

BRANDON J. GRIFFIN, PH.D.

Psychologist Clinician Investigator, Central Arkansas VA Health Care System
Assistant Professor, Dept. of Psychiatry, University of Arkansas for Medical Sciences
2200 Fort Roots Drive (2H-112), North Little Rock, AR, 72114

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EDUCATION

- 8/2017 Ph.D., Counseling Psychology (APA-accredited)
Virginia Commonwealth University, Richmond, VA
Dissertation: *Development of a two-factor self-forgiveness scale* (Dir: Everett L. Worthington, Jr., Ph.D.)
- 5/2014 M.S., Psychology
Virginia Commonwealth University, Richmond, VA
Thesis: *Efficacy of a self-forgiveness workbook: A randomized controlled trial with university students*
- 5/2011 B.A., Psychology
Southwest Baptist University, Bolivar, MO

PROFESSIONAL POSITIONS

- 11/2019 – present Psychologist Clinician Investigator, Central Arkansas VA Health Care System
9/2017 – 9/2019 Research Health Science Specialist, San Francisco VA Health Care System
8/2016 – 8/2017 Pre-Doctoral Internship (APA-accredited), VA Salt Lake City Health Care System

ACADEMIC AFFILIATIONS

- 01/2020 – present Assistant Professor, Dept. of Psychiatry, University of Arkansas for Medical Sciences
9/2017 – 9/2019 Instructor, Dept. of Psychiatry, University of California – San Francisco

LICENSURE

State of Arkansas, Clinical Psychologist
License Number: (#19-08P)

GRANTS AWARDED

- CeMHOR SWIFT Award (PI: Brandon J. Griffin)** **10/1/2020 to 09/31/2021**
VA HSR&D **\$17,258**
Assessment of Psychological Problems and Treatment Perceptions in Arkansas First Responders
Aim: To explore rates of posttraumatic stress, depression, anxiety, alcohol use, and insomnia among Arkansas police, fire, and emergency medical personnel with prior military services eligible for VA care.
Role: *Principal Investigator*
- 1101 RX002135A (PI: Brett Litz; Site-PI: Shira Maguen)** **07/01/2017 to 09/15/2019**
VA RR&D **\$1,578,622**
Psychosocial Rehabilitation after Moral Injury and Loss with Adaptive Disclosure
Aim: To conduct a multi-site randomized controlled trial comparing Adaptive Disclosure – Enhanced, a new combat-specific psychotherapy, to Present-Centered Therapy, in terms of its impact on psychosocial functioning.
Role: *Site Coordinator and Study Therapist.*
- TCWF – 0101 (PI: Everett L. Worthington, Jr.)** **09/19/2014 to 09/18/2017**
Templeton World Charity Fund **\$938,248**
Can Forgiveness be Strengthened in West and South Africa?
Aim: To foster forgiveness research by African researchers on Africa-centric issues in two African regional centers.
Role: *Consultant-Collaborator.*
- JTF – 55309 Sub-Award (PI: Joel Myers)** **04/01/2012 to 03/31/2014**
John Templeton Foundation/Greater Good Science Center **\$180,925**
A Model of Bullying Based on Gratitude and Its Effects on Social Bonds
Aim: To provide evidence that gratitude can reverse the tendency for bullying-related conflict to escalate.
Role: *Graduate Research Assistant.*

GRANTS SUBMITTED

VA HSR&D (June 2020)

Mental Health Clinician / VA Chaplain Collaboration (MC3) (PI: Jeffrey Pyne)

Aim: To compare clinical outcomes (PTSD, moral injury, and psychosocial functioning) between Veterans being treated for PTSD who are randomly assigned to treatment as usual plus Mental Health Clinician / VA Chaplain Collaboration (MC3) versus treatment as usual.

Role: *Co-Investigator*

National Institute of Mental Health (June 2020)

Moral Injury Treatment for Veterans with PTSD and Neurobiological Correlates (PI: Jeffrey Pyne)

Aim: To examine neurobiological moderators and mechanisms of response to treatment among military veterans exposed to deployment-related events that are perceived as gross violations of cultural, religious/spiritual, and group-based ethical rules.

Role: *Co-Investigator*

PUBLICATIONS

Under Review:

Ehman, A. C., Smith, A. J., Wright, H., Benight, C. C., Maguen, S., Pyne, J. M., Cooney, N., & **Griffin, B. J.** (2021). Exposure to potentially morally injurious event and mental health outcomes among frontline workers affected by COVID-19. Manuscript under editorial review.

Griffin, B. J., Pyne, J. M., Smith, A. J., Usset, T., Harris, J. I., Cooney, N., Messias, E., Cucciare, M. A., & Maguen, S. (2021). Moral injury among first responders during the coronavirus pandemic. Manuscript under editorial review.

Pyne, J. M., Sullivan, S., Abraham, T. H., Rabalais, A., Jacques, M., & **Griffin, B. J.** (2020). Mental health clinician community clergy collaboration to address moral injury symptoms: A pilot study. Manuscript under editorial review.

Smith, A. J., Wright, H., **Griffin, B. J.**, Ehman, A. C., Shoji, K., Love, T. M., Morrow, E., Locke, A., Call, M., Kerig, P. K., Olf, M., Benight, C. C., & Langenecker, S. A. (2021). Immunocompromised status and mental health risk among healthcare workers at the outset of the SARS-CoV-2 pandemic. Manuscript submitted for editorial review.

Zerach, G., Levi-Belz, Y., **Griffin, B. J.**, & Maguen, S. (2020). Patterns of exposure to potentially morally injurious events among Israeli combat veterans: A latent class analysis approach. Manuscript under editorial review.

