assault Victims in the Military. Symposium presentation at the Annual Convention for the International Society for Traumatic Stress Studies (ISTSS), Miami, FL.
- Zinzow, H.**, Resnick, H., Walsh, K., & Kilpatrick, D. (Nov. 2013). The Role of Rape Tactics and Associated Mental Health Outcomes in Development of Substance Abuse Disorders: Results from a National Survey of Women. Symposium presentation at the Annual Convention for the International Society for Traumatic Stress Studies (ISTSS), Philadelphia, PA.
- Zinzow, H.**, Britt, T., Pury, C., & Raymond, M.A. (Nov. 2013). Barriers and facilitators of mental health treatment-seeking in active duty military personnel. Symposium presentation at the Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.
- Zinzow, H.**, Britt, T., Pury, C., & Raymond, M. (Nov. 2012). Connecting military personnel to mental health treatment: Barriers, facilitators, and intervention recommendations. Annual Convention for the International Society for Traumatic Stress Studies (ISTSS).
- Zinzow, H.**, Pury, C., & Gillespie, S. (August 2012). Perceptions of mental health treatment as barriers to care among active duty soldiers. Annual Convention of the American Psychological Association (APA), Orlando, FL.
- Zinzow, H.**, Back, S., & Brady, K. (Nov. 2011). Distress tolerance and alexithymia as mediators of the relation between life stressors and substance use problems. Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Canada.
- \*O'Neil, H., \*Norvelle, B., \*Taylor, A., \*Freeman, S., \*Hunsberger, M., & **Zinzow, H.** (April 2011). Reasons for initiation, maintenance, and cessation of deliberate self-harm: Social and emotional regulation functions. Focus on Creative Inquiry, Clemson, SC.
- Zinzow, H.**, Resnick, H., Amstadter, A., McCauley, J., Ruggiero, K., & Kilpatrick, D. (Nov. 2009). Drug and alcohol-facilitated, incapacitated, and forcible rape in relation to mental health outcomes in a national sample of women. Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Zinzow, H.**, Hawkins, A., Rheingold, A., Saunders, B., & Kilpatrick, D. (Nov. 2009). Losing a loved one to homicide: Prevalence and mental health correlates in a national sample of



young adults. Annual Convention for the International Society of Traumatic Stress Studies (ISTSS), Atlanta, GA.

**Zinzow, H.,** Ruggiero, K., Kilpatrick, D., & Saunders, B. (Nov. 2007). Witnessed parental and community violence in relation to PTSD and major depression in a national sample of adolescents. Poster presented at the 41<sup>st</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT), Child Maltreatment and Interpersonal Violence Special Interest Group Exposition, Philadelphia, PA.

**Zinzow, H. & Jackson, J.** (Nov. 2007). Attributions for different types of traumatic events and posttraumatic stress among women. Annual Convention for the International Society of Traumatic Stress Studies (ISTSS), Baltimore, MD.

**Zinzow, H.,** Grubaugh, A., Frueh, B.C., & Magruder, K. (Nov. 2006) Sexual assault among male and female veterans seen in Veterans Affairs primary care clinics. Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

**Zinzow, H.,** Seth, P., Jackson, J., Furr, A., & Fitzgerald, M. (Nov. 2005). The additive value of self-blame, family blame, and perpetrator blame in predicting posttraumatic stress and psychological symptomatology in adult survivors of child sexual abuse. Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

**Zinzow, H. & Jackson, J.** (Nov. 2004) Internal Attributions for Child Sexual Abuse, Shame, and Revictimization. Annual Convention for the Association for Advancement of Behavior Therapy (AABT), New Orleans, LA.

\* Student authors under my direct supervision

### RECENT COMMUNITY PRESENTATIONS

**Zinzow, H.** (Jan. 2019). PTSD and other trauma-related outcomes: Clinical correlates and evidence-based psychotherapy modalities. Presentation for National Alliance for Mental Illness, Pendleton, SC.

