

# CURRICULUM VITAE

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## Licenses

LPC: Licensed Professional Counselor  
Colorado Department of Regulatory Agencies  
Division of Professions and Occupations  
License Number: LPC.0014726  
Issued 6/25/2018 Expires 8/31/2021

LAC: Licensed Addictions Counselor  
Colorado Department of Regulatory Agencies  
Division of Professions and Occupations  
License Number: ACD.0001366  
Issued 10/22/2019 Expires 8/31/2021

## Certifications

Registered Yoga Teacher (RYT-200)  
Certified Yoga Teacher for Yoga for First Responders™

## Education

University of Colorado Colorado Springs  
Degree: MA in Clinical Psychology, Emphasis  
on Trauma  
May 2016 with Magna Cum Laude

University of South Carolina Aiken  
Degree: BA in Psychology, BS in Business  
Management  
December 2012 with Magna Cum Laude

### **Thesis:**

The Capability for Suicide in Firefighters

## Research and Professional Experience

### *Current*

Lyda Hill Institute for Human Resilience · *April 2018 – Current*  
Director of Community Training and Empowerment

I currently run the Community Training and Empowerment division of the Lyda Hill Institute for Human Resilience. This consists of running the peer support program for the Colorado Department of Transportation, Lincoln Surgery Center, Mt. Carmel Veterans Service Center, and UCHealth Memorial Hospital Systems, as well as the GRIT Resilience Support Coach program. I teach the Trauma Training Program, an online course focused on experiences, symptoms, and management of trauma, aimed at helping professionals. I also work with Veterans Trauma Court to facilitate and coordinate care of veterans in the judicial system.

### *Past Experiences*

Clinician IV Mobile Clinician on Community Response Team  
AspenPointe Behavioral Health · *October 2015 – March 31<sup>st</sup>, 2020*  
(Life Skills Specialist II: *Oct. 2015 – June 2016*; Clinician III: *June 2016 – July 2018*; Clinician IV: *July 2018 – March 2020*)

Working in a team with a CSPD Officer and CSFD Paramedic, I provided crisis de-escalation, promotion of coping skills, facilitation of higher levels of care, and resources to anyone in the community experiencing stress and/or trauma.

Graduate Student Liaison: College of Education - University of Colorado Colorado Springs · *June 2013 – May 2017*

2015-2016 · Research assistant with EASE space research  
Trauma Health and Hazards Center

2011-2013 · Undergraduate research and Psychology Lab Assistant with Dr. Edward Callen  
University of South Carolina Aiken, Aiken, SC

Apprentice for Dr. Jay Hegde Georgia Health Sciences University, Augusta, GA  
Supported by the Undergraduate Research Apprenticeship Program (URAP) of the U.S. Army

Senior Volunteer at Hidden Wounds Columbia, SC 501(c)3 non-profit organization

### **Academic Accomplishments**

- Outstanding Clinical Psychology Student of the Pikes Peak Region 2016
- Magellan Scholar for research in Interference and Activity based Anorexia in Rats Spring 2012
- Outstanding Student in Psychology award 2011, 2012
- Dr. Edward Callen Research Award 2011, 2012
- Deans Choice at the Deans Round Table Luncheon
- Chancellor's Ambassador

### **Skills**

Experience with Therapy Notes, SmartCare, EHRNIE, R, SPSS, MED-PC-IV, and MATLAB

Proficient in Excel, PowerPoint, Word, & Prezi

Have worked with Sprague Dawley albino rats, in research work and caring/breeding

Completed basic life support, CPR, CBI, eIRB, CITI, and HIPAA training.

Participation in studies involving fMRI and eye-tracking technology

### **Publications**

Streeb, N., Shoji, K., & Benight, C. C. (2019). The capability for suicide in firefighters. *Suicide and Life-Threatening Behavior*, 49(4), 980-995.

Streeb, N. (2014) Response interference and activity-based anorexia in rats. *Caravel*, Fall 2014