2020

Cowden, R. G., Worthington, E. L., Jr., **Griffin, B. J.**, Davis, D. E., & Grubbs, J. (2020). Tendencies to forgive, punish, and exonerate oneself: A multi-study investigation. *Journal of Research in Personality*. Advanced online publication. <https://doi.org/10.1016/j.jrp.2020.103934>

De Kock, J. H., Cowden, R. G., Griffin, B. J., Stamatis, A., Deal, P. J., & Worthington, E. L., Jr. (2020). Spirituality and mental toughness: A three-study test of an indirect effect through gratitude. *Psychology of Religion and Spirituality*. Advanced online publication.

Griffin, B. J., Williams, C., Burkman, K., Purcell, N., Shaler, L., Dees, R., Cowden, R., Litz, B., Bryan, C., & Maguen, S. (2020). Profiles of moral pain and associated outcomes among student veterans. *Psychological Trauma: Theory, Research, Practice & Policy*, 12, 669-677.

Maguen, S., **Griffin, B. J.**, Copeland, L. A., Perkins, D. F., Finley, E. P., & Vogt, D. (2020). Gender differences in prevalence and outcomes of moral injury among Post-9/11 veterans. *Journal of Psychiatric Research*, 130, 97-103.

- Maguen, S., **Griffin, B. J.**, Copeland, L. A., Perkins, D. F., Richardson, C. B., Finley, E. P., & Vogt, D. (in press). Trajectories of functioning in a population-based longitudinal sample of veterans: Contributions of moral injury, PTSD, and depression. *Psychological Medicine*. Advanced online publication. <https://doi.org/10.1017/S0033291720004249>
- Toussaint, L. L., **Griffin, B. J.**, Worthington, E. L., Jr., Zoelzer, M. & Luskin, F. (2020). Promoting forgiveness at a Christian college: A comparison of the REACH forgiveness and Forgive for Good methods. *Journal of Psychology and Theology*, 48, 154-165.
- Usset, T. J., Gray, E., **Griffin, B. J.**, Currier, J. M., Kopacz, M. S., Wilhelm, J. H., & Harris, J. I. (2020). Psychospiritual developmental risk factors for moral injury. *Religions*, 11, 484-495.
- Wright, H. M., **Griffin, B. J.**, Shoji, K., Love, T. M., Langenecker, S. A., Benight, C. C., & Smith, A. J. (in press). Pandemic-related mental health risk among front line personnel. *Journal of Psychiatric Research*. Advanced online publication. <https://doi.org/10.1016/j.jpsychires.2020.10.045>
- 2019**
- Cowden, R. G., Worthington, E. L., Jr., Nonterah, C. W., Cairo, A. H., **Griffin, B. J.**, & Hook, J. N. (2019). Development of the collectivist-sensitive Trait Forgivingness Scale. *Scandinavian Journal of Psychology*, 60, 169-180.
- Cowden, R. G., **Griffin, B. J.**, Garthe, R. C., Worthington, E. L., Jr. (2019). Forgiveness moderates relations between psychological abuse and indicators of psychological distress among women in romantic relationships. *South African Journal of Science*, 115, 1-7.
- Griffin, B. J.**, Purcell, N., Burkman, K., Litz, B. T., Bryan, C. J., Schmitz, M., Villierme, C., Walsh, J., & Maguen, S. (2019). Moral injury: An integrative review. *Journal of Traumatic Stress*, 32, 350-362.
- Griffin, B. J.**, Toussaint, L. L., Zoelzer, M., Worthington, E. L., Jr., McElroy, A., Lavelock, C. R., Coleman, J., Hook, J. N., Wade, N. G., Sandage, S. J., & Rye, M. (2019). Evaluating the effectiveness of a community-based forgiveness campaign. *Journal of Positive Psychology*, 14, 354-361.
- Simpson, C., **Griffin, B. J.**, & Mazzeo, S. E. (2019). Psychological and behavioral effects of obesity prevention campaigns. *Journal of Health Psychology*, 24, 1268-1281.
- Winkeljohn Black, S., Brelsford, G. M., Worthington, E. L., Jr., Davis, D. E., Hook, J. N., Van Tongeren, D. R., Reid, C. A., Garthe, R. C., **Griffin, B. J.**, Noneterah, C. W., & Cairo, A. H. (2019). How do humility prototypes affect the association between perceptions of spouse's humility and depressive symptoms and couple conflict? *Journal of Positive Psychology*, 14, 836-844.
- 2018**
- Garthe, R. C., **Griffin, B. J.**, Worthington, E. L., Jr., Goncy, E. A., Sullivan, T. N., Coleman, J. A., Davis, D. E., Kwakye-Nuako, C. O., Mokushane, T., Makola, S., & Anakwah, N. (2018). Negative interpersonal interactions and dating abuse perpetration: The mediating role of dispositional forgivingness. *Journal of Interpersonal Violence*, 33, 2311-2334.
- Griffin, B. J.**, Worthington, E. L., Jr., Davis, D. E., Hook, J. N., & Maguen, S. (2018). Development of the self-forgiveness dual-process scale. *Journal of Counseling Psychology*, 65, 715-726.
- Purcell, N., **Griffin, B. J.**, Burkman, K., & Maguen, S. (2018). "Opening a door to a new life": The role of forgiveness in healing from moral injury. *Frontiers in Psychiatry*. <https://doi.org/10.3389/fpsy.2018.00498>
- Reid, C. A., Worthington, E. L., Jr., Garthe, R. C., Davis, D. E., Hook, J. N., Van Tongeren, D. R., & **Griffin, B. J.** (2018). Actor-partner interdependence of humility and relationship quality among couples transitioning to parenthood. *The Journal of Positive Psychology*, 13, 122-132.

Sutton, G. W., Kelly, H. L., **Griffin, B. J.**, Worthington, E. L., Jr., & Dinwiddie, C. (2018). Satisfaction with Christian psychotherapy and well-being: Contributions of hope, personality, and spirituality. *Journal of Spirituality and Clinical Practice*, 5, 8-24.