### COURSES TAUGHT

- Practicum in Clinical Psychology (20 sections)
- Theories of Psychotherapy (8 sections)
- Abnormal Psychology (4 sections)
- Creative Inquiry (11 sections)
- Directed Studies in Psychology (10 sections)
- Senior Lab (2 sections)
- Health Psychology (2 sections)

### HONORS THESIS COMMITTEES

- Jessica Dean (2009-10)
- Monica Lindsey (2009-10)

- Kelly Gerrity (2009-10)
- Griffin Wynkoop (2014-15)
- Kimberly Shappell (2014-15)
- Tracy McGee (2015-16)
- Ashleigh Dickson (2015-16)
- Carolyn Yochum (2017-18)
- Kristin Free (2017-18)
- \*Alisha Rice (2017-18)
- \*Rebecca Roth (2018-20)
- Grace Falgoust (2021-)

\*chair

### GRADUATE THESIS COMMITTEES

- Anna McFadden (2012-14)
- Kristen Jennings (2012-14)
- Laura Bogardus (2015-17)
- Sarah Beach (2016-17)
- Pamela Farago (2017-18)
- Charlotte Lucke (2018-)
- Amro Khasawneh (2018-20)
- Dani Sheridan-DiMuzio (2018-20)
- Megan Sease (2019-20)
- Madeline Nance (2019-20)
- Snehal Lopes (2020-)
- Alyssa Davis (2021-)

### PROFESSIONAL LEADERSHIP AND SERVICE

<b>At-Large Member, Operation Deep Dive</b> University of Alabama and America's Warrior Partnership research study on community predictors of veteran suicides in upstate SC	2017-2019
<b>Administrator Researcher Campus Climate Collaborative (ARC3)</b> National committee on campus climate (sexual violence) surveys	2016-present
<b>Consulting Editor, Journal of Family Psychology</b>	2012-present
<b>Reviewer, ISTSS Annual Convention</b> International Society for Traumatic Stress Studies	2012-present
<b>Sexual Assault Briefing Paper Working Group</b> International Society for Traumatic Stress Studies	2018
<b>Review Panel for National Institute of Justice</b> Safety, Health, and Wellness in the Criminal Justice System	2017
<b>Ad Hoc Reviewer</b> Journal of Traumatic Stress; Journal of Interpersonal Violence; Child Maltreatment; Journal of Trauma Practice; Journal of Child Sexual Abuse; Trauma, Violence, & Abuse; BioMed Central Public Health; Women's Health Issues	2005-present

## UNIVERSITY LEADERSHIP AND SERVICE

<p><b>Mentoring Program Facilitator</b> Psychology Department, Clemson University</p>	2018-present
<p><b>Chair, Tigers ADVANCE Advocate Advisory Board</b> NSF Clemson ADVANCE initiative: Transforming the Institution through Gender Equity, Retention, and Support Provide oversight and communications plan for senior advocates, advocacy training workshops designed to educate men faculty on ways to improve gender diversity and campus climate; implement policy initiatives to improve gender equity on campus; participate on the ADVANCE leadership team Clemson University</p>	2017-present
<p><b>Advisory Board &amp; Coalition Member, Tigers Together to Stop Suicide</b> Clemson University</p>	2017-present
<p><b>Campus Climate Survey Committee</b> Office of Community and Ethical Standards, Clemson University</p>	2017-present
<p><b>Title IX Hearing Board Member</b> Clemson University</p>	2016-present
<p><b>Sexual Violence Advisory Board Member</b> <b>Sexual Violence Prevention Task Force Member</b> Clemson University</p>	2014-present 2012-2014
<p><b>Honors Advisor</b> Clemson University Psychology Department</p>	2016-present
<p><b>Tenure and Promotion Committee</b> Clemson University Psychology Department</p>	2015-present
<p><b>Internship Coordinator</b> Clemson University Psychology Dept</p>	2012-present
<p><b>Faculty Advisor, Psychology Club</b> Clemson University</p>	2009-present
<p><b>Psychology Department Advisor</b> Clemson University Advise approximately 20-30 undergraduates per semester on curriculum and professional development</p>	2008-present