2017

Bell, C. M., Davis, D. E., **Griffin, B. J.**, Ashby, J. S., & Rice, K. G. (2017). The promotion of self-forgiveness, responsibility, and willingness to make reparations through a workbook intervention. *Journal of Positive Psychology*, 12, 571-578.

Hughes, C. M., **Griffin, B. J.**, & Worthington, E. L., Jr. (2017). A measure of social behavior in team-based, multiplayer online games: The Sociality in Multiplayer Online Games (SMOG) scale. *Computers in Human Behavior*, 69, 386-395.

Lavelock, C. R., Worthington, E. L., Jr., Elnasseh, A., **Griffin, B. J.**, Garthe, R. C., Davis, D. E., & Hook, J. N. (2017). Still waters run deep: Humility as a master virtue. *Journal of Psychology and Theology*, 45, 286-303.

Peterson, S. J., Van Tongeren, D. R., Womack, S. D., Hook, J. N., Davis, D. E., & **Griffin, B. J.** (2017). The benefits of self-forgiveness on mental health: Evidence from correlational and experimental research. *Journal of Positive Psychology*, 12, 159-168.

2016

Davis, D. E., Wade, N. G., Varjas, K., Meyers, J., Gifford, A., Quinn, A., Hook, J. N., Van Tongeren, D. R., **Griffin, B. J.**, & Worthington, E. L., Jr. (2016). Thankful for the little things: A meta-analysis of gratitude interventions. *Journal of Counseling Psychology*, 63, 20-31.

Griffin, B. J., Moloney, J. M., Green, J. D., Worthington, E. L., Jr., Cork, B., Tangney, J. P., Van Tongeren, D. R., Davis, D. E., Hook, J. N. (2016). Perpetrators' reactions to perceived interpersonal wrongdoing: The associations of guilt and shame with forgiving, punishing, and excusing oneself. *Self and Identity*, 15, 650-661.

Griffin, B. J., Worthington, E. L., Jr., Leach, J. D., Hook, J. N., Grubbs, J., Exline, J. J., & Davis, D. E. (2016). Sexual congruence moderates the associations of hypersexual behavior with spiritual struggle and sexual self-concept. *Sex and Compulsivity*, 23, 279-295.

Griffin, B. J., Garthe, R. C., Worthington, E. L., Jr., Sullivan, T. N., Larsen, R., Lavelock, C. R., & Davis, D. E. (2016). How positive processes function in negative relationships: Dispositional gratitude moderates the association between dating violence victimization and affective need. *Journal of Positive Psychology*, 11, 388-398.

Lavelock, C. R., **Griffin, B. J.**, Worthington, E. L., Jr., Benotsch, E. G., Lin, Y., Greer, C. L., Davis, D. E., & Hook, J. N. (2016). A qualitative review and integrative model of gratitude and physical health. *Journal of Psychology and Theology*, 44, 55-86.

Nonterah, C. W., Garthe, R. C., Reid, C. A., Worthington, E. L., Jr., Davis, D. E., Hook, J. N., Van Tongeren, D. R., & **Griffin, B. J.** (2016). The impact of stress on fluctuations in relational humility as couples transition to parenthood. *Personality and Individual Differences*, 101, 276-281.

Worthington, E. L., Jr., **Griffin, B. J.**, Toussaint, L. L., Nonterah, C. W., Utsey, S. O., & Garthe, R. C. (2016). Forgiveness as a catalyst for psychological, physical, and spiritual resilience in disasters and crises. *Journal of Psychology and Theology*, 44, 152-165.

2015

Davis, D. E., Ho, M. Y., **Griffin, B. J.**, Bell, C., Hook, J. N., Van Tongeren, D. R., DeBlaere, C., Worthington, E. L., Jr., & Westbrook, C. (2015). Forgiving the self and physical and mental health correlates: A meta-analytic review. *Journal of Counseling Psychology*, 62, 329-335.

Griffin, B. J., Worthington, E. L., Jr., Lavelock, C. R., Greer, C. L., Lin, Y., Davis, D. E., & Hook, J. N. (2015). Efficacy of a self-forgiveness workbook: A randomized controlled trial with interpersonal offenders. *Journal of Counseling Psychology, 62*, 124-136.

Grubbs, J. B., Hook, J. N., **Griffin, B. J.**, & Davis, D. E. (2015). Evaluating outcome research for hypersexual behavior. *Current Addiction Reports, 2*, 207-213.

Hook, J. N., Farrell, J. E., Davis, D. E., Van Tongeren, D. R., **Griffin, B. J.**, Grubbs, J., Penberthy, J. K., & Bedics, J. D. (2015). Self-forgiveness and hypersexual behavior. *Sexual Addiction and Compulsivity, 22*, 59-70.

Worthington, E. L., Jr., Berry, J. W., Hook, J. N., Davis, D. E., Scherer, M., **Griffin, B. J.**, Wade, N. G., Yarhouse, M., Ripley, J. S., Miller, A. J., Sharp, C. B., Canter, D. E., & Campana, K. L. (2015). Forgiveness-reconciliation and communication-conflict-resolution interventions versus rested controls in early married couples. *Journal of Counseling Psychology, 62*, 14-27.

2014

Greer, C. L., Worthington, E. L., Jr., Lin, Y., Lavelock, C. R., & **Griffin, B. J.** (2014). Efficacy of a self-directed forgiveness workbook for Christian victims of within-congregation offenders. *Spirituality in Clinical Practice, 1*, 218-230.

Griffin, B. J., Lavelock, C. L., & Worthington, E. L., Jr. (2014). On earth as it is in heaven: Healing through forgiveness. *Journal of Psychology and Theology, 42*, 252-259.

Harper, Q., Worthington, E. L., Jr., **Griffin, B. J.**, Lavelock, C. R., Greer, C. L., & Vrana, S. R. (2014). Efficacy of a workbook to REACH forgiveness. *Journal of Clinical Psychology, 70*, 1158-1169.

Lavelock, C. R., Worthington, E. L., Jr., Davis, D. E., **Griffin, B. J.**, Reid, C., Hook, J. S., & Van Tongeren, D. (2014). The quiet virtue speaks: An intervention to promote humility. *Journal of Psychology and Theology, 42*, 99-110.

Lin, Y., Worthington, E. L., Jr., **Griffin, B. J.**, Greer, C. L., Opare-Henaky, A., Lavelock, C. R., Hook, J. N., Ho, M. Y., & Muller, H. (2014). Efficacy of REACH forgiveness across cultures. *Journal of Clinical Psychology, 70*, 781-793.

2013

Lavelock, C. R., **Griffin, B. J.**, & Worthington, E. L., Jr. (2013). Forgiveness, religion, spirituality, and mental health in people with physical challenges: A review and a model. *Research in the Social Scientific Study of Religion, 24*, 53-92.

Clinical Manuals:

Griffin, B. J., & Worthington, E. L., Jr. (September, 2015). *Six steps to self-forgiveness: Self-directed workbook (2nd edition)*. Unpublished workbook, Virginia Commonwealth University, Richmond, VA.

Griffin, B. J., & Worthington, E. L., Jr. (January, 2013). *Six steps to self-forgiveness: Self-directed workbook (1st edition)*. Unpublished workbook, Virginia Commonwealth University, Richmond, VA.

BOOKS EDITED

Woodyatt, L., Worthington, E. L., Jr., Wenzel, M., & **Griffin, B. J.** (2017). *Handbook of the Psychology of Self-forgiveness*. New York, NY: Springer.

BOOK CHAPTERS AUTHORED

Published:

2020

Griffin, B. J., Cornish, M., Worthington, E. L., Jr., & Maguen, S. (2020). Forgiveness as a mechanism of repair following military-related moral injury. In J. M. Currier, K. D. Drescher, & J. A. Nieuwsma (Eds.), *Addressing Moral Injury in Clinical Practice*. Washington DC: American Psychological Association.

2019

Cornish, M., & **Griffin, B. J.**, & Morris, G. (2019). Promotion of self-forgiveness. In E. L. Worthington, Jr. & N. G. Wade (Eds.), *The Handbook of Forgiveness* (2nd ed.). New York, NY: Routledge.

Griffin, B. J., & Cowden, R. G. (2019). Bibliography of reviews and meta-analyses on forgiveness (2004-2018). In E. L. Worthington, Jr. & N. G. Wade (Eds.), *The Handbook of Forgiveness* (2nd ed.). New York, NY: Routledge.

McElroy-Heltzel, S. E., Davis, D. E., Ordaz, A., **Griffin, B. J.**, & Hook, J. N. (2019). Major measures of forgiveness and self-forgiveness: Descriptions, psychometric support, recommendations for different types of use. In E. L. Worthington, Jr. & N. G. Wade (Eds.), *The Handbook of Forgiveness* (2nd ed.). New York, NY: Routledge.

Worthington, E. L., Jr., Nonterah, C. W., Utsey, S. O., **Griffin, B. J.**, Carneal, C. C., Cairo, A. H., Osei-Tutu, A., Cowden, R. G., Pillay, B. J., Kulick, K., & Germer, L. S. (2019). Forgiveness research in Africa: The present status and future prospects. Manuscript submitted for editorial review. In E. L. Worthington, Jr. & N. G. Wade (Eds.), *The Handbook of Forgiveness* (2nd ed.). New York, NY: Routledge.

2018

Worthington, E. L., Jr., Toussaint, L., **Griffin, B. J.**, Davis, D. E., & Hook, J. N. (2018). Spiritually formative practices and stress-related disorders. In Thomas Plante (Ed.), *Healing with spiritual practices: Proven techniques for disorders from addictions and anxiety to cancer and chronic pain*. Santa Barbara, CA: ABC-Prager.

2017

Green, J. D., Davis, J. L., Cairo, A. H., **Griffin, B. J.**, Behler, A. C., & Garthe, R. C. (2017). Relational predictors and correlates of humility: An interdependence analysis. In Everett L. Worthington, Jr., Don E. Davis, & Joshua N. Hook (Eds.), *Handbook of Humility* (pp. 165-177). New York, NY: Routledge.

Griffin, B. J., Worthington, E. L., Jr., Dees, R. F., Shaler, L., Benesek, J. P., Pickett, T. C., Hook, J. N., & Davis, D. E. (2017). The clinical application of humility to moral injury: An exemplar of positive military psychology. In Everett L. Worthington, Jr., Don E. Davis, & Joshua N. Hook (Eds.), *Handbook of Humility* (pp. 329-352). New York, NY: Routledge.

Griffin, B. J., Worthington, E. L., Jr., Danish, S. J., Donovan, J., Lavelock, C. R., Shaler, L., Dees, R. F., Maguen, S., & Davis, D. E. (2017). Self-forgiveness and military service: Equipping warriors to combat moral injury. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & **B. J. Griffin** (Eds.), *Handbook of the psychology of self-forgiveness*. New York, NY: Springer.

Griffin, B. J., Worthington, E. L., Jr., Lavelock, C. R., Davis, D. E., & Bell, C. M. (2017). Self-directed intervention designed to promote self-forgiveness. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & **B. J. Griffin** (Eds.), *Handbook of the psychology of self-forgiveness*. New York, NY: Springer.

Grubbs, J. B., Hook, J. N., **Griffin, B. J.**, Penberthy, J. Kim, & Kraus, S. W. (2017). Clinical assessment and diagnosis of sexual addiction. In J. Benfield and T. Birchard (Eds.) *International Handbook on Sexual Addiction*. New York, NY: Routledge.