<b>Faculty Advisor, Tigers Fighting Trafficking</b> Clemson University Mentored students to support fundraising and advocacy to address sex trafficking	2013-2018
<b>CBSHS Mentoring Committee</b> College of Behavioral, Social, and Health Sciences, Clemson University	2018
<b>Trailblazer, Tigers ADVANCE Leadership and Mentoring Initiative</b> Led development and establishment of the departmental-level mentoring initiative; leadership training focused on advancement of gender equity Clemson University	2017-2018
<b>Pacesetter, Tigers ADVANCE Leadership and Mentoring Initiative</b> Led development and establishment of the college-level mentoring initiative. Leadership training for academic administration College of Behavioral, Social, and Health Sciences Clemson University	2017-2018
<b>Faculty Senator</b> Research subcommittee, CBSHS subcommittee Clemson University	2017-2018
<b>Faculty Advisory Committee</b> Clemson University Psychology Department	2017-2018
<b>Co-Director, Tigers Together to Stop Suicide</b> Clemson University Co-Founder of the university-wide campus suicide prevention initiative, <a href="http://www.clemson.edu/suicideprevention">www.clemson.edu/suicideprevention</a> . Established interdisciplinary coalition, suicide prevention advocacy training program, website, primary care depression screening, annual awareness campaigns, and created new permanent position for director of suicide prevention initiatives.	2014-2017
<b>Institute for Advancement of Health Care Scholar</b> Greenville Hospital System	2012-2014
<b>Faculty Advisor, National Alliance on Mental Illness</b> Clemson University Mentor students and support advocacy activities for Clemson NAMI chapter.	2009-2013
<b>Curriculum Committee</b> Clemson University Psychology Department	2009-2011; 2012-2013

### HONORS AND AWARDS (SINCE 2007)

- Thomas Green Clemson Award for Excellence, Clemson University 2022

(Outstanding contributions to academic life at the university)

- Outstanding Contribution to the Literature, Clemson Univ. Psychology 2021
- Excellence in Service and Outreach Award 2020  
College of Behavioral, Social, & Health Sciences
- President's Commission on Women Outstanding Woman Faculty Member Award 2019
- Excellence in Interdisciplinary Collaboration Award 2019  
College of Behavioral, Social, & Health Sciences
- Outstanding Contribution to the Literature, Clemson Univ. Psychology 2018
- Outstanding Contribution to the Literature, Clemson Univ. Psychology 2016
- Outstanding Faculty Publication, Clemson Univ. Psychology Dept. 2016
- Faculty Scholar, Clemson School of Health Research 2015
- Patient's Choice Award for Clemson Psychologists, OpenCare 2015
- Outstanding Faculty Publication, Clemson Univ. Psychology Dept. 2013
- Psychology Club, Group Volunteer of the Year 2013  
Patrick B. Harris Psychiatric Hospital
- Emerging Scholar Research Excellence Award, Clemson University, 2011  
College of Business and Behavioral Science
- Outstanding Faculty Publication, Clemson Univ. Psychology Dept. 2009
- Herbert Zimmer Research Scholar Award, Univ. of Georgia 2007
- Phi Kappa Phi Honor Society 2007

## **MEDIA INTERVIEWS**

### **National News:**

- Uber and reporting sexual assault. 12/23/19:  
<https://www.washingtonpost.com/technology/2019/12/23/uber-knows-more-about-its-rape-problem-than-anyone-else-what-should-it-do-with-that-data/>
- Toxic masculinity and sexual assault. <https://fivethirtyeight.com/features/science-says-toxic-masculinity-more-than-alcohol-leads-to-sexual-assault/> (9/27/18)  
Fivethirtyeight.com.
- Dangerous viral challenges, 8/1/18. Wired, Jessica Brown
- The hidden injury Puerto Ricans still feel a year after Hurricane Maria, 7/31/18. Detroit Free Press and USA Today Network, Phoebe Howard:  
<https://www.freep.com/story/money/cars/ford/2018/08/23/puerto-rico-hurricane-maria-ford/913183002/>
- Storyful Podcast:Cinnamon, Condoms, and Copycat Dares: The Rise of Dangerous Social Media Challenges, by Laura Byrne, 7/24/18.  
<https://audioboom.com/posts/6943931-cinnamon-condoms-and-copycat-dares-the-rise-of-dangerous-social-media-challenges>

- <https://twitter.com/StoryfulPodcast/status/1021778902283378689>
- Social Media Challenges. Chron.com. <https://www.chron.com/news/media/Clemson-to-conduct-first-ever-study-on-deadly-1288237.php>
  - Suicide Research Focuses on Prevention. Millenium Magazine <http://www.millmag.org/suicide-research-focuses-on-prevention/>
  - Impact of school shootings on students, families, and those exposed to media coverage. NBCNews.com 5/29/18 <https://www.nbcnews.com/news/us-news/amid-fear-shootings-parents-students-count-down-till-school-s-n878546>
  - Impact of school shootings. NBC-2.com, <http://www.nbc-2.com/story/38319388/the-new-math-fewer-days-in-school-less-chance-of-being-shot>
  - Interview on effects of mass violence on victims, 5/1/18. Matthew Reich, The Impact News
  - Sexual assault prevention app. WIA Report. <https://www.wiareport.com/2018/05/two-women-scholars-at-clemson-university-helping-to-develop-sexual-assault-prevention-app/>
  - Clemson researchers help game company develop sexual violence prevention app. Public Now.com <http://www.publicnow.com/view/31847F84CCE68F5E6C99EAB6AB4C9F8F737F2DF3?2018-04-25-16:00:24+01:00-xxx143>
  - Activism Can Be Empowering for Marjory Stoneman Douglas Students, Says Clemson Professor Discussing "March for Our Lives" and Gun Violence 3/28/18, Newswise. <http://www.newswise.com/articles/view/691826>
  - The effects of sexual harassment/assault media coverage on assault victims, 10/18/17, Tonic, Vice Media. [https://tonic.vice.com/en\\_us/article/59ypb8/harvey-weinstein-and-sexual-assault-trauma](https://tonic.vice.com/en_us/article/59ypb8/harvey-weinstein-and-sexual-assault-trauma)
  - Sexual assault and PTSD, 3/5/17. Bustle. <https://www.bustle.com/p/big-little-lies-portrayal-of-janes-ptsd-can-help-survivors-allies-alike-in-a-major-way-42056>
  - Depression among college students, 10/10/16. USA Today College <http://college.usatoday.com/2016/10/22/depression-is-at-an-all-time-high-for-college-students/>
  - Victim blame for sexual assault, 11/13/16. <https://www.womenshealthmag.com/life/ptsd-after-rape>
  - Barriers to help-seeking in response to sexual assault, 12/16/16. <http://blog.studentcaffe.com/greek-life-sexual-assault/>
  - Female veterans trauma exposure, 11/7/16. <http://thedesertwarrior.com/blog/wargasm-sexuality-intimacy-and-post-war-reintegration>
  - Sexual assault prevention, 1/22/16. Campus Clarity Blog. <https://home.campusclarity.com/?s=CASA>
  - Barriers to Disclosure of sexual assault, 8/31/15. Women's E-news <http://womensenews.org/2015/08/drugs-and-abusive-father-drove-her-into-military-life/>
  - Campus sexual assault prevention in high schools, 7/24/15. Huffington Post. [http://www.huffingtonpost.com/entry/campus-rape-high-schools\\_us\\_55b26e28e4b0a13f9d185c4a](http://www.huffingtonpost.com/entry/campus-rape-high-schools_us_55b26e28e4b0a13f9d185c4a)

#### Local News:

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### **PROFESSIONAL MEMBERSHIPS**

- International Society for Traumatic Stress Studies
- Association for Behavioral and Cognitive Therapies