- Grubbs, J. B., Hook, J. N., **Griffin, B. J.**, Cushman, M. S., Hook, J. P., & Penberthy, J. K. (2017). Treating hypersexuality. In Zoe Peterson (Ed.), *The Wiley-Blackwell Handbook of Sex Therapy* (pp. 115-128). West Sussex, UK: Wiley & Sons, Ltd.
- Lavelock, C. R., Worthington, E. L., Jr., **Griffin, B. J.**, Garthe, R. C., Davis, D. E., & Hook, J. N. (2017). Humility intervention research: A qualitative review. In Everett L. Worthington, Jr., Don E. Davis, & Joshua N. Hook (Eds.), *Handbook of Humility* (pp. 274-285). New York, NY: Routledge.
- Woodyatt, L., Worthington, E. L., Jr., Wenzel, M., & **Griffin, B. J.** (2017). Prologue: What's so difficult about self-forgiveness? In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & **B. J. Griffin** (Eds.), *Handbook of the psychology of self-forgiveness*. New York, NY: Springer.
- Woodyatt, L., Worthington, E. L., Jr., Wenzel, M., & **Griffin, B. J.** (2017). Orientation to the psychology of self-forgiveness. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & **B. J. Griffin** (Eds.), *Handbook of the psychology of self-forgiveness*. New York, NY: Springer.
- Woodyatt, L., Worthington, E. L., Jr., Wenzel, M., & **Griffin, B. J.** (2017). Conclusion: The road so far and the road ahead. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & **B. J. Griffin** (Eds.), *Handbook of the psychology of self-forgiveness*. New York, NY: Springer.
- Worthington, E. L., Jr., Wade, N. G., & **Griffin, B. J.** (2017). Group intervention to promote self-forgiveness. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & **B. J. Griffin** (Eds.), *Handbook of the psychology of self-forgiveness*. New York, NY: Springer.
- Worthington, E. L., Jr., Griffin, B. J., Lavelock, C. R., Wade, N. G., & Kulick, K. (2017). Forgiveness interventions and prevention of poor health, hostile relationships, and societal hatred and violence. In M. Israelshvili & J. L. Romano (Eds.), *The Cambridge Handbook of International Prevention Science*. New York, NY: Cambridge University Press.
- 2016**
- Worthington, E. L., Jr., **Griffin, B. J.**, Lavelock, C. R., Hughes, C. M., Greer, C. L., Sandage, S. J., & Rye, M. S. (2016). Interventions to promote forgiveness are exemplars of positive clinical psychology. In J. Johnson & A. Wood (Eds.), *Handbook of positive clinical psychology* (pp. 365-280). New York, NY: Wiley.
- Worthington, E. L., Jr., **Griffin, B. J.**, & Lavelock, C. R. (2016). Forgiveness, conflict, and societal change. In Dejun Tonky Kong & Donelson R. Forsyth (Eds.), *Leading through conflict: Into the fray* (pp. 179-199). New York, NY: Palgrave MacMillan.
- 2015**
- Griffin, B. J.**, Worthington, E. L., Jr., Lavelock, C. R., Wade, N. G., Hoyt, W. T. (2015). Forgiveness and mental health. In L. Toussaint, E. L. Worthington, Jr., & D. Williams (Eds.), *Forgiveness and health: Scientific evidence and theories relating forgiveness to better health* (pp. 77-90). New York: Springer.
- Lavelock, C. R., Snipes, D. J., **Griffin, B. J.**, Worthington, E. L., Jr., Davis, D. E., & Hook, J. N. (2015). Conceptual models of forgiveness and health. In L. Toussaint, E. L. Worthington, Jr., & D. Williams (Eds.), *Forgiveness and health: Scientific evidence and theories relating forgiveness to better health* (pp. 29-42). New York: Springer.
- Worthington, E. L., Jr., **Griffin, B. J.**, Lavelock, C. R., & Exline, J. J. (2015). Compassion as a virtue affected by religion, spirituality, and other virtues. In T. G. Plante (Ed.), *The Psychology of Compassion and Cruelty: Understanding the Emotional, Spiritual, and Religious Influences* (pp. 17-33). Santa Barbara, CA: ABC-CLICO.

2014

Worthington, E. L., Jr., Lavelock, C., Van Tongeren, D. R., Witvliet, C. V. O., **Griffin, B. J.**, Greer, C. L., Jennings, D. J., II, Lin, Y., Jordan, K., & Ho, M. Y. (2014). The contributions of Christian perspectives and practices to positive psychology. In C. Kim-Prieto (Ed.), *Religion and spirituality across cultures*. New York, NY: Springer.

PRESENTATIONS

2021

Griffin, B. J., & Ehman, A. C. (2021, Feb 2). New findings on moral injury in Veterans+ [Professional Development Seminar]. Presentation to the Central Arkansas VA Health Care System Psychology Community, Little Rock, AR.

2020

Maguen, S., **Griffin, B. J.**, Vogt, D. (2020). Broadening the focus of research on the impact of stress and trauma exposure to examine functional impacts across multiple aspects of military veterans' lives.

2019

Griffin, B. J. & Williams, C. (2019, November). Profiles of moral pain and associated outcomes among student veterans. Poster presented at the annual meeting of the International Society of Traumatic Stress (ISTSS 2019), Boston, MA.

Griffin, B. J. (2019, January). *Assessment and treatment of military-related moral injury*. Invited talk presented to San Francisco VA Health Care System Substance Use Treatment Clinics. San Francisco, CA, USA.

2018

Griffin, B. J. (2018, October). *Assessment and treatment of military-related moral injury*. Invited talk presented to San Francisco VA Health Care System Ambulatory Care Clinics. San Francisco, CA, USA.

Griffin, B. J. (Chair). (2018, August). *Assessment and treatment of military-related moral injury*. Symposium presented at the American Psychological Association National Convention, San Francisco, CA, USA.

Griffin, B. J., Cowden, R. G., & Worthington, E. L., Jr. (2018, August). Evidence for a dual-process model of self-forgiveness. In J. M. McConnell (Chair), *Self-forgiveness: Integrations of Counseling and Social Psychology*. Symposium presented at the meeting of the American Psychological Association National Convention, San Francisco, CA, USA.

Moloney, J. M., **Griffin, B. J.**, & Green, J. D. (2018, March). *The influence of self-forgiveness and perceptions of self-forgiveness on relationship satisfaction and commitment*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Atlanta, GA, USA.

2017

Griffin, B. J. (2017, March). Killing in war. Talk presented to the VA Salt Lake City Health Care System psychology grand rounds, Salt Lake City, UT, USA.

Griffin, B. J. (2017, March). Antisocial personality disorder: Clinical assessment, pathogenesis, and approaches to treatment. Talk presented to the VA Salt Lake City Health Care System psychology, pharmacy, and nursing resident cohorts, Salt Lake City, UT, USA.

Sutton, G. W., Kelly, H. L., Worthington, E. L., Jr., **Griffin, B. J.**, & Dinwiddie, C. (2017, September). Christian counseling: Client factors linked to post-counseling well-being and treatment satisfaction. Talk presented to the American Association of Christian Counselors, Nashville, TN, USA.

2016

Moloney, J. M., **Griffin, B. J.**, & Green, J. D. (2016, November). Trait narcissism and differentiated processes of self-forgiveness. Poster to be presented at the annual convention of the Society of Southeastern Social Psychologists (SSSP), Asheville, NC, USA.

Simpson, C. C., **Griffin, B. J.**, Mazzeo, S. E. (2016, May). *The effects of obesity prevention campaigns on risk factors for weight-related disorders*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA, USA.

Griffin, B. J. & Donovan, J. C. (2016, April). *Fight for freedom from service-related moral injury: The role of caregivers in the reparation of ruptured trust*. Invited talk presented at the 2016 USO Caregiver Seminar, Camp Lejeune, NC, USA.

2015

Griffin, B. J. (2015, November). *Fight for freedom from service-related moral injury: The essential role of caregivers in helping service-members find forgiveness*. Invited talk presented at the 2015 USO Caregiver Seminar, Fort Hood, TX, USA.

Griffin, B. J. (2015, October). *Fight for freedom from service-related moral injury: The essential role of caregivers in helping service-members find forgiveness*. Invited talk presented at the 2015 USO Caregiver Seminar, Tacoma, WA, USA.

Griffin, B. J. (2015, September). *Moral resiliency: How forgiving oneself promotes recovery from service-related moral injury*. Talk presented at the World Conference of the American Association of Christian Counselors, Nashville, TN, USA.

Griffin, B. J. (2015, August). *Fight for freedom from service-related moral injury: The essential role of caregivers in helping service-members find forgiveness*. Invited talk presented at the 2015 USO Caregiver Seminar, Colorado Springs, CO, USA.

Griffin, B. J. (2015, August). Exploring the effects of a self-forgiveness intervention among interpersonal offenders. In M. Cornish (Chair), *Promoting Self-forgiveness: Interventions and clinical applications*. Symposium conducted at the meeting of the American Psychological Association National Convention, Toronto, ON, Canada.

Griffin, B. J. & Leach, J. D. (2015, August). *When sex is sacrilege: The joint effect of hypersexual behavior and body sanctification on spiritual and sexual functioning*. Poster presented at the student poster session hosted by Division 36 (Religion & Spirituality) of the American Psychological Association National Convention, Toronto, ON, Canada.

Griffin, B. J., (2015, January). *Self-forgiveness: Presentation of a grant initiative to solicit your critique and collaboration*. Paper presented at the Institute for the Study of Religion and Spirituality, Biola University, La Mirada, CA, USA.

2014

Worthington, E. L., Jr., **Griffin, B. J.**, & Lavelock, C. R. (2014, May). *Some contributions of positive psychology to spiritual formation*. Talk presented at the Fellows of the Center for Christian Thought, Biola University, La Mirada, CA, USA.

Worthington, E. L., Jr., Kulick, K., & **Griffin, B. J.** (2014, April). *Public health and promoting forgiveness of self and others*. Talk presented at the Harvard University School of Public Health, Boston, MA, USA.

Worthington, E. L., Jr., Kulick, K., & **Griffin, B. J.** (2014, April). *Can forgiveness change a culturally and religiously diverse world?* Talk presented at the Boston University School of Theology, Boston, MA, USA.

Griffin, B. J., & Worthington, E. L., Jr. (2014, April). Efficacy of a self-forgiveness workbook. In E. L. Worthington, Jr., (Chair), *Self-forgiveness*. Symposium conducted at the international meeting of the Christian Association for Psychological Studies, Atlanta, GA, USA.

Worthington, E. L., Jr., Kulick, K., & **Griffin, B. J.** (2014, April). Forgiveness research and practice in non-US cultures. In B. W. Smith (Chair), *Research in Non-US Cultures*, Symposium conducted at the Christian Association for Psychological Studies, Atlanta, GA, USA.

Garthe, R. C., & **Griffin, B. J.** (2014, March). *The Role of Virtue in Violent Dating Relationships*. Talk presented at Clark Hill Institute for Positive Youth Development, Richmond, VA, USA.

Griffin, B. J., Worthington, E. L., Jr., Danish, S. J., Dees, R. F., Davis, D. E., Lavelock, C. R., & Shaler, L. (2014, March). Self-forgiveness and combat-related trauma. In E. L. Worthington, Jr., (Chair), *Forgiveness – A counseling-psychology relevant virtue intervention as potential healing for trauma and violence*. Symposium conducted at the meeting of the American Psychological Association Division 17, Atlanta, GA, USA.

2013

Lavelock, C. R., Greer, C. L., **Griffin, B. J.**, Worthington, E. L., Jr. (2013, November). *Empowering clients to REACH forgiveness using self-directed workbooks*. Talk presented at CAPS-East Regional Conference, Virginia Beach, VA, USA.

Griffin, B. J., Worthington, E. L., Jr., & Ripley, J. S. (2013, November). *Moral injury and military service: Is self-forgiveness a sensible treatment goal?* Talk presented at CAPS-East Regional Conference, Virginia Beach, VA, USA.

Griffin, B. J., Lin, Y., Greer, C. L., & Worthington, E. L., Jr. (2013, November). *Intervening to promote forgiveness: Religious and cultural applications to pastoral counseling*. Talk presented at the American Association of Pastoral Counselors Conference, Columbia, MD, USA.

Worthington, E. L., Jr., Toussaint, L. L., Wade, N. G., Hoyt, W. T., **Griffin, B. J.**, Greer, C. L., Lavelock, C. R., Lin, Y., Harper, Q. (2013, March). *What's new in the REACH forgiveness method?* Symposium conducted at the meeting APA Division 36 (Society for Psychology of Religion and Spirituality), Columbia, MD, USA.

Griffin, B. J. (2012, November). *Efficacy of a workbook to promote self-forgiveness: A randomized clinical trial with university students*. Presented in Positive Psychology Research Group, Richmond, VA, USA.

Lavelock, C., **Griffin, B. J.**, Worthington, E. L., Jr. (2012, November) *How forgiveness affects physical and mental health*. Presented at CAPS-East Regional Conference, Chambersburg, PA, USA.

CLINICAL PRACTICA

7/2015 – 5/2016 **Advanced Practicum**, Hunter Holmes McGuire VA Medical Center
Supervisors: Christa Marshall, Psy.D.; John Benesek, Psy.D.; Michael S. Ellwood, Ph.D., LCP
Training Director: Michael S. Ellwood, Ph.D., LCP

7/2014 - 8/2015 **Practicum**, University Counseling Services, VCU
Supervisor: Michelle Skinner, Ph.D., Emily Bryant, Ph.D.
Training Director: Sydney Brodeur McDonald, Ph.D.

7/2013 - 8/2014 **Practicum**, Center for Psychological Services and Development, Dept. of Psychology, VCU
Supervisor: James P. McCullough, Ph.D.
Training Director: Mary Beth Heller, Ph.D., LCP, NCSP

7/2013 - 5/2014 **Practicum**, Moms & Dads, Incarcerated.
Supervisor: Everett L. Worthington, Jr., Ph.D.; Barbara J. Myers, Ph.D.

ADDITIONAL CLINICAL TRAINING

- 5/2018 **Introduction to Clinical Issues in Human Sexuality**
Participated in seminar developed in compliance with the California Business and Professions Code and California Code of Regulations Relating to the Practice of Psychology.
Presenters: VA Palo Alto Health Care System
- 4/2018 **Child Abuse Assessment, Reporting, and Overview of Treatment**
Participated in seminar developed in compliance with the California Business and Professions Code and California Code of Regulations Relating to the Practice of Psychology.
Presenters: VA Palo Alto Health Care System
- 1/2017 **Concussion and Post-Concussion Syndrome – Overview and Management**
Participated in training about the basic and clinical science of concussion, with emphasis on the natural course of recovery.
Presenter: Angela Eastvold, Ph.D., ABPP-CN
- 12/2016 **Brief Cognitive Behavioral Therapy for Suicidal Soldiers**
Participated in training focused on trans-diagnostic intervention for suicidal behavior using a brief Cognitive Behavioral approach.
Presenter: Craig Bryan, PsyD
- 10/2015 **Military Culture Shooting a New Azimuth: Charting A Course in the Civilian World**
Participated in training about military culture and its influence on psychotherapy. Discussed issues of command hierarchy, operational specialties, development of masculine and feminine military identity, signature injuries of recent conflicts, and common reintegration challenges.
Presenters: Treven Pickett, PsyD, ABPP; Christopher Murphy, PsyD; Meghan Geiss, PhD
- 7/2015 **Telehealth Core Competencies and Emergency Procedures**
Participated in telehealth training for advanced practicum at Hunter Holmes McGuire VA Medical Center. This training was in addition to the Mandatory Training for Trainees (MTT).
Presenter: VA Talent Management System
- 3/2014 **The Changing Healthcare System: Implications for Psychology Education and Practice**
Participated in training about the transition of psychologists to professional identification as non-medical health providers in an interdisciplinary healthcare system.
Presenters: Cynthia D. Belar, Ph.D.; Katerine C. Nordal, Ph.D.
- 1/2014 **Lewis B. Puller Veterans Benefit Clinic, “Boot Camp” Training**
Participated in training about roles of legal and healthcare professionals in the process of submitting veterans’ claims for disability compensation.
Presenter: Stacey-Rae Simcox, J.D.
- 9/2013 **Cognitive Behavioral Analysis System of Psychotherapy (CBASP)**
Participated in training to learn major techniques of the CBASP approach (e.g., Disciplined Personal Involvement, Significant Other History, Situational Analysis, and Interpersonal Discrimination Exercise).
Presenters: James P. McCullough, Ph.D. (CBASP developer); Kim Penberthy, Ph.D.
- 8/2013 **Safe Zone Training – Center for Psychological Services & Development**
Participated in 2-hour training facilitating awareness of stereotypes, assumptions, and clinical considerations relevant to patients who identify as sexual minorities.
Presenters: VCU University Counseling Center Staff

OUTREACH EXPERIENCES

8/2014 – 08/2017 **Military-Related Moral Injury**

Consulted with service members and families, health providers, and community organizations about problems reported by military personnel and veterans exposed to morally salient traumatic stressors. Partners included the United Services Organization (USO), Institute for Military Resilience, and colleagues at VA Medical Centers.

COURSES TAUGHT

Virginia Commonwealth University

Graduate

8/2014 - 12/2014 Statistics in Psychological Research I (PSYC 680), *Lab Instructor*

Summative Evaluation (0 = Poor, 5 = Outstanding)

Course: M = 4.86, SD = 0.35

Instructor: M = 4.77, SD = 0.43

Learning: M = 4.73, SD = 0.55

1/2015 - 5/2015 Statistics in Psychological Research II (PSYC 681), *Lab Instructor*

Summative Evaluation (0 = Poor, 5 = Outstanding)

Course: M = 4.87, SD = 0.34

Instructor: M = 4.74, SD = 0.54

Learning: M = 4.65, SD = 0.88

Undergraduate

8/2013 – 5/2016 Undergraduate Research Internship Supervisor (PSYC 494)

5/2016 - 6/2016 The Psychology of Religious Experience (PSYC/RELS 333), *Primary Instructor*

Summative Evaluation (0 = Poor, 5 = Outstanding)

Course: M = 4.43, SD = 0.53

Instructor: M = 4.86, SD = 0.38

Learning: M = 3.86, SD = 1.07

6/2015 - 7/2015 The Psychology of Religious Experience (PSYC/RELS 333), *Primary Instructor*

Summative Evaluation (0 = Poor, 5 = Outstanding)

Course: M = 4.50, SD = 0.65

Instructor: M = 4.71, SD = 0.47

Learning: M = 4.50, SD = 0.52

6/2014 - 7/2014 The Psychology of Religious Experience (PSYC/RELS 333), *Primary Instructor*

Summative Evaluation (0 = Poor, 5 = Outstanding)

Course: M = 4.70, SD = 0.48

Instructor: M = 5.00, SD = 0.00

Learning: M = 4.10, SD = 0.74

8/2012 - 12/2012 Introductory Psychology 101 (PSYC 101; *traditional & online*), *Teaching Assistant*

5/2013 - 7/2013

1/2013 - 5/2013 Social Psychology (PSYC 321; *online*), *Teaching Assistant*

AWARDS

2016 Outstanding Counseling Psychology Graduate Student, VCU Psychology Dept. Award
2015 APA Division 36 Student Poster Award, Convention of the APA, Toronto, ON, Canada
2015 VCU Dept. of Psychology Travel Award
2014 Outstanding Graduate Psychology Student, Christian Association for Psychological Studies
2014 VCU Dept. of Psychology Travel Award
2013 APA Division 36 Student Research Award (\$672)
2011 Life Beautiful Award, Southwest Baptist University

LEADERSHIP ACTIVITIES AND SERVICE

08/2020 – present CAVHS Psychology Internship Training Committee
10/2016 – 2/2017 VA Salt Lake City Health Care System Internship Selection Committee
01/2015 – 5/2015 Church Hill Activities & Tutoring Academy Substitute Mathematics Teacher
08/2014 – 5/2016 Student Representative to the VCU Counseling Psychology Faculty
08/2013 – 08/2017 Administrator of www.forgivenessresearch.com

OTHER PROFESSIONAL ACTIVITY

Scientific Reports – Nature, Ad Hoc Reviewer
Psychological Trauma: Theory, Research, Practice, and Policy, Ad Hoc Reviewer
Journal of Traumatic Stress, Ad Hoc Reviewer
Journal of Positive Psychology, Ad Hoc Reviewer
Psychology of Religion and Spirituality, Ad Hoc Reviewer
Journal of Men and Masculinity, Ad Hoc Reviewer
Journal of Clinical Psychology, Ad Hoc Reviewer
Psychiatry Research, Ad Hoc Reviewer
Military Behavioral Health, Ad Hoc Reviewer
Journal of Sex and Compulsivity, Ad Hoc Reviewer
Journal of Family Issues, Ad Hoc Reviewer
PLOS One, Ad Hoc Reviewer
Journal of Psychology & Theology, Ad Hoc Reviewer

PROFESSIONAL ASSOCIATIONS

American Psychological Association
International Society for Traumatic Stress Studies

NEWS MEDIA

Airov, T. (2021, February 5). Examining how the pandemic has affected the mental health of frontline workers. *Psychiatry & Behavioral Health Learning Network*. Retrieved from <https://www.psychcongress.com/article/examining-how-pandemic-has-affected-mental-health-frontline-workers>.

University of Utah Health. (2021, January 12). More than half of COVID-19 health care workers at risk for mental health problems. *ScienceDaily*. Retrieved February 11, 2021 from www.sciencedaily.com/releases/2021/01/210112125159.htm

Aten, J. (2020, October 20). Tending to Veterans' Moral Injuries: An interview with Dr. Brandon Griffin on caring for Veterans. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/za/blog/hope-resilience/202010/tending-veterans-moral-injuries>

Aten, J. (2019, April 3). Releasing the burden of moral injury: An interview with Dr. Brandon Griffin on moral pain and resilience. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/hope-resilience/201904/releasing-the-burden-moral-injury>

Griffin, B. J., Purcell, N., Burkman, K., & Maguen, S. (2019, January 1). Can trauma cause a moral injury? *Stress Points [International Society for Traumatic Stress Studies Web Log]*. Retrieved from <https://www.istss.org/education-research/traumatic-stresspoints/2019-january/can-trauma-cause-a-moral-injury.aspx>

Barth, F. D. (2019, January 21). Forgiving and not forgiving can both affect your health. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/the-couch/201901/forgiving-and-not-forgiving-can-both-affect-your-health>

Worthington, E. L., Jr., Griffin, B. J., & Toussaint, L. (2018, May 30). How to build a more forgiving community. *Greater Good Magazine*. Retrieved from https://greatergood.berkeley.edu/article/item/how_to_build_a_more_forgiving_community

Stonecipher, B. (2016, July 14). The healing power of self-forgiveness. *Richmond Magazine*. Retrieved from <http://richmondmagazine.com/the-healing-power-of-self-forgiveness/>

Ley, D. J. (2016, June 8). Porn vs. Religion: The conflict between porn use and religious values is making people miserable. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/women-who-stray/201606/porn-vs-religion>